



St Benedict's Episcopal Church

Los Osos, California

~ Tending Mind and Soul ~

The 1st Sunday of Advent

November 28, 2021 10:30 AM SERVICE

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here

Prelude: "In the Bleak Midwinter"

Gustav Holst. Arranger: Cindy Berry

2019 Lorenz Publishing Company

Celebrant: *Blessed be the one, holy, and living God.*

People: *And blessed be God's kin-dom, now and for ever.*

Lighting of the Advent Wreath [see back page]

Taizé

"Jesus, Remember Me"

G 404

$\text{♩} = 69$

Je-sus, re-mem-ber me when you come in - to your king - dom.

Je-sus, re-mem-ber me when you come in - to your king-dom.

Music: J. Berthier

© Ateliers et Presses de Taizé, F-71250 Taizé-Communauté

All: *Holy and Life-Giving Spirit, you know our innermost thoughts even before they break through into consciousness; you teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word, and Holy Spirit. Amen.*

Trisagion

Sung 3 times

S-102

Ho - ly God, Ho - ly and Might - y,

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Collect of the Day

Celebrant: God be with you

People: *And also with you.*

Celebrant: Let us pray.

All: *Almighty God, give us grace to cast away the works of darkness, and put on the armor of light, now in the time of this mortal life in which your Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.*

Jeremiah 33:14-16

Reader: *A Reading from the book of the prophet Jeremiah*

The days are surely coming, says the Lord, when I will fulfill the promise I made to the house of Israel and the house of Judah. In those days and at that time I will cause a righteous Branch to spring up for David; and he shall execute justice and righteousness in the land. In those days Judah will be saved and Jerusalem will live in safety. And this is the name by which it will be called: "The Lord is our righteousness."

Reader: The Word of the Lord.

People: *Thanks be to God.*

Psalm 25:1-9

Emergent Psalter

[Antiphon will be sung by Cantor, then repeated by all. Verses said in unison.]

Antiphon

Let me know your ways, Lead me in your truth, in
 you have I trusted all the day long.

To you, O God, I set my hope in you;
 my God, I put my trust in you;
 let me not be humiliated,
 nor let my enemies triumph over me.
 Let none who look to you be put to shame;
 let the treacherous be disappointed in their schemes.
 Show me your ways, O God,
 and teach me your paths.
 Lead me in your truth and teach me,
 for you are the God of my salvation;
 in you have I trusted all the day long.

Antiphon

Remember, O God, your compassion and love,
 for they are from everlasting.
 Remember not the sins of my youth and my transgressions;
 remember me according to your love
 and for the sake of your goodness, O God.
 Gracious and upright is God;
 who teaches sinners in the way.
 Who guides the humble in doing right
 and teaches the way to the lowly.

Antiphon

Music © 2009 Isaac Everett, Iona Community, admin. by Church Publishing, Inc.

1 Thessalonians 3:9-13

Lector: *A reading from the first letter of Paul to the Thessalonians*

How can we thank God enough for you in return for all the joy that we feel before our God because of you? Night and day we pray most earnestly that we may see you face to face and restore whatever is lacking in your faith. Now may our God and Father himself and our Lord Jesus direct our way to you. And may the Lord make you increase and abound in love for one another and for all, just as we abound in love for you. And may he so strengthen your hearts in holiness that you may be blameless before our God and Father at the coming of our Lord Jesus with all his saints.

Lector: *Hear what the Spirit is saying to God's People*

People: **Thanks be to God**

Gospel Hymn

*Ostinato Refrain



O Word of God, come in - to this space. O
Word of God, come send us your grace.
O - pen our minds; show us your truth.
Trans - form our lives a - new.

Text and music © 2002, Ricky Manalo, CSP. Pub. By OCP.

Luke 21:25-36

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke.

