



St Benedict's Episcopal Church Los Osos, California

~ Tending Mind and Soul ~

The Twelfth Sunday after Pentecost

August 15, 2021 10:30 AM SERVICE

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here

Prelude: "Come, Thou Fount of Every Blessing"

Tune: *Nettleton* arranged by Jay Rouse 2021 Lorenz Publishing Co.

Celebrant: *Blessed be God: Father, Son, and Holy Spirit.*

People: *And blessed be God's kin-dom, now and for ever.*

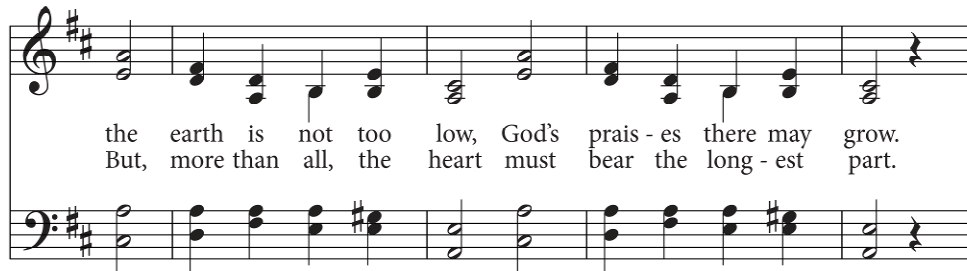
All: *Holy and Life-Giving Spirit, you know our innermost thoughts even before they break through into consciousness; you teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word, and Holy Spirit, Amen.*

Hymn of Praise

LUCKINGTON

1. Let all the world in ev-'ry cor-ner sing, "My God and King!"
2. Let all the world in ev-'ry cor-ner sing, "My God and King!"

The heav'n's are not too high, God's praise may thith-er fly;
The church with psalms must shout: no door can keep them out.



the earth is not too low, God's prais - es there may grow.
But, more than all, the heart must bear the long - est part.



Let all the world in ev - 'ry cor - ner sing, "My God and King!"
Let all the world in ev - 'ry cor - ner sing, "My God and King!"

Words: George Herbert; Music: "Luckington", Basil Harwood
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Collect of the Day

Celebrant God be with you

People: ***And also with you.***

Celebrant Let us pray.

All: ***Jesus, the true bread that comes down from heaven: leaven us with your Holy Spirit, that the world may know the abundance of life in your new creation. Amen.***

Proverbs 9:1-6

Reader *A Reading from book of Proverbs*

Wisdom has built her house; she has hewn her seven pillars. She has slaughtered her animals, she has mixed her wine, she has also set her table. She has sent out her servant-girls, she calls from the highest places in the town, "You that are simple, turn in here!" To those without sense she says, "Come, eat of my bread and drink of the wine I have mixed. Lay aside immaturity, and live, and walk in the way of insight."

Reader The Word of the Lord.

People ***Thanks be to God.***

Gradual Hymn

Celtic Alleluia

G 258

The image shows a musical score for a hymn. It consists of two staves of music in G major (one sharp) and 6/8 time. The melody is simple and folk-like. The lyrics are: "Al - le - lu - ia, al - le - lu - ia!" on the first staff, and "Al - le - lu - ia, al - le - lu - ia!" on the second staff. The second staff ends with a double bar line.

Fintan O'Carroll and Christopher Walker © 1985, OCP Publications

John 6:51-58

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: ***Glory to You, Lord Christ.***

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

Gospeller: The Gospel of Christ.

People: ***Praise to You, Lord Christ.***

The Sermon

The Rev. Brian Stein-Webber

[We pause for a few moments' reflection before affirming our faith.]

Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

All: ***Though he was divine,
he did not cling to equality with God, but made himself nothing.
Taking the form of a slave, he was born in human likeness.
He humbled himself and was obedient to death,
even the death of the cross.***

*Therefore God has raised him on high,
and given him the name above every name:
that at the name of Jesus every knee should bow,
and every voice proclaim that Jesus Christ is Lord,
to the glory of God the Father. Amen.*

cf Philipians 2.6-11

Prayers of the People

Heavenly father, you have shown us the way of life, help us to walk in your ways and to do your will. We pray for all who are dedicating their lives to you; for the newly baptized and recently confirmed, for all who are seeking and enquiring about their faith. Guide all prayer groups and Bible studies. We pray for hymn-writers, musicians and choirs. Lord, may we sing your praises. ***And make music in our hearts to you.***

Direct all who beautify our world by their talents, all who improve our world by their actions. We pray for artists, architects and planners, for park-keepers and gardeners, all horticulturalists. Bless all actors, singers and dancers, all entertainers. Lord, may we sing your praises. ***And make music in our hearts to you.***

We give you thanks for the gifts you have given to us. We pray for a sharing of talents in our communities, for your blessing on all counselors and group leaders. Bless our homes and loved ones with your joy and peace. Lord, may we sing your praises. ***And make music in our hearts to you.***

Lord, bring light to all who live in darkness and hatred. We pray for all caught up in bitterness or evil thoughts, all who are tempted to do criminal acts or lead others astray. We pray for all who are in sickness or in trouble, for all who mourn and all who are sad. We pray especially for those for whom our prayers have been asked, and for those who are in our hearts....

[Prayers are read from the bidding book;
additional prayers may be offered silently or aloud.]

Lord, may we sing your praises. ***And make music in our hearts to you.***

We rejoice with all who praise you in the glory of your kingdom. We sing your praises with angels and archangels and all the company of heaven. We pray for loved ones departed. Lord, may we sing your praises. ***And make music in our hearts to you.***

Celebrant *Holy one, we give you thanks for all that you have done for us, for life and the love that you bestow upon us. Lord make us mindful of your gifts, that we may be content and grateful, giving our love and lives to you all our days; through Jesus Christ our Lord, who lives and reigns with you, one God for ever. Amen.*

Traces of Glory by David Adam© 1999 Morehouse Publishing

Confession and Absolution

Let us confess our sins to God.

All ***God of all mercy,***
 we confess that we have sinned against you,
 opposing your will in our lives.
We have denied your goodness in each other,
 in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
 the evil we have done,
 the evil done on our behalf,
 and the good that we have left undone.
Forgive, restore, and strengthen us
 through our Savior Jesus Christ,
 that we may abide in your love
 and serve only your will. Amen.

May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

Birthdays and Anniversaries

Offertory Music: "Here I Am, Lord"

Daniel L. Schutte arranged by Jack Schrader 20061 OCP Publications

The Eucharist

BCP Form III HE1

(Please Stand)

Doxology ***Praise God from Whom all blessings flow***
 Praise God all creatures here below, Alleluia, Alleluia
 Praise God the Source of all our gifts
 Praise Jesus Christ whose power uplifts
 Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

H400

Celebrant **May God be with you.**
 People ***And also with you.***
 Celebrant **Lift up your hearts.**
 People ***We lift them to our God.***
 Celebrant **Let us give thanks to the Holy One.**
 People ***It is right to give God thanks and praise.***

It is our joy and delight to give you thanks, Creator of the cosmos. Since the beginning of the ages you have brought life out of nothingness, and provided all living beings with the sustenance we need. You nourish the entire cycle of life from the smallest micro-organisms that replenish the soil to the keystone species who maintain the balance of the eco-system. As the psalmist declares, “The eyes of all look to you, and you give them their food in due season.”

We thank you that you called humankind to be your partner in your creative work, and that you have revealed yourself to us in Jesus, the Bread of Life,

And so we join the saints and angels in proclaiming your glory as we sing the ancient song,

Sanctus

G 297

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,
 heav - en and earth are full of your glo - ry. Ho -
 san-na, ho - san-na on high. Bless-ed is he who comes in the
 name of the Lord. Ho - san - na in the high - est, ho -
 san-na in the high-est, ho - san-na, ho - san-na on high.

Music: *St. Louis Jesuits Mass*; Dufford & Schutte © 1973 New Dawn Music, GIA Publications, Inc.

Forgetting your love, we have turned away from you again and again but in Jesus your Christ you walked among us, calling us back into alignment with you. Your grace, made known to us in his life, death and resurrection, sustains us on our journey. Your love gives us life. Just as you fed our ancestors with manna in the desert, now you feed us with your very self, the body of Jesus, who has become our spiritual food.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

For, on the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

"Take, eat: This is my Body, which is given for you.
Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me."

All: *When we eat this bread of life
When we share in this holy cup
We proclaim our life in you.
Until you come again.*

Remembering now the suffering and death and proclaiming the resurrection and ascension of Jesus our Redeemer, we bring before you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of Christ.

May all who eat this bread know the eternal life that you have promised, and may we be inspired to share your love with all who hunger for you and your righteousness.

All: *Through Christ and with Christ and in Christ, in the unity of the Holy Spirit,
to you be honor, glory, and praise, for ever and ever. AMEN*

The Lord's Prayer

And now, as our Savior Christ has taught us, we pray

*Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.*

*Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen*

The Breaking of the Bread

The celebrant breaks the consecrated bread.
A period of silence is kept.

(The people may sing softly.)

G-298

When we eat this bread of life, when we drink of this
ho - ly cup, we pro - claim your death, O Lord,
till you come a - gain till you come a - gain.

Music: *St. Louis Jesuits Mass*; Dufford & Schutte © 1973 New Dawn Music, GIA Publications, Inc.

Holy Communion

Celebrant: The Gifts of God for the People of God.
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

This is God's table, and all are welcome here.

*(The consecrated bread will be distributed to you individually, that you may consume it.
The cup of consecrated wine will be held before you, that you may receive it with your eyes.)*

Communion Music: "Jesus Paid It All"

John T. Grape, arranged by Mark Hayes 2016 Lorenz Publishing Co.

Communion Hymn

"I Am the Bread of Life"

H-335

(The people may sing softly.)



1 I am the bread of life; — they who
 2 (The) Bread that I will give — is my
 3 (Un-) less — you eat — of the
 4 I am the re - sur - rec - tion, —
 5 (Yes,) Lord, — we be - lieve — that —



1 come to me shall not — hun - ger; they who be -
 2 Flesh for the life of the world, — and they who
 3 Flesh of the Son of — Man — and —
 4 I — am the — life. — They who be -
 5 you — are the — Christ, — the —



1 lieve in me shall not thirst. No one can come to
 2 eat — of this bread, they shall — live for
 3 drink — of his Blood, you shall not have life with -
 4 lieve — in me, e - ven — if they
 5 Son — of God who — has



1 me — un - less the — Fa - ther draw them.
 2 ev - er. — they shall — live for ev - er.
 3 in you. you shall not have life with - in you.
 4 die, — they shall — live for ev - er.
 5 come — in - to — the — world. —



And I will raise them up, and I will raise them



And I will raise them up, and I will raise them



up, and I will raise them up on the

last day. 5 Yes, day.

last day. 2 The 3 Un- day. 4 — 5 Yes, (♯)

The descant may be sung after stanzas 4 and 5.

Words: Suzanne Toolan © 1971, G.I.A. Publications, Inc.
 Music: Suzanne Toolan; arr. Betty Pulkingham © 1971, G.I.A. Publications, Inc.

(We pause for a moment of silence together before joining in our final prayer.)

All ***God of glory, you nourish us with your Word who is the bread of life:
 fill us with your Holy Spirit that through us the light of your glory may shine
 in all the world. We ask this in the name of Jesus Christ our Lord. Amen.***

Oremus.org

The Blessing

May God keep you in all your days.
 May Christ shield you in all your ways.
 May the Spirit bring you healing and peace.
 May God the Holy Trinity drive all darkness from you
 and pour upon you blessing and light
 now and always.

Amen.

Oremus.org

Announcements

Final Hymn

“Praise the Lord”
(The people may sing softly.)

H-334

1 Praise the Lord, rise up re - joic - ing, wor - ship, thanks, de -
2 Scat - tered flock, one shep - herd shar - ing, lost and lone - ly,
3 Sins for - giv - en, wrongs for - giv - ing, we go forth a -

vo - tion voic - ing; glo - ry be to God on high!
one voice hear - ing, ears at - ten - tive to your word;
lert and liv - ing in your Spi - rit, strong and free.

Christ, your cross and pas - sion shar - ing, by this Eu - cha -
by your Blood new life re - ceiv - ing, in your Bo - dy,
Part - ners in your new cre - a - tion, seek - ing peace in

rist de - clar - ing yours the fi - nal vic - to - ry.
firm be - liev - ing, we are yours, and you the Lord.
ev - ery na - tion, may we faith - ful fol - lowers be.

Words: Howard Charles Adie Gaunt Oxford University Press
Music: *Alles ist an Gottes Segen*, melody att. JB König after Bach chorale -public domain

The Dismissal.

Officiant: *Alleluia, alleluia! Let us go forth into the world,
rejoicing in the power of the Spirit.*

People: *Thanks be to God. Alleluia, alleluia!*

Postlude: *"What a Friend We Have in Jesus"*
Charles C. Conerse, arranged by Jack Schrader 2001 Hope Publishing Co

Ministers of the Service

Celebrant:	The Rev. Brian Stein-Webber
Eucharistic Minister:	Lorienne Schwenk
Lector:	Bryson McKelvey
Piano:	David Alm
Ushers:	Connie Weldon & Ron Thompson
Altar Guild:	Lorienne Schwenk
Flowers:	Sharon Porter
Prayer Team:	Louise Beeler

Today's Eucharist Liturgy is from the outline in the
Book of Common Prayer, page 401,
utilizing prayers written by the Rector.

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