

# Benediction Weekly

## March 17, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



### The Parish Council meets today

following coffee hour. The monthly meeting is open to interested parishioners, who are always welcome to attend.

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Communion with music
- 12:30 pm – Parish Council Meeting
- 1-3 pm - Stations of the Cross open for public viewing

#### Monday, March 18 RECTOR'S SABBATH

- 6:30 pm – Active Hope book group

#### Tuesday, March 19

- 5:30 pm – Vespers, followed by potluck

#### Wednesday, March 20

- 10:00 am – Intercessory Prayer Circle
- 11:00 am – A Beginner's Guide to Holy Week
- 4:15 pm – Education for Ministry class
- 7:00 pm – Choir rehearsal

#### Thursday, March 21

- 3:45 pm – A Beginner's Guide to Holy Week

#### Sunday, March 24

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Communion with music

### Stations of the Cross

St. Benedict's new Stations of the Cross sculptures by Chloe A. White will be up throughout Lent. The church will also be open for viewing and reflection on Sundays, March 17 & 24 from 1pm to 3pm and Tuesdays through Thursdays between 10am-12pm.

On Saturday, April 6, Caro+ will lead a *Quiet Morning* during which time we will be able to engage in a deeper way with the stations, relating them to our own personal lives and spiritual journeys.

Regular "Way of Peace" services when we walk the stations and pray together will be held at 9:15am on Wednesdays April 3<sup>rd</sup> and 17<sup>th</sup>, and at 7:15pm on Tuesday April 16<sup>th</sup>, and at 2:15pm on Good Friday, April 19<sup>th</sup>.

### Adult Education

The Hollister Institute Class on Amy-Jill Levine's book, "Entering the Passion of Jesus: A Beginner's Guide to Holy Week" continues on Wednesday mornings or Thursday evenings. Caro+ is leading the discussion. Join us.



**Thank you for helping St. Benedict's** when you shop. From December to February we received from Foods for Less \$145.52 and from Ralphs Market \$86.09. If you haven't yet registered your grocery card, please do so - every time you use it we get a donation.

For your convenience, step-by-step website registration instructions can be found at <https://www.ralphs.com/topic/community-contribution-2>



and <https://www.food4less.com/topic/community-rewards>



If you don't have computer access, please call 1-800-443-4438 for assistance.

St. Benedict's NPO number for both sites is **83646**.

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Brian Spolarich; Chalice Bearer: Lorraine Schwenk; Lector: Roz Malone; Ushers: Steve Hirahara & Lisa Gonzalez; Greeter: Joan Hayes; Altar Guild: Judy Schloss; Coffee Hour Hosts: Pat Henry & Suzan Vaughn and Alice Welchert; Tellers: Mary Ellen Rico & Lorraine Schwenk; Prayer Team: Lisa Gonzalez; Music Director: John Cribb

**Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**COMMUNITY DINNER** – Providing and serving food at Trinity UMC, on 1<sup>st</sup> Monday of odd-numbered months in conjunction with Los Osos Cares.

**EARTHCARE** – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** –Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**LAUNDRY LOVE** - 5-9pm on 4<sup>th</sup> Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

**MEN'S BREAKFAST** – morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room

**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Lorienne Schwenk, Deb Garza,  
Lynn Wise, Steve Hirahara, Jane Wu.

## Bishop Candidates

Here is the slate of candidates approved by the Standing Commission for the 4<sup>th</sup> Bishop of El Camino Real. Read their complete biographies and answers to the search committee's questions at:

<https://www.realepiscopal.org/bishop-candidates/>

There will be an opportunity for everyone to meet the candidates at “walkabouts” held in each deanery the week of May 4-11. The SLO Deanery walkabout will be on May 6 at St. Barnabas'. Details will be announced later.



**The Rev. Canon Lucinda Ashby** is Canon to the Ordinary in the Diocese of Idaho, a position she has held since 2011. Lucinda was ordained in 2004 in the Diocese of Northern California, where she served as assistant rector at St. Martin's in Davis and then rector at St. Matthew's in Sacramento. In addition, she taught at the Church Divinity School of the Pacific in Berkeley. Before ordination Lucinda taught Spanish and music in grades 7-12 and was Head of School for a private school in Sacramento. She also founded and built a school for Native Americans in Capay Valley, CA Lucinda also serves as the Dean for High Desert School for Ministry.



**The Rev. Deon Johnson** is the rector of St. Paul's Episcopal Church in Brighton, Michigan. He was ordained to the priesthood in December of 2003 in the Diocese of Ohio where he was the associate rector of Christ Episcopal Church for three years. At St. Paul's, Deon has been instrumental in growing the congregation as well as overseeing a capital campaign that raised \$2.2 million dollars to renovate their 135-year-old building. He has been on the Standing Committee of the Diocese of Michigan, as well as being on the Diocesan Council, the Diocesan Electronic Communication Commission, and a number of other commissions.



**The Rev. Janine Schenone** is the rector of Good Samaritan Episcopal Church in San Diego, a medium-sized church with growing outreach and advocacy efforts and a strong ethos of hospitality and openness to seekers. Before coming to Good Samaritan, Janine served as the Senior Associate for Congregational Development at All Saints Church in Pasadena, where she helped launch the first congregational development plan to foster growth of welcome and inclusion ministries at a large urban church. In addition, she assisted with Latinx ministry by preaching or celebrating in Spanish each Sunday and doing weddings and memorials in Spanish. She also oversaw the Giving (stewardship) department with a \$5 million budget.



**The Rev. Channing Smith** lives in Los Gatos, Cal. and is the rector of Saint Andrew's Episcopal Church and School in Saratoga in the Diocese of El Camino Real. Channing was ordained in 1992 in the Diocese of Southern Ohio where he served as the assistant rector at the Church of the Redeemer in Cincinnati. Before coming to Saint Andrew's, Channing was the rector of Transfiguration Episcopal Church in San Mateo, Cal. In the last few years, Channing has created and facilitates an annual Faith and Innovation regional conference that uses contemplative wisdom to explore the impact of innovation in a rapidly changing world.



**The Rev. Canon Janet Waggoner** currently serves as the Canon to the Ordinary and Chief of Staff in the Episcopal Diocese of Fort Worth. She has a broad range of responsibilities in a diocese with a provisional bishop who also is Bishop Diocesan of the Diocese of Northwest Texas. Janet works alongside clergy and laity in congregations as they engage more deeply and courageously in their communities, raise funds to support their ministries, and grow. She coordinates pastoral care, training, and development for clergy and coordinates leadership training for lay leaders. She also is the church plant and mission enterprise zone coordinator for the diocese.

**Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:**

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595; or The Rev. Susan Plucker (530)263-8541. Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

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