People: ***Glory to You, Lord Christ.***

Jesus said, "There will be signs in the sun, the moon, and the stars, and on the earth distress among nations confused by the roaring of the sea and the waves. People will faint from fear and foreboding of what is coming upon the world, for the powers of the heavens will be shaken. Then they will see 'the Son of Man coming in a cloud' with power and great glory. Now when these things begin to take place, stand up and raise your heads, because your redemption is drawing near." Then he told them a parable: "Look at the fig tree and all the trees; as soon as they sprout leaves you can see for yourselves and know that summer is already near. So also, when you see these things taking place, you know that the kingdom of God is near. Truly I tell you, this generation will not pass away until all things have taken place. Heaven and earth will pass away, but my words will not pass away. Be on guard so that your hearts are not weighed down with dissipation and drunkenness and the worries of this life, and that day catch you unexpectedly, like a trap. For it will come upon all who live on the face of the whole earth. Be alert at all times, praying that you may have the strength to escape all these things that will take place, and to stand before the Son of Man."

Gospeller: The Gospel of Christ.

People: ***Praise to You, Lord Christ.***

The Sermon

The Rev. Dr. Caroline Hall

[We pause for a few moments' reflection before affirming our faith.]

Affirmation of Faith

Let us stand and join in the Affirmation of our Faith

All: ***We believe in God the Creator,***
 from whom every family in heaven and on earth is named.
 We believe in God the Redeemer,
 who lives in our hearts through faith, and fills us with God's love.
 We believe in God the Holy Spirit,
 who strengthens us with power from on high.
 We believe in One God: Creator, Christ and Holy Spirit. Amen.

Source: Common Worship, Church of England

Prayers of the People

Holy and Mighty God, we long for you and your love. Fill your Church with your grace and goodness, that we may grow in holiness and in hospitality, that we may reach out in mission and love, that we may reveal your light and your glory. Lord, make us active in service and joyful in praise. Show us your way, O God, ***and teach us your paths.***

We pray for the nations of the world and for righteous dealings. May the resources of the earth be neither hoarded nor squandered, but used to the benefit of all and the relief of those who need. Strengthen all who strive for justice and integrity in world trade; may vulnerable peoples be freed from oppression and abuse. May we all have compassion and concern for the poor. Show us your way, O God, ***and teach us your paths.***

Come, Compassionate One, fill our homes with your light and love. Make us sensitive in our dealings and gentle in our actions. Keep us alert to the needs and hopes of others, that our homes may reflect your presence and your glory. Show us your way, O God, ***and teach us your paths.***

God of freedom and peace, we remember before you all who are captives to sin, vice or addiction, all who are damaged by oppression violence or abuse. We pray for all who are in sickness, danger, or any kind of adversity, especially those for whom our prayers have been asked, and for those who are in our hearts.....

[Prayers are read from the bidding book;
additional prayers may be offered silently or aloud.]

Bless all who seek to rescue and restore those in need or distress. Show us your way, O God, ***and teach us your paths.***

We give thanks for all who have passed beyond trouble and darkness and are now at peace in your kingdom. We rejoice in the fellowship of the saints and pray we may follow their way of holiness and love. Show us your way, O God, ***and teach us your paths.***

Celebrant: ***Come, Lord God, change us and we shall be changed.***
 Come, increase our awareness of your presence.
 Come, strengthen our love for you.
 Come, fill our hearts with holiness.
 Come, awaken us to be ready and watchful for your coming.
 Come, Lord God, change us and we shall be changed; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Source: "Glimpses of Glory" by David Adam — © Morehouse Publishing © 2000

Confession and Absolution

Let us confess our sins to God.

All: *God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
the evil done on our behalf,
and the good that we have left undone.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.*

May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Birthdays and Anniversaries

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.
Prayers can be found on the white card in your pew.

Offertory

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

Offertory Anthem: *"O Come, O Come, Emmanuel"*

15th Century Plainsong. Cristi Cary Miller 2017 Hal Leonard

Vocal Ensemble: Lorientte Schwenk, Kim Sargen, Brenna Lin,
Jean Pedersen, Alan Kiste, and Brian Spolarich

The Holy Eucharist

IONA

(Please Stand)

Doxology *Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

H400

The table of bread and wine is now made ready.

