



St Benedict's Episcopal Church

Los Osos, California

~ Tending Mind and Soul ~

The Second Sunday after Christmas Day

January 2, 2022 10:30 AM SERVICE

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here

Prelude: "Rejoice"

Tune: *HYFRYDOL*, Rowland H Prichard Arranger: Chris de Silva ©2018 GIA Publications

Celebrant: *Blessed be the one, holy, and living God.*

People: *Glory to God for ever and ever!*

All: *Holy and Life-Giving Spirit, you know our innermost thoughts even before they break through into consciousness; you teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word, and Holy Spirit, Amen.*

Hymn of Praise

"Angels from the Realms of Glory"

H 93

1 An - gels, from the realms of glo - ry, wing your flight o'er
 2 Shep - herds in the field a - bid - ing, watch - ing o'er your
 3 Sa - ges, leave your con - tem - pla - tions; bright - er vi - sions
 4 Saints be - fore the al - tar bend - ing, watch - ing long in

all the earth; ye, who sang cre - a - tion's sto - ry,
 flocks by night, God with you is now re - sid - ing;
 beam a - far; seek the great De - sire of na - tions;
 hope and fear, sud - den - ly the Lord, de - scend - ing,

Refrain
 now pro - claim Mes - si - ah's birth:
 yon - der shines the in - fant Light: come and wor - ship,
 ye have seen his na - tal star:
 in his tem - ple shall ap - pear:

come and wor - ship, wor - ship Christ, the new - born King.

Words: James Montgomery.

Music: *Regent Square*, Henry Thomas Smart. Public domain.

Collect of the Day

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Let us pray together.

All: *O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: Grant that we may share the divine life of him who humbled himself to share our humanity, your Son Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. Amen.*

Jeremiah 31:7-14

Lector: *A reading from the prophet Jeremiah*

Thus says the Lord: Sing aloud with gladness for Jacob, and raise shouts for the chief of the nations; proclaim, give praise, and say, "Save, O Lord, your people, the remnant of Israel." See, I am going to bring them from the land of the north, and gather them from the farthest parts of the earth, among them the blind and the lame, those with child and those in labor, together; a great company, they shall return here. With weeping they shall come, and with consolations I will lead them back, I will let them walk by brooks of water, in a straight path in which they shall not stumble; for I have become a father to Israel, and Ephraim is my firstborn. Hear the word of the Lord, O nations, and declare it in the coastlands far away; say, "He who scattered Israel will gather him, and will keep him as a shepherd a flock." For the Lord has ransomed Jacob, and has redeemed him from hands too strong for him. They shall come and sing aloud on the height of Zion, and they shall be radiant over the goodness of the Lord, over the grain, the wine, and the oil, and over the young of the flock and the herd; their life shall become like a watered garden, and they shall never languish again. Then shall the young women rejoice in the dance, and the young men and the old shall be merry. I will turn their mourning into joy, I will comfort them, and give them gladness for sorrow. I will give the priests their fill of fatness, and my people shall be satisfied with my bounty, says the Lord.

Lector: *Hear what the Spirit is saying to God's People*

People: *Thanks be to God*

Psalm 84

G 77

[Refrain sung by cantor, then repeated by all. Cantor will sing the verses.]

Refrain

1.
Hap - py are they who dwell in your house, O

2.
Lord, who dwell in your house, O Lord.

My soul yearns and pines for the courts of the Lord.

My heart and my flesh cry to the living God.

Refrain

The sparrow finds a home and the swallow a nest;

Your altars, O Lord, my King and my God.

Refrain

Happy are they who abide in your house.
You are their strength, your praises they will sing.

Refrain

Text: Psalm 84:2,3,4,5-6; Thomas J. Porter
Music: Thomas J. Porter © 1987 GIA Publications, Inc.

Ephesians 1:3-6,15-19a

Lector: *A reading from the letter to the Ephesians*

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. I have heard of your faith in the Lord Jesus and your love toward all the saints, and for this reason I do not cease to give thanks for you as I remember you in my prayers. I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, and what is the immeasurable greatness of his power for us who believe.

