

Benediction Weekly

March 24, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



Healing Service Next Sunday

There will be a time for special prayers for healing and for the laying-on of hands and anointing during the 10:30 service next week. St. Benedict's regularly has such a service on 5th Sundays. On other Sundays a member of the Intercessory Prayer Team is available for private prayers after the service.

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Communion with music
- 1-3 pm - Stations of the Cross open for public viewing

Monday, March 25 RECTOR'S SABBATH

Tuesday, March 26

- 3:00 pm – Healing Ministry meeting
- 5:30 pm – Vespers, followed by potluck

Wednesday, March 27

- 11:00 am – A Beginner's Guide to Holy Week
- 4:15 pm – Education for Ministry class
- 5:00 pm – **Laundry Love** at Osos Clean Laundry
- 7:00 pm – Choir rehearsal

Thursday, March 28

- 3:45 pm – A Beginner's Guide to Holy Week

Saturday, March 30

- 2:30 pm – Scrabble Tournament Individual Finals

Sunday, March 31

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Communion and Healing Service

A First Saturday Workshop: Stepping into the Stations

April 6th 9:30am - 12:30pm

In this First Saturday workshop, we will use the Stations of the Cross created by sculptor Chloe White to go deeper into our experience of the last few hours of Jesus' mortal life. Through a process of meditation combined with creative expression in art or writing, we will allow the Spirit to use these astonishing and archetypal images to re-inspire and heal the deepest parts of ourselves.

Everyone is welcome, regardless of whether you have previously connected with the Stations, and regardless of your faith background, if any. The morning will be led by the Rev. Caro Hall.

Regular "Way of Peace" services when we walk the stations and pray together will be held at 9:15am on Wednesdays April 3rd and 17th, and at 7:15pm on Tuesday April 16th, and at 2:15pm on Good Friday, April 19th

Later workshops in the First Saturday series:

May 4: Exploring the Gospel through Drama

June 1: The Wisdom of Your Other Hand –
Contemplative Journaling as a Spiritual Practice

St. Ben's is
serving at
People's
Kitchen
on April 6th
Please
Sign-up! ✍

Scrabble Tournament

Congratulations to St. Ben's Scrabble tournament Team Champions Jane Wu and John Cribb. First runner-up team was Shelley Watanabe and Sharon Dalrymple. The final round of the Individual playoffs will take place on Saturday, March 30 at 2:30pm. Contenders are Jane Wu, John Cribb, and Stef Shuman, with the fourth slot yet to be determined, as there is a tie between Louisa Beeler and Caro Hall.

Canterbury Shire Chili Cook-off

The 4th Annual Canterbury Shire Chili Cook-Off with Silent Auction and Raffle will be held from 4-6pm on Saturday, April 6th, at St. Stephen's, SLO. Tickets \$15 at the door; \$12 pre-sale

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Preacher: The Rev. Susan Plucker; Deacon: The Rev. Sharon Dalrymple;
Eucharistic Minister: Jim Arnold; Chalice Bearer: Esta Kandarian; Lectors: Tom Pickering & Brian Spolarich;
Ushers: Connie Weldon & Steve Hirahara; Greeters: Brian Spolarich, *pre*, Lorianne Schwenk, *post*;
Altar Guild: Sarah Chesebro; Coffee Hour Hosts: Laura Thompson & Pat Stoneman;
Tellers: Stef Shuman & Alice Welchert; Prayer Team: Louisa Beeler; Music Director: John Cribb

Thank you for your service!



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE –Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Lorienne Schwenk, Deb Garza,
Lynn Wise, Steve Hirahara, Jane Wu.

Dear SLO Deanery,

It is with a multitude of emotions, but ultimately with trust and confidence in the Spirit's will, that I write to inform you that 2019-20 school year will be my thirteenth, and last, as your Canterbury Chaplain. I have let the SLO Canterbury Board of Directors know of my decision to step aside in June 2020, so that they and you, the deanery, will have plenty of time to work together to vision this ministry going forward.



The primary emotion I hope we are all experiencing at this time is gratitude. When the SLO Deanery was awarded the grant to re-energize Canterbury back in 2006-07 and called me as the Chaplain, we didn't know at the time whether this ministry would still be in existence twelve years later. Well, not only is Canterbury still here, but together we have touched the lives of so many students and young adults; we have established all sorts of traditions, and we have created lasting memories along the way. So, a heartfelt "thank you" to everyone who has contributed to and been part of Canterbury over these past twelve years!

The overwhelming sentiment I have received, and that I want to reflect back to you as you prepare for the future of Canterbury, is the recognition of just how vital this ministry has been to our college students and young adults. Over and over, the significance of Canterbury has been expressed to me - by students and young adults, by parents, by deanery and diocesan leadership, by the Episcopal Church Young Adult & Campus Ministry staff, by university and college administrators, and by my campus-ministry colleagues - so the question as to whether this ministry is "worth it" has been answered with a resounding "Yes!".

Our students have often articulated that Canterbury has been a "home away from home" for them while at college, and Canterbury has deepened their understanding of how God in Christ, though the Holy Spirit, is present today and at work in the world. Further, I can attest that in university councils and settings, Canterbury is often the lone voice bringing Christ's prophetic wisdom, and the Episcopal Church's prophetic perspective on social-justice and other matters, to the table. I can't say this strongly enough: in this day and time, with all the challenges our young people face, this is precisely why many of them seek us out, and we *must* continue to find a way to be there for them.

And I am confident we will. The Canterbury Board is planning to commence work on this transition soon, and will be requesting your support and input. Please consider prayerfully how you might help out. As for me, my plan is to remain here in SLO, and continue my hospice work. I have also re-entered the discernment process here in the diocese with the hope that, working together with all of you, the next step for my ministry will be revealed. So please continue to keep me in your prayers.

With thanks to God for all these blessings, I remain, yours in Christ,

Berkeley Johnson, Chaplain
The Shire at Canterbury



Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595; or The Rev. Susan Plucker (530)263-8540. Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

office@stbenslosos.org Telephone: (805)528-0654 www.stbenslosos.org

Benediction Weekly editor: stefshuman@sbcglobal.net