It is the table of company with Jesus, and all who love him.

It is the table of sharing with the poor of the world, with whom Jesus identified himself.

It is the table of communion with the earth, in which Christ became incarnate.

So come to this table, you who have much faith and you who would like to have more;

you who have been here often and you who have not been for a long time;

you who have tried to follow Jesus, and you who have failed.

Come.

It is Christ who invites us to meet him here.

Celebrant: The Lord be with you,

All: ***And also with you.***

Celebrant: Lift up your hearts,

All: ***We lift them up to God.***

Celebrant: Let us give thanks to God,

All: ***It is right to give both thanks and praise.***

We offer you praise, dear God, and hearts lifted high, for in the communion of your love Christ comes close to us and we come close to Christ. Therefore with the whole realm of nature around us, with earth, sea and sky, we sing to you. With the angels of light who envelop us, with Michael and the host of heaven, with all the saints before and beside us, with Columba and Brigid, Patrick and Margaret, Blessed Mary and Blessed Benedict, with brothers and sisters, east and west, we sing to you. And with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of your unending greatness:

Sanctus

S125

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

Music Setting From *A Community Mass*; Richard Proulx.

Blessed is our brother Jesus, who walks with us the road of our world's suffering, and who is known to us in the breaking of bread.

On the night of his arrest Jesus took bread and having blessed it he broke the bread and gave it to his disciples, saying,

This is my body, given to you.

In the same way he took wine and having given thanks for it he poured it out and gave the cup to his disciples, saying,

This cup is the new relationship with God, sealed with my blood.

Take this and share it. I shall drink wine with you next in the coming Kingdom of God.

All: *Loving God, through your goodness we have this bread and wine to offer,
which earth has given and human hands have made.
May we know your presence in the sharing of this bread,
So that we may know your touch in all bread, all matter.
We celebrate the life that Jesus has shared among his community
through the centuries, and shares with us now.
Made one in Christ and one with each other,
we offer these gifts and with them ourselves,
a single, holy, living sacrifice. Amen.*

The Celebrant continues:

Hear us, O Christ, and breathe your Spirit upon us and upon this bread and wine. May they become for us your body, vibrant with your life, healing, renewing and making us whole.

And as the bread and wine which we now eat and drink are changed into us, may we be changed again into you, bone of your bone, flesh of your flesh, loving and caring in the world.

All: *Through Christ and with Christ and in Christ, all honor and glory are yours,
All-Compassionate God, in the unity of the Holy Spirit, for ever and ever. AMEN*

The Lord's Prayer

As our Savior Christ has taught us, we now pray:

All *Eternal Spirit,
Life-Giver, Pain-Bearer, Love Maker,
Source of all that is and that shall be,
Father and Mother of us all,
Loving God, in whom is heaven:
The Hallowing of your Name echo through the universe!
The Way of your Justice be followed by the people of the world!
Your Heavenly Will be done by all created beings!
Your Commonwealth of Peace and Freedom sustain our
hope and come on earth!
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For you reign in the glory of the power that is love,
now and forever. Amen.*