Lector: *Hear what the Spirit is saying to God's People*

People: *Thanks be to God*

Gospel Hymn

"Alleluia VII"

[Sing three times before the Gospel, one time after:]

Al - le - lu - ia, al - le - lu - ia, al - le - lu -
ia. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

J Berthier © 1984 Taizé, via GIA Pub. , agents

Matthew 2:1-12

Gospeller: *The Holy Gospel of Our Savior Jesus Christ According to Matthew.*

People: *Glory to You, Lord Christ.*

In the time of King Herod, after Jesus was born in Bethlehem of Judea, wise men from the East came to Jerusalem, asking, "Where is the child who has been born king of the Jews? For we observed his star at its rising, and have come to pay him homage." When King Herod heard this, he was frightened, and all Jerusalem with him; and calling together all the chief priests and scribes of the people, he inquired of them where the Messiah was to be born. They told him, "In Bethlehem of Judea; for so it has been written by the prophet: `And you, Bethlehem, in the land of Judah, are by no means least among the rulers of Judah; for from you shall come a ruler who is to shepherd my people Israel.'" Then Herod secretly called for the wise men and learned from them the exact time when the star had appeared. Then he sent them to Bethlehem, saying, "Go and search diligently for the child; and when you have found him, bring me word so that I may also go and pay him homage." When they had heard the king, they set out; and there, ahead of them, went the star that they had seen at its rising, until

it stopped over the place where the child was. When they saw that the star had stopped, they were overwhelmed with joy. On entering the house, they saw the child with Mary his mother; and they knelt down and paid him homage. Then, opening their treasure chests, they offered him gifts of gold, frankincense, and myrrh. And having been warned in a dream not to return to Herod, they left for their own country by another road.

Gospeller: The Gospel of Christ.

People: *Praise to You, Lord Christ.*

The Sermon

The Rev. Dr. Caroline Hall

(We pause for a few moments' reflection before affirming our faith.)

Affirmation of Our Faith

WLP769

Let us stand and join in the Affirmation of our faith

[Sung to Hymn Tune #495: *Hail Thou Once Despised*]

We believe in God almighty, Author of all things that be,
Maker of the earth and heavens, Keeper of the sky and sea.
We believe in God's son, Jesus, now for us both Lord and Christ,
of the Spirit and of Mary born to bring abundant life.

We believe that Jesus suffered, scourged and scorned and crucified;
taken from the cross, was buried—True Life there had truly died.
We believe that on the third day Christ was raised up from the grave,
then ascended to God's right hand. He will come to judge and save.

We believe in God's own Spirit, bonding all the saints within
one church, catholic and holy, where forgiveness frees from sin;
in the body's resurrection, for the breaking of death's chain
gives the life that's everlasting. This the faith that we have claimed.

Words: Sylvia Dunstan © 1991 GIA Publications, Inc.

Music: *In Babilone*

Prayers of the People

Holy God, empower all who seek you to find you: may your church proclaim your saving power, reveal your eternal love, and abide in your peace. We pray for all who seek to live out their faith in their daily lives, all who stand for justice, freedom and unity. God of light and love, *save your people.*

We give thanks for all scientists and inventors. We pray for all who influence our lives by their research and discoveries, that they may work with wisdom and sensitivity. For all who are in positions of power and authority, all leaders of nations, governments and decision-makers. We pray for all who work in dangerous places, whose lives are at risk as they care for others. We pray for first responders and medical workers. God of light and love, *save your people.*

We give you thanks for all who have cared for us and protected us: we pray especially for our own homes and loved ones. We remember all who are facing poverty or homelessness at this time. God of light and love, *save your people.*

We come to you with all who are ill. We remember today all who have been ill for a long time, all who are disabled, all whose sickness has no cure. We pray for all who will go into the hospital this week, all who will undergo operations. We pray for all those who contract Covid. We pray for those for whom our prayers have been asked, and for those who are in our hearts...

[Prayers are read from the bidding book;
additional prayers may be offered silently or aloud.]

God of light and love, *save your people*.

We give thanks for all who have passed through the waters of death and are now in the fullness of your kingdom. We pray for loved ones departed. God of light and love, *save your people*.

Celebrant:

Eternal light, scatter the darkness from our hearts and minds; enlighten our lives with your glory, and give us the power and wisdom to live as sons and daughters of God; through Jesus Christ our Lord, who is alive and reigns with you, O Father, and Holy Spirit, one God, now and forever. Amen.

Glimpses of Glory © 1990 David Adam, Morehouse Publishing

Confession and Absolution

Let us confess our sins to God.

All: *God of all mercy,
 we confess that we have sinned against you,
 opposing your will in our lives.
We have denied your goodness in each other,
 in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
 the evil we have done,
 the evil done on our behalf,
 and the good that we have left undone.
Forgive, restore, and strengthen us
 through our Savior Jesus Christ,
 that we may abide in your love
 and serve only your will. Amen.*

May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Birthdays and Anniversaries

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward. Prayers can be found on the white card in your pew.

