



## St Benedict's Episcopal Church

Los Osos, California

~ Tending Mind and Soul ~

The 20th Sunday after Pentecost

October 10, 2021 8:00 AM SERVICE

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here

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Celebrant: *Blessed be the one, holy, and living God..*

People: *Glory to God for ever and ever!*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen.*

### Canticle N

### A Song of God's Love

*1 John 4:7-11*

*Beloved, let us love one another, \*  
for love is of God.  
Whoever does not love does not know God, \*  
for God is Love.  
In this the love of God was revealed among us, \*  
that God sent his only Son into the world,  
so that we might live through Jesus Christ.  
In this is love, not that we loved God but that God loved us \*  
and sent his Son that sins might be forgiven.  
Beloved, since God loved us so much, \*  
we ought also to love one another.  
For if we love one another, God abides in us, \*  
and God's love will be perfected in us.*

### Collect of the Day

Celebrant: God be with you

People: *And also with you.*

Celebrant: Let us pray.

All: *God of the narrow way, you call us to shed all that burdens the lightness of life: help us to surrender false wealth, embrace our need of you and live for your kingdom above all things; through Jesus Christ, the richness of God. Amen.*

## **Amos 5:6-7,10-15**

— *A reading from the first book of the prophet Amos.*

Seek the Lord and live, or he will break out against the house of Joseph like fire, and it will devour Bethel, with no one to quench it. Ah, you that turn justice to wormwood, and bring righteousness to the ground! They hate the one who reproves in the gate, and they abhor the one who speaks the truth. Therefore, because you trample on the poor and take from them levies of grain, you have built houses of hewn stone, but you shall not live in them; you have planted pleasant vineyards, but you shall not drink their wine. For I know how many are your transgressions, and how great are your sins—you who afflict the righteous, who take a bribe, and push aside the needy in the gate. Therefore the prudent will keep silent in such a time; for it is an evil time. Seek good and not evil, that you may live; and so the Lord, the God of hosts, will be with you, just as you have said. Hate evil and love good, and establish justice in the gate; it may be that the Lord, the God of hosts, will be gracious to the remnant of Joseph.

—*Hear what the Spirit is saying to God's People.*

## **Psalm 90:12-17**

Teach us to make use of our days, O God, and bring wisdom to our hearts.  
How long, Holy One, before you return? Pity your servants.

Shine your love on us each dawn, and gladden all our days.  
Balance our past sorrows with present joys

And let your servants, young and old, see the splendor of your work.  
Let your loveliness shine on us, and bless the work we do;  
bless the work of our hands.

The Psalter © 1994 Liturgy Training Publications

## **Hebrews 4:12-16**

— *A reading from the Letter to the Hebrews*

The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account. Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

— *Hear what the Spirit is saying to God's People.*

## **Mark 10:17-31**

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Mark.

People: ***Praise and Glory to God.***

As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, “Good Teacher, what must I do to inherit eternal life?” Jesus said to him, “Why do you call me good? No one is good but God alone. You know the commandments: ‘You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness;

You shall not defraud; Honor your father and mother.” He said to him, “Teacher, I have kept all these since my youth.” Jesus, looking at him, loved him and said, “You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.” When he heard this, he was shocked and went away grieving, for he had many possessions. Then Jesus looked around and said to his disciples, “How hard it will be for those who have wealth to enter the kingdom of God!” And the disciples were perplexed at these words. But Jesus said to them again, “Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.” They were greatly astounded and said to one another, “Then who can be saved?” Jesus looked at them and said, “For mortals it is impossible, but not for God; for God all things are possible.” Peter began to say to him, “Look, we have left everything and followed you.” Jesus said, “Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields with persecutions—and in the age to come eternal life. But many who are first will be last, and the last will be first.”

Gospeller: This is the Gospel of Christ.

People: *Praise to Christ the Word*

### ~ ~ ~ Reflections on the Readings ~ ~ ~

#### Prayers of the People

Lord, we pray that we may seek you and so enter into life. We pray for all who find you in their service of others. Bless all who are in religious communities, and all seeking to consecrate their lives to you. We pray for any who have lost their faith or their way. Lord, give us grace *and help in all our needs*.

We pray for all who are choked by their riches, for people possessed by their possessions, for all who are afraid to give and afraid to share, for all who have amassed wealth but are poor in spirit, for all who are suffering through the greed and avarice of others. Lord, give us grace *and help in all our needs*.

God, we thank you for all who have sacrificed for us, for all who have enriched our lives by their goodness, for all who have been gracious and generous to us. Teach us to be generous and willing to give. We pray for our friends and families, and all who we cherish. Lord, give us grace *and help in all our needs*.

We pray for all who are over-worked and the work-weary, for all who lack freedom and suffer through injustice, for all who are denied basic human needs. We pray for all who are ill or are in need of help, or have asked for our prayers,

[Prayers are read from the bidding book;  
additional prayers may be offered silently or aloud.]