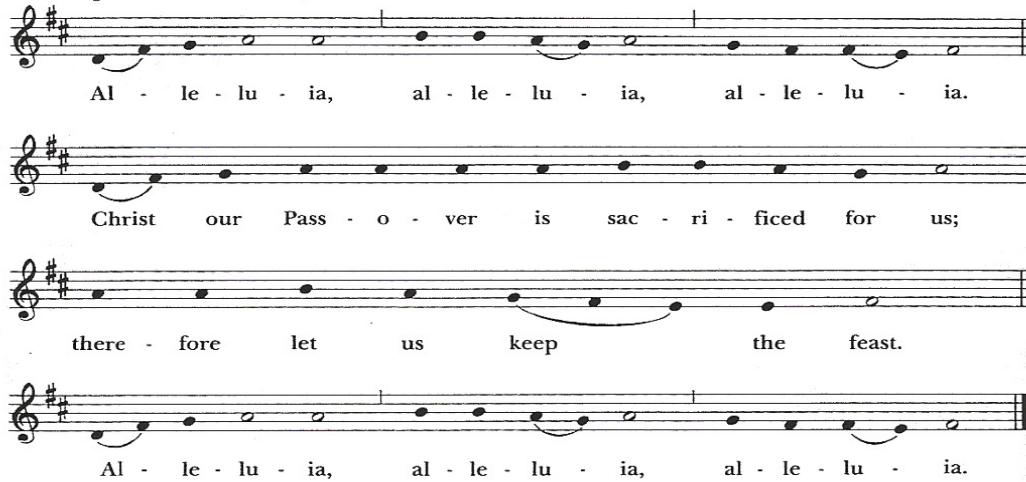
New Zealand Prayer Book

The Breaking of the Bread

The celebrant breaks the consecrated bread.
A period of silence is kept.

Fraction Anthem

S-154



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
Christ our Pass - o - ver is sac - ri - ficed for us;
there - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music Setting From *New Plainsong*, David Hurd.

Holy Communion

Celebrant: Look, the Body of Christ is broken for the life of the world.
Here is Christ coming to us in bread and in wine.

The Gifts of God for the People of God. Take them in remembrance that
Christ died for you, and feed on him in your hearts by faith, with thanksgiving.
This is God's table, and all are welcome here.

(As your group is called forward, please spread out to widen the circle and increase safe social distancing.)

*The consecrated bread will be distributed to you individually, that you may consume it.
The cup of consecrated wine will be held before you, that you may receive it with your eyes.)*

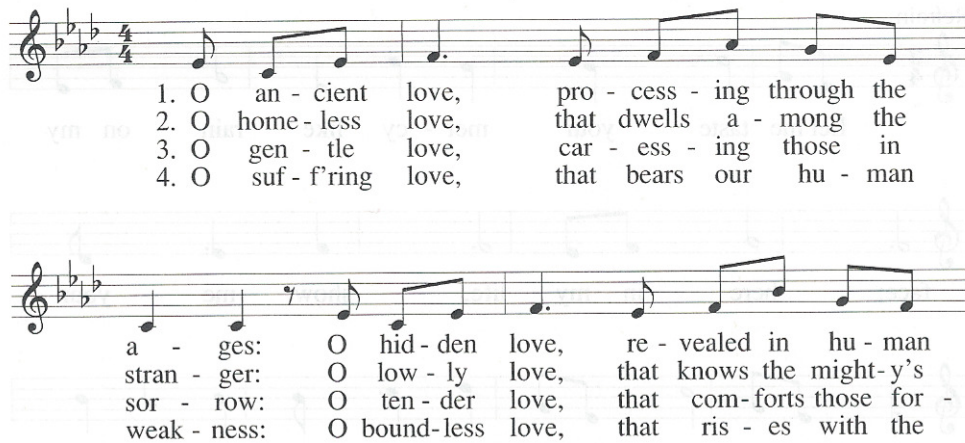
Communion Music: "Let All Mortal Flesh Keep Silence"

Traditional French Melody, 17th c. Arranged by Cindy Berry 2019 Lorenz Publishing

Communion Hymn

"O Ancient Love"

G 329



1. O an - cient love, pro - cess - ing through the
2. O home - less love, that dwells a - mong the
3. O gen - tle love, car - ess - ing those in
4. O suf - f'ring love, that bears our hu - man
a - ges: O hid - den love, re - vealed in hu - man
stran - ger: O low - ly love, that knows the might - y's
sor - row: O ten - der love, that com - forts those for -
weak - ness: O bound - less love, that ris - es with the

form: O prom-ised love, the dream of seers and
 scorn: O hun - gry love, that lay with - in a
 lorn: O hope - ful love, that prom - is - es to -
 morn: O might - y love, con - cealed in in - fant

sa - ges:
 man - ger: O liv - ing Love, with - in our hearts be
 mor - row:
 meek - ness:

born, O liv - ing Love, with - in our hearts be borne.