Offertory

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

Offertory Hymn

“What Star is This?”

H124

Unison or harmony

1 What star is this, with beams so bright, more beau - teous
2 True spake the pro - phet from a - far who told the
3 The guid - ing star a - bove is bright; with - in them
4 O Je - sus, while the star of grace im - pels us
5 To God the Fa - ther, heaven - ly Light, to Christ, re -

1 than the noon - day light? It shines to her - ald
2 rise of Ja - cob's star; and east - ern sa - ges
3 shines a clear - er light, and leads them on with
4 on to seek thy face, let not our sloth - ful
5 vealed in earth - ly night, to God the Ho - ly

1 forth the King, and Gen - tiles to his crib to bring.
2 with a - maze up - on the won - drous to - ken gaze.
3 power be - nign to seek the Giv - er of the sign.
4 hearts re - fuse the guid - ance of thy light to use.
5 Ghost we raise our e - qual and un - ceas - ing praise.

Words: Charles Coffin (1676-1749); tr. *Hymns Ancient and Modern*, 1861, after John Chandler.
Music: *Puer nobis*, 15th cent melody, adapt. Michael Praetorius, Public domain.

Holy Eucharist

EOW 2

(Please Stand)

Doxology *Praise God from Whom all blessings flow*
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

H400

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

People *It is right to give our thanks and praise.*

Celebrant It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Sanctus

G 236

Ho-ly, ho - ly, ho - ly Lord, God of pow'r and might,
heav - en and earth are full of your glo - ry. Ho -
san-na, ho - san-na on high. Bless-ed is he who comes in the
name of the Lord. Ho - san - na in the high - est, ho -
san-na in the high-est, ho - san-na, ho - san-na on high.

Music: St. Louis Jesuits Mass; Dufford & Schutte © 1973 New Dawn Music, GIA Publications, Inc.

The Celebrant continues

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said:

“Take, eat: This is my Body, which is given for you.
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said:

“Drink this, all of you: This is my Blood of the new Covenant,
which is poured out for you and for all for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with the Blessed Virgin Mary, Blessed Benedict, and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

All *Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever. AMEN.*

The Lord's Prayer

As our Savior Christ has taught us, we now pray:

Jack Noble White

Voice

Our Fa-ther in
Heaven Holy be- your name Your kingdom come; Your will be
done on earth as in heav'n- Give us this day our dai-ly

bread. Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil For the

king - dom the po - wer and the glo - ry are yours now & for - ever

A - men A - men A - men

A - men A - men.

The Breaking of the Bread

The celebrant breaks the consecrated bread.
A period of silence is kept.

G298

When we eat this bread of life, when we drink of this

ho - ly cup, we pro - claim your death, O Lord,

till you come a - gain till you come a - gain.

Celebrant: We break this bread to share in the Body of Christ.
People: *We who are many are one body,
for we all share in the one bread.*

Holy Communion

The Gifts of God for the People of God.
This is God's table, and all are welcome here.

Communion Music: "Bring a Torch, Jeanette, Isabella" Anne Kanter, Soloist
17th Century French Provençal Carol © 2000 Hal Leonard Corp.

Communion Hymn

"Where is this stupendous stranger?"

WLP726

Piano introduction in G major, 2/4 time. The right hand plays a melody of eighth notes, and the left hand plays a bass line of eighth notes.

Vocal line and piano accompaniment for the first two lines of lyrics. The vocal line is in G major, 2/4 time. The piano accompaniment is in G major, 2/4 time.

1. Where is this stu - pen-dous stran-ger? Gen - tle shep-herd now, ad - vise.
2. O the mag - ni - tude of meek-ness! Worth from worth im - mor - tal sprung;

Piano accompaniment for the first two lines of lyrics. The right hand plays a melody of eighth notes, and the left hand plays a bass line of eighth notes.

Vocal line and piano accompaniment for the next two lines of lyrics. The vocal line is in G major, 2/4 time. The piano accompaniment is in G major, 2/4 time.

Lead me to my Mas-ter's man - ger, show me where my Sav-ior lies.
O the strength of in - fant weak-ness, if e - ter - nal is so young!

Piano accompaniment for the next two lines of lyrics. The right hand plays a melody of eighth notes, and the left hand plays a bass line of eighth notes.

Vocal line and piano accompaniment for the final line of lyrics. The vocal line is in G major, 2/4 time. The piano accompaniment is in G major, 2/4 time.