Lord, give us grace *and help in all our needs*.

We give thanks for all who have entered into glory, for all who have triumphed over darkness and evil. We pray for loved ones departed. Lord, give us grace ***and help in all our needs.***

*Holy and Strong One, we praise you for Jesus Christ our great High Priest, who has entered into the fullness of the kingdom in heaven and opened for us the gate of glory. May we approach the throne of grace with boldness, and in the time of need know your mercy and grace; through Christ our King, who lives and reigns with you and the Holy Spirit, one God, for ever. Amen.*

Traces of Glory by David Adam © 1999 Morehouse Publishing

## **Confession and Absolution**

Let us confess our sins to God.

All:                *God of all mercy,  
                         we confess that we have sinned against you,  
                         opposing your will in our lives.  
We have denied your goodness in each other,  
                         in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
                         the evil we have done,  
                         the evil done on our behalf,  
                         and the good that we have left undone.  
Forgive, restore, and strengthen us  
                         through our Savior Jesus Christ,  
                         that we may abide in your love  
                         and serve only your will. Amen.*

*May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.*

## **The Peace**

Celebrant:        The peace of Christ be always with you.  
People             ***And also with you.***

[You are invited to make your offering at: <http://www.stbenslososos.org/support-us/> ]

## The Holy Eucharist

EQW I

Celebrant           The Lord be with you.  
People               ***And also with you.***  
Celebrant           Lift up your hearts.  
People               ***We raise our hearts to God.***  
Celebrant           Let us thank the giver of life..  
People               ***It is right to give our thanks and praise.***  
Celebrant           It is truly right, and good and joyful, to give you thanks, all-holy  
                          God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

All               ***Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is the one who comes in the name of the Lord.  
Hosanna in the highest.***

Celebrant  
Blessed are you, gracious God, creator of the universe and giver of life.  
You formed us in your own image and called us to dwell in your infinite love.  
You gave the world into our care that we might be your faithful stewards  
and show forth your bountiful grace.  
But we failed to honor your image in one another and in ourselves;  
we would not see your goodness in the world around us;  
and so we violated your creation, abused one another, and rejected your love.  
Yet you never ceased to care for us,  
and prepared the way of salvation for all people.  
Through Abraham and Sarah you called us into covenant with you.  
You delivered us from slavery, sustained us in the wilderness,  
and raised up prophets to renew your promise of salvation.  
Then, in the fullness of time, you sent your eternal Word,  
made mortal flesh in Jesus.  
Born into the human family, and dwelling among us, he revealed your glory.  
Giving himself freely to death on the cross, he triumphed over evil,  
opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

“Take, eat:

This is my Body which is given for you.  
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said:

“Drink this, all of you: This is my Blood of the new Covenant,  
which is poured out for you and for all for the forgiveness of sins.  
Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People

***Christ has died.  
Christ is risen.  
Christ will come again.***

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with the Blessed Virgin Mary, Blessed Benedict, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Celebrant and People

***Through Christ and with Christ and in Christ,  
in the unity of the Holy Spirit,  
to you be honor, glory, and praise,  
for ever and ever. AMEN.***

## **The Lord’s Prayer**

As our Savior Christ has taught us, we now pray:

All      ***Eternal Spirit,  
Life-Giver, Pain-Bearer, Love Maker,  
Source of all that is and that shall be,  
Father and Mother of us all,  
Loving God, in whom is heaven:  
The Hallowing of your Name echo through the universe!  
The Way of your Justice be followed by the people of the world!  
Your Heavenly Will be done by all created beings!  
Your Commonwealth of Peace and Freedom sustain our  
                 hope and come on earth!  
With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and test, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.  
For you reign in the glory of the power that is love,  
                 now and forever. Amen.***

## The Breaking of the Bread

The celebrant breaks the consecrated bread.  
A period of silence is kept.

Celebrant: We break this bread to share in the Body of Christ.

People: *We who are many are one body,  
for we all share in the one bread.*

## Holy Communion

Celebrant: The Gifts of God for the People of God.

[ A period of silence is kept before joining in our final prayer.]

All: *God of abundance,  
you have fed us  
with the bread of life and cup of salvation;  
you have united us  
with Christ and one another;  
and you have made us one  
with all your people in heaven and on earth.  
Now send us forth  
in the power of your Spirit,  
that we may proclaim your redeeming love to the world  
and continue forever  
in the risen life of Christ our Savior. Amen*

## The Blessing

May the grace of Our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all and remain with you always. **Amen.**

## Announcements

## Dismissal

Celebrant: Alleluia, alleluia!  
Let us go forth into the world, rejoicing in the power of the Spirit.

People: *Thanks be to God. Alleluia, alleluia!*

Today's Eucharist Liturgy is from  
"Enriching Our Worship" Supplemental Liturgical Materials  
prepared by The Standing Liturgical Commission of the Episcopal Church  
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