

Benediction Weekly

March 31, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



Our next turn serving lunch at People's Kitchen will be this Saturday at noon. Sign-up sheets for servers and/or to provide food are available in the Great Room.



Also this Saturday: Canterbury/Shire Chili Cook-Off with Silent Auction, BBQ and Raffle at St. Stephen's, SLO, from 4-6pm. Tickets \$15 at the door; \$12 pre-sale.

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Communion and Healing Service

Monday, April 1 RECTOR'S SABBATH

- 6:30 pm – Active Hope book discussion

Tuesday, April 2

- 5:30 pm – Vespers, followed by potluck

Wednesday, April 3

- 9:15 am – Praying the Stations of the Cross
- 10:00 am – Intercessory Prayer Circle
- 11:00 am – A Beginner's Guide to Holy Week
- 4:15 pm – Education for Ministry class
- 7:00 pm – Choir rehearsal

Thursday, April 4

- 3:45 pm – A Beginner's Guide to Holy Week

Saturday, April 6

- 9:30 am – First Saturday: Stepping into the Stations
- 12 noon – People's Kitchen at Prado Day Center
- 4–6 pm – Canterbury Chili Cook-off at St Stephen's

Sunday, April 7

- NO 8am Service
- 9:20 am – Bible Study
- 10:30 am – Holy Communion, followed by potluck lunch:
A-G Main dish; **H-R** Dessert; **S-Z** Salad & bread
- 2:00 pm – SLO Deanery Meeting at St Stephen's, with guest speaker Noha Kolkailah of peaceacademyslo.org

Praying the Stations of the Cross

Follow Jesus as he travels along the Via Dolorosa (Road of Sorrows) from Gethsemane to his death, burial and finally resurrection. Along the way, we pray for those in need around the world. This service lasts 30 -45 minutes. April 3, 9:15am; April 16, 7:15pm; April, 17 9:15am or April 19 2:15pm.

Stepping into the Stations

Quiet Day this Saturday, 9:30am to 12:30pm. In this First Saturday workshop, we will use the Stations of the Cross created by sculptor Chloe White to go deeper into our experience of the last few hours of Jesus' mortal life. Through a process of meditation combined with creative expression in art or writing, we will allow the Spirit to use these astonishing and archetypal images to re-inspire and heal the deepest parts of ourselves.

Wi-Fi Change

Please note that St. Ben's Wi-Fi network and password has been changed and upgraded recently. (Lisa worked with AT&T to get us faster connection and a cheaper rate.) Access info is available in the office, or contact Laura DeLoye, parish Administrator.

(Someone's) A Midsummer Night's Dream

Presented by: Central Coast Reader's Theater Saturday, April 27 at 3:00 pm

Shakespeare's most sylvan romance undergoes a change as this time it is not Titania who is enchanted and it is not Bottom who experiences a dream he cannot explain. This time the village women take the stage to entertain at the marriage feast. This time the flowery bower, the bosky dell and the vernal meadow are conjured up at St. Benedict's and it is the Central Coast Readers' Theatre working the rustic magic. The show is produced by St. Ben's Music Director John Cribb and arranged and directed by Jonniepat Mobley. Suggested donation: \$10



Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Michael Lucas;
Chalice Bearer: Ann Edwards; Lector: Jim Malone; Ushers: Esta Kandarian & Ron Thompson;
Greeters: Carol Walton, *pre*, Lynn Wise, *post*; Altar Guild: Pat Stoneman & Diana Hammerlund;
Coffee Hour Hosts: Maureen Titus & Anne Kanter; Tellers: Stef Shuman & Steve Cake;
Cantor: Brian Spolarich; Music Director: John Cribb

Thank you for your service!



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

CHILDREN'S CHAPEL – Sundays during the 10:30 service.

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months, in conjunction with Los Osos Cares.

EARTHCARE – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – A time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on 4th Wednesdays.