Text: Michael Joncas; Tune: *Bedford Abbey*, Michael Joncas © 1994, GIA Pub. Inc.

(We pause for a moment of silence before joining together in our final prayer)

***O Lord our God,
 make us watchful and keep us faithful
 as we await the coming of your Son our Lord;
 that, when he shall appear,
 he may not find us sleeping in sin
 but active in his service
 and joyful in his praise;
 through Jesus Christ our Lord .
 Amen.***

Church of Ireland

The Blessing

May the everlasting God shield you, east and west and wherever you go,
 And the blessing of God be upon us, ***the blessing of the God of life.***
 The blessing of Christ be upon us, ***the blessing of the Christ of love.***
 The blessing of the Spirit be upon us, ***the blessing of the Spirit of grace.***
 The blessing of the Trinity be upon us, now and for ever more. ***Amen.***

Announcements

Final Hymn

"Lo, He Comes"

H 57

1 Lo! he comes, with clouds de - scend - ing, once for
2 Ev - ery eye shall now be - hold him, robed in
3 Those dear tok - ens of his pas - sion still his
4 Yea, a - men! let all a - dore thee, high on
our sal - va - tion slain; thou - sand thou - sand
dread - ful ma - jes - ty; those who set at
daz - zling bo - dy bears, cause of end - less
thine e - ter - nal throne; Sa - vior, take the
saints at - tend - ing swell the tri - umph of his
nought and sold him, pierced, and nailed him to the
ex - ul - ta - tion to his ran - somed wor - ship -
power and glo - ry; claim the king - dom for thine
train: Al - le - lu - ia! Al - le - lu - ia!
tree, deep - ly wail - ing, deep - ly wail - ing,
ers; with what rap - ture, with what rap - ture,
own: Al - le - lu - ia! Al - le - lu - ia!
Al - le - lu - ia! Christ the Lord re - turns to reign.
deep - ly wail - ing, shall the true Mes - si - ah see.
with what rap - ture gaze we on those glo - rious scars!
Al - le - lu - ia! Thou shalt reign, and thou a - lone.

Words: Charles Wesley Music: *Helmsley*, melody Thomas Augustine Arne; harm. Ralph Vaughan Williams
This selection is in the public domain.

The Dismissal.

Officiant: Alleluia, alleluia! Let us go forth into the world,
rejoicing in the power of the Spirit.

People: *Thanks be to God. Alleluia, alleluia!*

Postlude: "God Rest You Merry, Gentlemen"
English Melody, Arr. by Cindy Berry 2019 Lorenz Publishing

Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Eucharistic Minister:	Diana Hammerlund
Lector:	Sandy Fisher
Piano:	David Alm
Ushers:	Brian Spolarich & Alan Kiste
Altar Guild:	Lorienne Schwenk
Flowers:	Brian Spolarich
Prayer Team:	Jill Denton
Tellers:	Steve Cake & Diana Hammerlund

Today's Eucharist Liturgy is adapted from The Iona Abbey Worship Book
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First Sunday of Advent - Hope

The Gospel of John speaks of Christ as the true light coming into the world. In commemoration of that coming, we light candles for the four weeks leading to Christmas and reflect on the coming of Christ. It is significant that the church has always used that language—the coming of Christ—because it speaks to a deep truth. Christ is coming. Christ is always coming, always entering a troubled world, a wounded heart. And so we light the first candle, the candle of hope, and dare to express our longing for peace, for healing, and the well-being of all creation.

[One Candle is lit.]

All:

*Loving God, as we enter this Advent season,
We open all the dark places in our lives and memories
to the healing light of Christ.
Show us the creative power of hope.
Prepare our hearts to be transformed by you,
That we may walk in the light of Christ.
Amen.*