



Benediction Weekly

March 10, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Communion with music
- 4:00 pm – Artist's Reception: Chloe A, White

Monday, March 11 RECTOR'S SABBATH

Tuesday, March 12

- 5:30 pm – Vespers, followed by potluck

Wednesday, March 13

- 11:00 am – A Beginner's Guide to Holy Week
- 2:30 pm – Earthcare Meeting
- 4:15 pm – Education for Ministry class
- 7:00 pm – Choir rehearsal

Thursday, March 14

- 3:45 pm – A Beginner's Guide to Holy Week

Saturday, March 16

- 2:00 pm – G. Roger Bailey Guitar Scholarship Concert

Sunday, March 17

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Communion with music
- 12:30 pm – Parish Council Meeting

Stations of the Cross



There will be an Artist's Reception today at 4 pm. This will be an opportunity to meet local sculptor Chloe A. White, who created the new stations for St. Benedict's, and to hear more about the Stations from Bob Pelfrey (Professor Emeritus in Art History, Cuesta College).

The church will also be open for viewing and reflection Tuesdays through Thursdays between 10am and 12 noon and on Sundays, March 17 and 24 from 1pm to 3pm. The Stations will be up throughout Lent.

On Saturday April 6, Caro+ will lead a Quiet Morning during which time we will be able to engage in a deeper way with the stations, relating them to our own personal lives and spiritual journeys. Regular "Way of Peace" services when we walk the stations and pray together will be held at 9:15am on Weds 3 and Weds 17 April, at 7:15 on Tuesday 16 April and at 2:15 on Good Friday.

Our thanks go to the Hirahara family whose generous gift has made these Stations possible, and to Michael Lucas who designed and created the display settings as well as to Chloe White for her dedicated and hard work over the past year.

Presiding Bishop's Message for Lent:

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

—The Book of Common Prayer

Lent has two quite remarkable bookends. On Ash Wednesday, we are reminded that we are dust and that God loves us even in our dustiness. At the end of this season, we will celebrate the power that God's love has to transform this world. Easter reminds us that not even death can keep us from God's unconditional love. As we follow in the footsteps of Jesus this Lent, we know that living out God's love for the world is our ultimate goal.

We also know that this walk with Jesus won't be easy. Following Jesus takes us through Good Friday and the cross. There will be struggles; there will be times when we stumble, but we are not alone. We are bound to one another as children of God. We share with Jesus in God's beloved family.

God came among us in the person of Jesus to show us how to be more than simply the human race. He came to show us how to realize God's dream, God's purpose, God's plan for us and for all creation.

Whatever devotion you practice this season of Lent, either giving up something that ties you to this world or taking on a spiritual task or discipline, let it be something that helps you participate in the movement of God's love in this world, following in the footsteps of Jesus and loving one another.

—The Most Rev. Michael Bruce Curry

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Preacher: The Rev. Barry Turner; Subdeacon: Jim Arnold;
Eucharistic Ministers: Judy Schloss & Diana Hammerlund; Lectors: Bob Pelfrey & Jerry Walton;
Ushers: Michael Lucas & Connie Weldon; Greeter: Ann Edwards; Altar Guild: Stef Shuman;
Coffee Hour Hosts: Barbara Schippers & Karin Cake; Tellers: Bryson McKelvey & Steve Cake;
Prayer Team: Judy Schloss; Music Director: John Cribb **Thank you for your service!**



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE –Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

INTERCESSORY PRAYER CIRCLE
Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Lorienne Schwenk, Deb Garza,
Lynn Wise, Steve Hirahara, Jane Wu.

Hollister Institute:
Wednesdays & Thursdays



Entering the Passion of Jesus: A Beginner's Guide to Holy Week

As we welcome the new interpretation of Jesus' walk to the cross in the Stations of the Cross, this year seems like a good time to revisit and re-acquaint ourselves with the narrative of Jesus' last week from Palm Sunday to Gethsemane.

Amy-Jill Levine is an Orthodox Jew who is also a passionate teacher of the New Testament. In this six week series, she places the events of Holy Week firmly in their Jewish context.

This class includes a DVD presentation by Professor Levine as well as a short book. Your contribution of \$15 will help to defray the costs for buying the course.

Thursdays at 3:45 pm, starting on March 7th, AND Wednesdays at 11am, starting March 13.

Led by Caro+

R.A.C.E. MATTERS

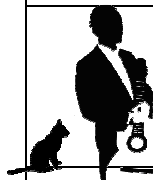
RESPONSIBILITY | ACTION | COMPASSION | EMERGENCE racematters.org

Upcoming programs from R.A.C.E. Matters

March 12-15 | We are proud to co-sponsor *"Bias"* at the SLO Film Fest. This fascinating film takes us on a journey to uncover hidden biases and explore how unconscious bias affects relationships, workplaces, our justice system and technology. "Bias" contemplates whether it's possible to de-bias our brains. 88 min. <https://slofilmfest.org/>

March 23 | The Embodied Racial Justice workshop creates opportunities for participants to develop racial justice strategies by exploring how the body holds racism and discrimination. Through reflection, art-making, and dialogue, we better understand how we internalize injustice; in order to consciously make the shift to repair, engage, and advocate towards a just community. By attuning to the body's ability to store experiences and create new ones - we empower ourselves to become effective agents for racial justice. Workshop Facilitators: Rebecca Lynne Prather, MA, MS and Sandra Sarrouf, MA. Details: <https://www.eventbrite.com/e/embodied-racial-justice-workshop-tickets-56774536166>

March 29 | Join us at 6:30 PM for a free screening of film *"Ethnic Notions"*, at the Unitarian Universalist Fellowship. In the wake of local and national controversies surrounding Blackface, we bring you Ethnic Notions, Marlon Riggs' Emmy-winning documentary that takes viewers on a disturbing voyage through American history, tracing for the first time the deep-rooted stereotypes which have fueled anti-black prejudice. Through these images we can begin to understand the evolution of racial consciousness in America. Discussion to follow, led by Dr. Leola Dublin Macmillan. Donations encouraged. Preview at <http://newsreel.org/video/ETHNIC-NOTIONS>



Gregory Newton, David Grimes, and Michael Nigro perform as *Trio Camino* at 2pm this Saturday at St. Benedict's, in a benefit Concert for the G. Roger Bailey Classic Guitar Scholarship program.

Giving in February – St. Ben's General Operating Fund – Thank you!

Feb Income: \$ 14,321	Feb Income Budgeted: \$ 14,156	Difference: \$ 165 surplus
YTD Income: \$ 29,022	YTD Income Budgeted: \$ 28,312	Difference: \$ 710 surplus

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595; or The Rev. Susan Plucker (530)263-8541. Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

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