MEN'S BREAKFAST – Morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

MESSY CHURCH - Sunday morning family worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room at 9:30.

PEOPLE'S KITCHEN – Providing and serving lunch at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO – On the 1st Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST – Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Lorienne Schwenk, Deb Garza,
Lynn Wise, Steve Hirahara, Jane Wu.

HOLY WEEK SCHEDULE



Apr 14: Palm Sunday

Contemplative Communion (8am);
Palm Sunday Liturgy with Blessing of Palms, Procession
& Passion Gospel (10:30 am)

Apr 16: Tuesday

Vespers, followed by potluck (5:30pm)
Praying the Stations of the Cross (7:15pm)

Apr 17: Wednesday

Praying the Stations of the Cross (9:15am)

Apr 18: Maundy Thursday

Eucharist with Foot Washing (7:30pm)

Apr 19: Good Friday

Good Friday Liturgy with Veneration of the Cross (12pm);
Praying the Stations of the Cross (2:15);
Hymns & Readings with combined choirs at TUMS (7:30pm)

Apr 20: Holy Saturday

Easter Vigil (8:00 pm)

Apr 21: Easter Sunday

Contemplative Communion (8am);
Holy Eucharist (10:30am)



Lectors and other service ministers needed for Holy Week services
Please sign-up to volunteer on the sign board in the sanctuary.

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Sundays:

Contemplative Communion 8a (except 1st Sun)
Bible study 920a
Holy Eucharist with Music 1030a

Weekly Events:

Mondays: Rector's Sabbath
Tuesdays: Vespers 530p + Potluck 615p
Wednesdays: Educ For Ministry 415p
Choir Rehearsal 7p

Limited Series:

Hollister Institute: "Entering the Passion
of Jesus" by A-J Levine -
Wednesdays 11a (through Apr 17)
Thursdays 345p (through Apr 11)



RECTOR'S VACATION: April 22 to May 3

APRIL 2019 HIGHLIGHTS AT ST. BENEDICT'S

- 3 - Praying the Stations, 915a
- 3 - Intercessory Prayer Circle, 10a
- 6 - 1st Saturday Series: Stepping Into the Stations, 930a
- 6 - People's Kitchen at Prado Day Ctr, 12n
- 7 - Potluck Lunch, 12p
- 7 - SLO Deanery Mtg at St Stephen's, 2p
- 10 - EarthCare Meeting, 230p
- 13 - Spruce Up the Church workday, from 9a
- 13 - Men's Breakfast at Budget Café, SLO, 9a
- 13 - Saturday Evening Eucharist, 530p
- 14 - PALM SUNDAY
- 14 - Messy Church family worship, 930a
- 14 - Parish Council Mtg, 1230p
- 16 - Praying the Stations, 715p
- 17 - Praying the Stations, 915a
- 17 - Intercessory Prayer Circle, 10a
- 18 - Maundy Thursday Liturgy, 730p
- 19 - Good Friday Liturgy, 12p
- 19 - Praying the Stations, 215p
- 19 - Good Friday Lessons & Hymns at TUMC, 730p
- 20 - Great Vigil of Easter, 8p
- 21 - EASTER DAY
- 24 - Laundry Love at Osos Clean Laundry, 5p
- 27 - Readers' Theatre: Midsummer Night's Dream, 3p
- 28 - Messy Church family worship, 930a
- 30 - Healing Ministry Meeting, 3p

APRIL Birthdays 🎂 and Anniversaries 🕊

5 Apr - Daphne Myers 🎂
6 Apr - Helen + Bob 🕊
Schnieders

10 Apr - Connie Weldon 🎂
11 Apr - Lucy Fund 🎂
20 Apr - Judy Schloss 🎂

25 Apr - Fr. Barry's Ordination Anniv. ✝
30 Apr - J.W. 🎂

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:
The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595; or The Rev. Susan Plucker (530)263-8540. Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412
Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

office@stbenslososos.org Telephone: (805)528-0654 www.stbenslososos.org