O MostMigh - ty! O Most Ho - ly! Far be-yond the ser-aph's thought,
God all bount-eous, all - cre - a - tive, whom no ills from good dis - suade,

Ped.

art thou then so weak and low - ly as un - heed - ed pro - phets taught?
is in - car - nate, and a na - tive of the ve - ry world he made.

Words: Christopher Smart. Public domain.
Music: *Mariposa*, Conrad Susa. Church Publishing Inc.

(We pause for a moment of silence before joining in our final prayer together)

All: *Lord God,*
we rejoice in your greatness and power,
your gentleness and love,
your mercy and justice.
Enable us by your Spirit
to honor you in our thoughts,
and words and actions,
and to serve you in every aspect of our lives;
through Jesus Christ our Lord. Amen.

The Blessing

May the Wisdom of God
the Love of God
and the Grace of God
strengthen you to be Christ's hands and heart in this world,
and may God's blessing be with you always,
in the name of the Holy Trinity. **Amen.**

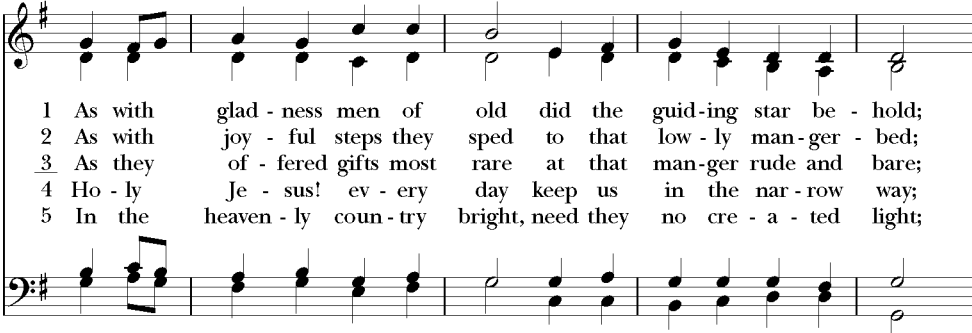
(source: Celtic)

Announcements

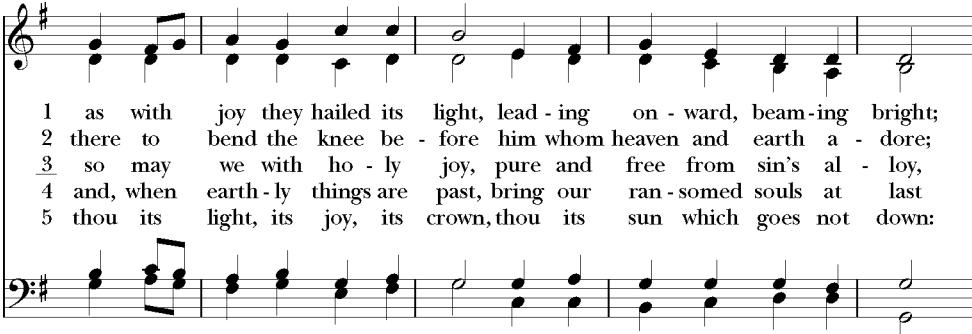
Final Hymn

“As with Gladness”

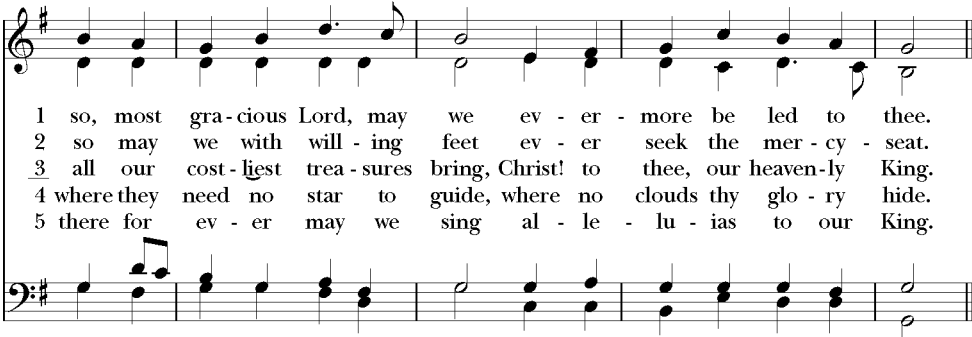
H119



1 As with glad - ness men of old did the guid - ing star be - hold;
2 As with joy - ful steps they sped to that low - ly man - ger - bed;
3 As they of - fered gifts most rare at that man - ger rude and bare;
4 Ho - ly Je - sus! ev - ery day keep us in the nar - row way;
5 In the heaven - ly coun - try bright, need they no cre - a - ted light;



