



St Benedict's Episcopal Church

Los Osos, California

~ Tending Mind and Soul ~

The 21st Sunday after Pentecost

October 17, 2021 8:00 AM SERVICE

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here

Celebrant: *Blessed be the one, holy, and living God.*

People: *Glory to God for ever and ever!*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen.*

Canticle N

A Song of God's Love

1 John 4:7-11

*Beloved, let us love one another, *
for love is of God.
Whoever does not love does not know God, *
for God is Love.
In this the love of God was revealed among us, *
that God sent his only Son into the world,
so that we might live through Jesus Christ.
In this is love, not that we loved God but that God loved us *
and sent his Son that sins might be forgiven.
Beloved, since God loved us so much, *
we ought also to love one another.
For if we love one another, God abides in us, *
and God's love will be perfected in us.*

Collect of the Day

Celebrant: *God be with you*

People: *And also with you.*

Celebrant: *Let us pray.*

All: *Suffering God, in whose name we seek glory for ourselves; cast down the idols that serve our fear and guilt, our need for blame, for punishment; direct our angry hearts to him who bears our wounds where there is no more need to fight; through Jesus Christ, the true God and servant of all. Amen.*

Prayers for an Inclusive Church © 2009 Steven Shakespeare

Isaiah 53:4-12

— A reading from the book of the prophet Isaiah

Surely he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. But he was wounded for our transgressions, crushed for our

iniquities; upon him was the punishment that made us whole, and by his bruises we are healed. All we like sheep have gone astray; we have all turned to our own way, and the Lord has laid on him the iniquity of us all. He was oppressed, and he was afflicted, yet he did not open his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he did not open his mouth. By a perversion of justice he was taken away. Who could have imagined his future? For he was cut off from the land of the living, stricken for the transgression of my people. They made his grave with the wicked and his tomb with the rich, although he had done no violence, and there was no deceit in his mouth. Yet it was the will of the Lord to crush him with pain. When you make his life an offering for sin, he shall see his offspring, and shall prolong his days; through him the will of the Lord shall prosper. Out of his anguish he shall see light; he shall find satisfaction through his knowledge. The righteous one, my servant, shall make many righteous, and he shall bear their iniquities. Therefore I will allot him a portion with the great, and he shall divide the spoil with the strong; because he poured out himself to death, and was numbered with the transgressors; yet he bore the sin of many, and made intercession for the transgressors.

—*Hear what the Spirit is saying to God's People.*

Psalm 91:9-16

You have the Lord as refuge, have made the Most High your stronghold.
No evil shall ever touch you, no harm come near your home.

God instructs angels to guard you wherever you go.
With their hands, they support you, so your foot will not strike a stone.

You will tread on lion and viper, trample tawny lion and dragon.
“I deliver all who cling to me, raise the ones who know my name,

answer those who call me, stand with those in trouble.
These I rescue and honor, satisfy with long life and show my power to save.”

The Psalter © 1994 Liturgy Training Publications

Hebrews 5:1-10

— *A reading from the Letter to the Hebrews*

Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant and wayward, since he himself is subject to weakness; and because of this he must offer sacrifice for his own sins as well as for those of the people. And one does not presume to take this honor, but takes it only when called by God, just as Aaron was. So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, “You are my Son, today I have begotten you”; as he says also in another place, “You are a priest forever, according to the order of Melchizedek.” In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

— *Hear what the Spirit is saying to God's People.*

Mark 10:35-45

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Mark.

People: *Praise and Glory to God.*

James and John, the sons of Zebedee, came forward to Jesus and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What is it you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?" They replied, "We are able." Then Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, "You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many."

Gospeller: This is the Gospel of Christ.

People: *Praise to Christ the Word*

~ ~ ~ Reflections on the Readings ~ ~ ~

Prayers of the People

Holy One, as you have called us, make us worthy of our calling. Let us see you in others: let others see you in us. Make us more sensitive to others and their needs, make us more ready to help and to show our care. Make us a serving church, a giving church, a loving church. God in heaven, *hear us and help us.*

We pray for the world's poor, for desert-dwellers and places where crops have failed, for all who have suffered from storms or floods or other disasters, for refugees and all who have no place to call home, for street children and displaced persons. God in heaven, *hear us and help us.*

Lord, make us useful in the community in which we live. Make us gracious, make us generous, make us aware of where we can help. God in heaven, *hear us and help us.*

God, be a strength to all who are finding life difficult, for any with difficult decisions to make, any having difficulty at work or in their relationships. We pray for those who await operations or diagnosis, for all sitting by the bed of a loved one who is ill, for all suffering peoples. We pray for loved ones and friends, especially those in any need.

[Prayers are read from the bidding book;
additional prayers may be offered silently or aloud.]

God in heaven, *hear us and help us.*

Christ, our great High Priest, you deal gently with the ignorant and the wayward; in your great goodness lead us into the ways of justice and peace, that we may faithfully serve you on earth until we rejoice in your kingdom in glory. Amen.

Confession and Absolution

Let us confess our sins to God.

All: ***God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
the evil done on our behalf,
and the good that we have left undone.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.***

May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant: The peace of Christ be always with you.
People: ***And also with you.***

[You are invited to make your offering at: <http://www.stbenslososos.org/support-us/>]

The Holy Eucharist

EQW 2

Celebrant: The Lord be with you.
People: ***And also with you.***
Celebrant: Lift up your hearts.
People: ***We raise our hearts to God.***
Celebrant: Let us thank the giver of life.
People: ***It is right to give our thanks and praise.***

Celebrant: We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we say:

All: ***Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.***

Celebrant:

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said:

“Take, eat: This is my Body, which is given for you.
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said:

“Drink this, all of you: This is my Blood of the new Covenant,
which is poured out for you and for all for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with the Blessed Virgin Mary, Blessed Benedict, and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

All: *Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever. AMEN.*

The Lord's Prayer

As our Savior Christ has taught us, we now pray:

All: *Eternal Spirit,
Life-Giver, Pain-Bearer, Love Maker,
Source of all that is and that shall be,
Father and Mother of us all,
Loving God, in whom is heaven:
The Hallowing of your Name echo through the universe!
The Way of your Justice be followed by the people of the world!
Your Heavenly Will be done by all created beings!
Your Commonwealth of Peace and Freedom sustain our
hope and come on earth!
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.*

*From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For you reign in the glory of the power that is love,
now and forever. Amen.*

New Zealand Prayer Book

The Breaking of the Bread

*The celebrant breaks the consecrated bread.
A period of silence is kept.*

Celebrant: We break this bread to share in the Body of Christ.

People: ***We who are many are one body,
for we all share in the one bread.***

Holy Communion

Celebrant: The Gifts of God for the People of God.

A period of silence is kept before joining in our final prayer.

All: ***Most loving God, creator and redeemer,
we give you thanks for this foretaste of your glory.
Through Christ, and with all your saints,
we offer ourselves and our lives to your service.
Send us out in the power of your Spirit,
to stand with you in your world.
We ask this through Jesus Christ, the servant,
our friend and brother. Amen.***

A Prayer Book for New Zealand

The Blessing

God's Blessing be with you,
Christ's peace be with you,
the Spirit's outpouring be with you,
now and always. ***Amen.***

Announcements

Dismissal

Celebrant: Alleluia, alleluia!

Let us go forth into the world, rejoicing in the power of the Spirit.

People: ***Thanks be to God. Alleluia, alleluia!***

Today's Eucharist Liturgy is from
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