

Benediction Weekly

June 23, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



Healing Service Next Sunday

There will be a time for special prayers for healing and for the laying-on of hands and anointing during the 10:30 service next week. St. Benedict's regularly has such a service on 5th Sundays. On other Sundays a member of the Intercessory Prayer Team is available for private prayers after the service.

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Eucharist with music
- 2:00 pm – SLO Deanery Mtg, at St Benedict's

Monday, June 24 RECTOR'S SABBATH

- 6:30 pm – Active Hope study group

Tuesday, June 25

- 3:00 pm – Healing Ministry Meeting
- 5:30 pm – Vespers, followed by potluck

Wednesday, June 26

- 11:00 am – The Way of Love
- 4:15 pm – Education for Ministry
- 5:00 pm – Laundry Love at Osos Clean Laundry
- 7:00 pm – Choir Rehearsal

Sunday, June 30

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible study
- 10:30 am – Holy Eucharist with Healing Service

SLO Deanery Meeting Here Today at 2pm

At today's meeting there will be a special presentation of "Carbon Footprint – Next Steps." Last year humanity put more carbon into the atmosphere than ever before. Stewardship of creation asks that we take our responsibilities to the planet seriously. Member of St. Benedict's EarthCare group will talk about addressing each congregation's carbon footprint and also a new app to help us all calculate our household footprint and make changes. You are welcome to attend.

The SLO Deanery includes representatives from each of the seven Episcopal Churches in SLO County: St. James - Paso Robles, St. Luke's - Atascadero, St. Paul's - Cambria, St. Peter's - Morro Bay, St. Benedict's - Los Osos, St. Stephen's - San Luis Obispo, St. Barnabas' - Arroyo Grande, plus St. Matthew's - San Ardo, just over the county line.

SAVE THE DATE – Friday, October 11th - Deanery farewell celebration for Bishop Mary. Details to be determined.

Memorial Services for Ian Hughes:

Friday, June 28th, Graveside Masonic Service at 10am – Los Osos Valley Memorial Park, Los Osos

Saturday, June 29th, Memorial Service at 11am – Saint Peter's By-The-Sea Episcopal Church, Morro Bay

Dorene has said that members of Saint Benedict's, who knew Ian, are welcome to attend.

She has not submitted an obituary to be published and does not intend to do so.



Serving God and the People of St. Benedict's this Week:

- Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Diana Hammerlund; Chalice Bearer: John Horsley;
- Lectors: Jane Wu & Judith Cadigan; Ushers: Brian Spolarich & Ron Thompson;
- Greeter: Steve Hirahara (*pre*), Jane Wu (*post*); Flowers: Laura Thompson; Altar Guild: Lorie Schwenk;
- Coffee Hour Hosts: Judy Schloss & Anne Kanter; Tellers: Rachel Espinosa & Diana Hammerlund;
- Intercessor: Louise Beeler; Cantor: Lorie Schwenk; Music Director: John Cribb

Thank you for your service!



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

CHILDREN'S CHAPEL – Sundays during the 10:30 service.

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Thursday of odd-numbered months, in conjunction with Los Osos Cares.

EARTHCARE – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – A time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

MEN'S BREAKFAST – Morning social gathering, 2nd Saturdays 9am at Budget Cafe, 3121 S. Higuera SLO

MESSY CHURCH - Sunday morning family worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room at 9:30.

PEOPLE'S KITCHEN – Providing and serving lunch at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO – On the 1st Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST – Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Lorienne Schwenk, Deb Garza,
Lynn Wise, Steve Hirahara, Jane Wu.

Los Osos Community Dinner 5PM Thursday, July 4th at the South Bay Community Center



Los Osos Community Dinner was started by St. Benedict's, our partners in Los Osos Cares, and other churches and groups in order to provide a hot meal for our neighbors in need and also to provide a place for new friendships, relationships and community building to happen. Over the past three years it has grown to once a week and is now on Thursdays at the Community Center with 50-80 people attending. We provide dinner on the first Thursday of the month every two months (it alternates with the Saturday that we provide lunch at 40 Prado.) Dinner is served from 5pm to 6pm, and then we clean up. Please think about whether you can offer to help serve or bring food, and fill in the sign-up sheet in the Great Room. This is a wonderful opportunity for us to share God's love with our community.



SoulCollage®: Exploring Intuition Through Imagery Saturday, July 6th 9:30am-12:30pm at St. Ben's

SoulCollage is a creative, intuitive practice that uses images (from magazines, catalogs, calendars, etc.), photographs and personal symbols to create small, powerful collages. Working in silence, collage makers are often surprised by the insights and meaning these cards have for their creators.

This workshop will be led by Sharon Carlsen, licensed SoulCollage facilitator, certified life coach, and experienced group leader. www.sharoncarlsen.com. SoulCollage requires no special experience or artistic ability. All that is needed is a willingness to be present and open to the power of images.

A selection of magazines and other supplies will be provided at the workshop, but we also ask that each person bring 3 magazines to share with the group. In addition, any photos or images that have been calling to you for reasons you can't explain, please bring them along (either originals you're willing to cut up or color copies).

Suggested Donation \$20. Space is limited! RSVP to Laura DeLoye at St. Ben's: 805-528-0654 or office@stbenslososos.org We look forward to you joining us!

Get on the Gospel Train a Vacation Bible Camp for 3 to 11 year olds



We hope to welcome up to 25 youngsters during the week of *July 22 to 26* from 9:30am to 12:30pm. Each morning will include stories, songs, crafts, games and healthy snacks. The cost is \$5 per child per day, but scholarships are available and no-one will be turned away because of lack of funds. Please think about how you would like to be involved. You could help with welcome and registration; you could teach a craft or share an activity; you could bring food and help with snack time. No offer is too small (or too big!) – please contact Dianne Long to tell her how you can help. One of our challenges is getting the word out, so please think about families you know who have young children and be sure to invite them. Flyers and postcards are available now - please help distribute them.

Laundry Love



This Wednesday, June 26th from 5-9pm at Osos Clean Laundry on 9th Street St. Benedict's will be helping low-income and no-income families and individuals with laundry assistance. Donations and volunteers are needed.

St. Benedict's Episcopal Church – 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Keeping in Touch during the Week – Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Susan Plucker (530)263-8540

Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974

Church Office Hours Tuesday through Thursday 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

office@stbenslososos.org Telephone: (805)528-0654 www.stbenslososos.org