1 as with joy they hailed its light, lead - ing on - ward, beam - ing bright;
2 there to bend the knee be - fore him whom heaven and earth a - dore;
3 so may we with ho - ly joy, pure and free from sin's al - loy,
4 and, when earth - ly things are past, bring our ran - somed souls at last
5 thou its light, its joy, its crown, thou its sun which goes not down:



1 so, most gra - cious Lord, may we ev - er - more be led to thee.
2 so may we with will - ing feet ev - er seek the mer - cy - seat.
3 all our cost - liest trea - sures bring, Christ! to thee, our heaven - ly King.
4 where they need no star to guide, where no clouds thy glo - ry hide.
5 there for ev - er may we sing al - le - lu - ias to our King.

Words: William Chatterton Dix
Music: Dix, melody Conrad Kocher; arr. William Henry Monk. Public domain.

The Dismissal.

Celebrant: Alleluia, alleluia! Let us go forth into the world,
rejoicing in the power of the Spirit.

People: ***Thanks be to God. Alleluia, alleluia!***

Postlude: "Joy to the World"

Tune: ANTIOCH, quoting from "For Unto Us a Child is Born" from *Messiah*
by George Frederick Handel, arranged by Mark Hayes © 2022 Lorenz Publishing

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This Week at St. Benedict's

Sunday, Jan 2

NO 8am service

9:20 am – Bible Study

10:30 am – Eucharist service – (also live-streamed on FB)

Monday, Jan 3 RECTOR'S SABBATH

Tuesday, Jan 4

9:45 am – Prayers for the Morning (Zoom)

10:15 am – Spiritual Conversation: "The Book of Joy" (Zoom)

5:30 pm – Vespers service: in person and on Zoom

Wednesday, Jan 5

6:00 pm- Star Party

Thursday, Jan 6

3:00 pm – "All the Earth is Waiting" study concludes. (In-person & Zoom)

4:00 pm – Los Osos Community Dinner at SBCC

Sunday, Jan 9

8:00 am – Contemplative Eucharist service (also on Zoom)

9:20 am – Bible Study

10:30 am – Eucharist service – (also live-streamed on FB)

ANNOUNCEMENTS

STAR PARTY — Thursday, January 5th

The Star Party will be in person this year, on January 5th at 6pm. Join us for a fun mix-up of Epiphany and Christmas traditions. We will enjoy dinner together. Due to the Covid surge, this will not be a pot-luck but will be commercially prepared, and then after dinner we will crown kings and queens of the Epiphany to bring the Magi and their camels to the crèche. Once we have cleared away the dishes and the tables, we will take down all the decorations and the lights and have a small fire where we burn some of the greenery (please bring a little from home if you wish) and any memories of 2021 we want to discard. After blessing the church for the New Year we each take a star word to go, to encourage and enlighten us in the year to come. Everyone is very welcome. Please let Sandy Fisher know if you can help with decorating, with serving and with clean up.

LOS OSOS COMMUNITY DINNER - Thursday, January 6th

MENU: Lasagna (meat and vegetarian), Green Beans, and Garlic Bread.

*It's our turn to host the Los Osos Community Dinner. Food donations are needed from St. Benedict's members: We need 5 People to bring cooked green beans for 25 servings; and 5 People to bring hot garlic bread wrapped in aluminum foil for 25 servings. Please drop off food to the South Bay Community Center 4PM on Thurs, Jan 6. Please contact Maureen at **805-441-7262** or naseema6@sbcglobal.net to say what you will provide for the dinner or any questions you may have. Thank you for your continued support of this ministry.*

MUTUAL MINISTRY REVIEW

Every year we ask for your feedback and your input. You are welcome to share thoughts and concerns with Parish Council members and the Rector at any time, but every January we ask you to take the time to reflect on our ministry. This information helps the Parish Council in its planning for the coming year. There are two ways you can complete the Mutual Ministry survey – you can go to the online form available here: <https://forms.gle/RoQZhXvbWbZur2Ti9> or you can collect a paper survey from the back of the church, and return it completed. The survey is confidential but if you want a direct response you do need to let us know who you are. In addition, Parish Council members will be calling to check in with you and see if there is anything else you want to say – some of us find it much easier to talk than to fill in a form! So that we can share the results of the survey at our Annual meeting on January 23rd, we ask you to complete your part as soon as possible, and ***no later than January 16th.***

ANNUAL PARISH MEETING – Sunday, January 23rd

The annual parish meeting will be held on January 23rd starting at noon. This is an important meeting where we take care of business for the year – electing Parish Council members and representatives for Deanery and Diocesan affairs. We also receive reports from all the different groups in the parish and consider plans for the coming year – particularly the budget. We also give awards to recognize outstanding service – you will need to stay to the end to see who is honored this year, and to welcome the new Senior Warden as Stef Shuman is stepping down from that role at the end of January. All members and regular attenders are encouraged to participate in this meeting which last about 90 minutes and will be available on Zoom. Lunch will be provided for those who attend in person.

