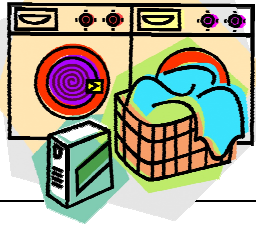


Benediction Weekly

February 24, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



Laundry Love this Week

St. Benedict's ministry of providing laundry assistance and a caring presence to the homeless and financially disadvantaged occurs each month on the fourth Wednesday from 5-9pm at the Osos Clean Laundry on 10th Street. Try to come for some or all of the evening to help with laundry tasks or to offer a friendly ear or to drop off a snack. Financial and prayerful support is also welcome. See Barbara Hirahara for details.

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Communion with music
- 3:00 pm – Scrabble Tournament – Individuals Round 1

Monday, Feb 25 RECTOR'S SABBATH

Tuesday, Feb 26

- 5:30 pm – Vespers, followed by potluck supper

Wednesday, Feb 27

- 4:15 pm – Education for Ministry class
- 5:00 pm – Laundry Love at Osos Clean Laundry
- 7:00 pm – Choir Rehearsal

Friday, Mar 1

- 6:00 pm – Scrabble Tournament – Teams Competition

Saturday, Mar 2

- 9:30 am – Myers Briggs Workshop
- 2:00 pm – Scrabble Tournament – Individuals Round 2

Sunday, Mar 3

- NO 8:00 am service
- 9:20 am – Bible Study
- 10:30 am – Holy Communion followed by Potluck Lunch:
A-G Dessert; **H-R** Salad & bread; **S-Z** Main dish



BEGINS MARCH 6

Lent begins on Ash Wednesday, March 6th

There will be "Ashes to Go" administered outside the Abundance Shop from 7:30 am to 12 noon, and then the Bishop will be here in the evening to bless our new Stations of the Cross at a special service at 7pm which will combine the traditional Ash Wednesday Imposition of Ashes service with a pilgrimage through the stations. This will be the first time the new station sculptures will be displayed.

Daily Lenten Meditations

Episcopal Relief & Development invites you to share in its 2019 Lenten email series. Each day during Lent you will receive a daily reflection, co-authored by a group of faith leaders from across the church. During this season of reflection, their writings will enhance your spiritual journey as they both inspire and challenge you.

Sign up to Receive these Daily Lenten Meditations by Email at: <https://episcopalrelief.us14.list-manage.com/subscribe?u=b78ff0ad1edb317537153e4c9&id=fd0ff5ae64>

Diversity Sensitivity Training Saturday, March 9th - St. Barnabas, Arroyo Grade

The diocese will host Diversity Sensitivity Training at St. Barnabas in Arroyo Grande on March 9 from 10am to 4pm. Sign-up by **March 1st deadline**, A \$20 fee for class and lunch will be collected at the door.

The Rector will be Away Tuesday through Thursday this week at the SLO Clergy Retreat, but will be reachable by phone and email.

A Memorial Service for Jim Marble will be held on Sunday, March 10th at 1pm at St. James, Paso Robles

Cash in the offering plate today will be dedicated to the Rector's Discretionary Fund. Or you may write a check earmarked "RDF."



Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Preacher: Jim Arnold;
Chalice Bearer: Esta Kandarian; Lectors: Ann Edwards & Jo Oliver; Ushers: Ron Thompson & Connie Weldon;
Greeters: Joan Hayes *pre*, Diana Hammerlund *post*; Altar Guild: Stef Shuman; Flowers: Lynn Wise;
Coffee Hour Hosts: Karin Cake & Judy Schloss; Tellers: Mary Ellen Rico & Bryson McKelvey;
Prayer Team: Louisa Beeler; Music Director: John Cribb **Thank you for your service!**



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE –Varying programs of stimulating discussion and thoughtful exploration for everyone, See website.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Lorienne Schwenk, Lynn Wise,
Steve Hirahara, Jane Wu.
but not Smokey

BEWARE OF ELDER ABUSE & SCAMS TARGETING SENIORS

Learn about elder abuse & how to avoid SCAMS at this informational workshop to be presented by Angela Viles and Lauri Gomez, of the SLO County District Attorneys office on **Wed., March 6th from 2pm-3:30pm** at the Morro Shores Mobile Home Park club house, 633 Ramona, Los Osos.

Do you want to know more about the scams in our County and what steps you can take to keep from being trapped and lose your money? Do you know someone who has suffered elder abuse? Come and learn what to do if you or a friend is a possible victim. The San Luis Obispo County District Attorney's Office would like the public to be aware of a variety of money transfer scams within our county.

The San Luis Obispo County Victim Witness Assistance Center works to reduce the trauma, frustration and inconvenience experienced by victims, witnesses, and family members affected by crime. They do this by providing a wide variety of services to victims of crime and their families, in addition to supporting victims and witnesses throughout the criminal justice process. As part of their mission, they inform victims of their constitutional and statutory rights under California law, and how to exercise those rights.

For more information contact Los Osos Cares 805-592-2701

The 4th Annual Canterbury Shire Chili Cook-Off: Saturday, April 6th, at St. Stephen's from 4-6 pm. Full details and a flyer with information will follow in the coming weeks, but in the meantime you can get ready to participate by: 1) marking your calendars for Sat. 4/6 from 4-6pm; 2) donating and/or soliciting Silent Auction items; 3) planning to enter a chili in the competition; 4) helping us to promote the event and selling tickets in your local parish and community. Ticket prices will be the same as last year: \$15 at the door; \$12 pre-sale; and \$8 for children 12 and under. Ticket includes chili tasting and voting, and a pulled pork and cole slaw dinner with beverage. We will have a vegetarian dinner option this year as well! For the Raffle portion, tickets will also remain the same: \$5 for 1 ticket; \$20/5 tickets; \$50/15 tickets; and \$100/40 tickets. For any questions, or to donate Silent Auction items, please contact Chaplain Berkeley Johnson: canterburyslo@gmail.com, cell 805-50-5133, or office 805-543 7212 ext. 13.

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Sundays:

Contemplative Communion 8a (except 1st Sun)

Bible study 920a

Holy Eucharist with Music 1030a

Weekly Events:

Mondays: Rector's Sabbath

Tuesdays: Vespers 530p + