

# Benediction Weekly

## June 9, 2019

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



**Today we mark Pentecost**, the coming of the Holy Spirit among the apostles and followers of Jesus. While they were with the risen Christ, he tells them, "You will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth" (*Acts 1:8*). We celebrate Pentecost as the inauguration of the Church's mission in the world. Empowered by the gift of the Holy Spirit, we are to go out into our neighborhoods and the wider world—to Jerusalem, to Judea and Samaria, and to the ends of the earth—witnessing to the risen Christ.

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### **TODAY** DAY OF PENTECOST

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Eucharist with music
- 12:30 pm – Ushers' & Greeters' Meeting

#### **Monday, June 10** RECTOR'S SABBATH

- 6:30 pm – Active Hope study group

#### **Tuesday, June 11**

- 5:30 pm – Vespers, followed by potluck

#### **Wednesday, June 12**

- 11:00 am – The Way of Love
- 4:15 pm – Education for Ministry
- 7:00 pm – Choir Rehearsal

#### **Friday, June 14**

- 3:00 pm – Vacation Bible Camp meeting

#### **Sunday, June 16** TRINITY SUNDAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible study
- 10:30 am – Holy Eucharist with music
- 12:15 pm – Parish Council Meeting

Coming to St. Benedict's this summer...



### Get on the Gospel Train –

a Vacation Bible Camp for 3 to 11 year olds

We hope to welcome up to 25 youngsters during the week of July 22 to 26 from 9:30 to 12:30. Each morning will include stories, songs, crafts, games and healthy snacks. There is a charge of \$25 but scholarships are available and no-one will be turned away because of lack of funds.

Please think about how you would like to be involved. You could help with welcome and registration; you could teach a craft or share an activity; you could bring food and help with snack time. No offer is too small (or too big!) – please contact Dianne Long to tell her how you can help.

One of our challenges is getting the word out, so please think about families you know who have young children and be sure to invite them. There will be postcards and flyers available very soon.



By the grace of God and with the consent of the people, the Rt. Rev. Mary Gray-Reeves will ordain James Hubbard Moore Arnold to the Sacred Order of Deacons on Saturday, June 22 at 2 pm at St. Peter's by-the-Sea Episcopal Church 545 Shasta Ave. Morro Bay. Reception to follow.

St. Benedict's will be sharing responsibility for food and beverages for the reception with St. Peter's. **If you can help with savory appetizers or hosting duties, please contact Lorienne Schwenk at 805-200-7908.**

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Subdeacon: Jim Arnold; Eucharistic Ministers: Sarah Chesebro & Lorienne Schwenk; Lectors: John Horsley & Bob Pelfrey; Ushers: Steve Hirahara & Connie Weldon; Greeter: Rachel Espinosa; Flowers: Brian Spolarich; Altar Guild: Diana Hammerlund; Coffee Hour Hosts: Pat Henry & Suzan Vaughn; Tellers: Judith Cadigan & Bryson McKelvey; Intercessor: Judy Schloss; Music Director: John Cribb **Thank you for your service!**



**On-Going Activities at St. Ben's**

**ABUNDANCE SHOP**– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**CHILDREN'S CHAPEL** – Sundays during the 10:30 service.

**COMMUNITY DINNER** – Providing and serving food at Trinity UMC, on 1<sup>st</sup> Monday of odd-numbered months, in conjunction with Los Osos Cares.

**EARTHCARE** – 2<sup>nd</sup> Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – A time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** –Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**LAUNDRY LOVE** - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

**MEN'S BREAKFAST** – Morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning family worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room at 9:30.

**PEOPLE'S KITCHEN** – Providing and serving lunch at Prado Day Center, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** – On the 1<sup>st</sup> Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** – Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, Rector  
Pamela Bleisch Strawn, Sr. Warden,  
Michael Lucas, Jr. Warden,  
Lisa Gonzalez, Treasurer,  
Diana Hammerlund, Alan Kiste,  
Lorienne Schwenk, Deb Garza,  
Lynn Wise, Steve Hirahara, Jane Wu.

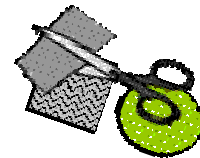


**USHERS and GREETERS MEETING TODAY AT 12:15**  
All current and prospective ushers and greeters are asked to attend.

**Los Osos Community Dinners**  
Are now to be served on Thursdays at the South Bay Community Center. Our next turn serving will be July 4<sup>th</sup>. Please speak with Barbara Hirahara to volunteer.

*First Saturday Series at St. Ben's ~*

**SoulCollage®: Exploring Intuition Through Imagery**  
Saturday, July 6th 9:30am-12:30pm

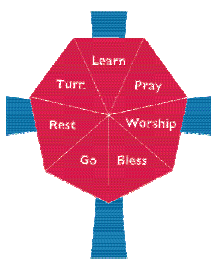


SoulCollage is a creative, intuitive practice that uses images (from magazines, catalogs, calendars, etc.), photographs and personal symbols to create small, powerful collages. Working in silence, collage makers are often surprised by the insights and meaning these cards have for their creators. A selection of magazines and other supplies will be provided at the workshop.

This workshop will be led by Sharon Carlsen, licensed SoulCollage facilitator, certified life coach, and experienced group leader. [www.sharoncarlsen.com](http://www.sharoncarlsen.com). SoulCollage requires no special experience or artistic ability. All that is needed is a willingness to be present and open to the power of images.

We ask that each person bring 3 magazines to share with the group. In addition, any photos or images that have been calling to you for reasons you can't explain, please bring them along (either originals you're willing to cut up or color copies).

\$20 Suggested Donation Space is limited! RSVP to Laura DeLoye at St. Ben's: 805-528-0654 or [office@stbenslososos.org](mailto:office@stbenslososos.org) We look forward to you joining us!



**The Way of Love: with Bishop Michael Curry**

*A new podcast beginning today*

"The way of Jesus is the Way of Love. And the Way of Love can change the world," Presiding Bishop Michael Curry says in his new podcast, **The Way of Love: with Bishop Michael Curry**, which launches on Pentecost [June 9]. These weekly conversations, featuring Bishop Curry along with podcast hosts Kyle Oliver and Sandy Milien, explore living a life committed to living the way of God's unconditional, unselfish, sacrificial and redemptive love.

Each week in Season 1, Bishop Curry introduces one of the seven Way of Love, Practices for a Jesus-Centered Life: Turn, Learn, Pray, Worship, Bless, Go, and Rest. Listeners are invited into deeper engagement with each practice as Kyle and Sandy share their insights and offer questions for reflection or small group discussion. New episodes air Tuesdays through July 30.

**The Way of Love: with Bishop Michael Curry**, is available on all podcast apps and at [www.episcopalchurg.org/way-of-love/podcast](http://www.episcopalchurg.org/way-of-love/podcast) Visit the webpage to subscribe to the podcast through Apple iTunes, Google Play or Spotify and to sign up for notifications of new seasons as well as additional featured content.

**Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:**

**The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Susan Plucker (530)263-8540.**

**Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974**

**St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412**

**Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:**

**[office@stbenslososos.org](mailto:office@stbenslososos.org) Telephone: (805)528-0654 [www.stbenslososos.org](http://www.stbenslososos.org)**