CELEBRATIONS THIS WEEK:

-- Birthdays --

Jan 3 Ben Nucum

-- Anniversaries --

Jan 2 Kevin & Judith Cadigan

Jan 6 Sharon Porter & Jane Wu

TUESDAY SPIRITUAL CONVERSATION

Our current Tuesday morning spiritual conversation is back January 4th. It is based on [The Book of Joy](#) by Archbishop Desmond Tutu and the Dalai Lama. This conversation is open to anyone and everyone whether or not you read the book. On-line via [Zoom](#) on Tuesdays at 10:15am. A service of **Prayers for the Morning** is also available on Tuesdays, starting at 9:45.

VESPERS Consider coming on Tuesdays at 5:30 for some mid-week fellowship. This short service includes time for bible reflection and sharing together. It is a good way to build relationships and deepen community. If you come in person, please consider staying afterwards for a glass of wine or other beverage. You can also participate in Vespers via Zoom. You will be able to see and hear the participants in the church as well as others joining via Zoom and those in the church will be able to see and hear you as well. Everyone is welcome.

RDF - On the last Sunday of each month, the loose cash in the plate offering is designated to the **Rector's Discretionary Fund**, to help those in the parish or the wider community in need of emergency assistance. Or you may write checks to St Ben's with "RDF" in the memo line. Thank you for your generosity!

PERSONAL PRAYER – A member of the Healing Prayer Ministry team is available each week after the 10:30 service to pray with you for special concerns. If you'd like this prayer support during the week, contact **Lisa Gonzalez** at **(805)441-3386**. If no answer, please leave a message and your call will be returned.

BIDDING BOOK PRAYERS – If you'd like to request prayers for someone to have their names read out during the worship services on Sunday, please write them in the bidding book on the stand by the usher's station as you come into church.

PRAYER CHAIN - Also, remember that you may send your prayer requests to the prayer chain at: prayers@stbenslososos.org This is a group of individuals dedicated to intercessory prayers, who upon receiving your email will pray for your concerns.

SUNDAY MORNING BIBLE STUDY - Sunday Morning Bible Study is held each week between the two morning services starting at 9:20 in the classroom. Lisa Gonzalez and Lorie Schwenk will be leading the discussion.

CHURCH OFFICE HOURS - Jay's office hours are: Tuesdays 3-6pm; Thursdays 10am-1pm; Saturdays 10am-1pm

NAME TAGS - We are asking everyone to wear a name tag. Please check the name tag board by the door for yours. If you don't have one, or if an old one has become too shabby, please ask Stef to make one for you. (Or just tell the ushers). In the meantime, you can fill out an adhesive tag for the day.

IN-PERSON SERVICE AT ST. BENEDICT'S - To help lessen the chance of spreading Covid – or Flu or colds – please observe the following behaviors when worshipping at St. Ben's. Thank you.

Masks are required at all times inside the church, except when putting the communion bread into your mouth, or when reading the lessons or making announcements from the lectern.

Wash your hands or use hand sanitizer frequently.

Maintain safe social distancing – spread out in the pew to maximize space both from side to side and before/behind.

When coming forward for communion, spread out the circle to keep from standing too closely together.

During communion the consecrated bread will be dropped into your palm for you to consume. The consecrated wine will be served in individual cups throughout Epiphany Season.

No physical contact with people outside of your family unit.

We will only have coffee hour if someone signs up in the kitchen in advance and agrees to follow the diocesan food service guidelines posted there.

Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Eucharistic Minister:	Diana Hammerlund
Lector:	John Horsley
Piano:	David Alm
Cantor:	Anne Kanter
Ushers:	Maureen Titus & Connie Weldon
Altar Guild:	Sarah Chesebro
Prayer Team:	Lisa Gonzalez
Tellers:	Alice Welchert & Bryson McKelven
Online Host:	Don & Liz Maruska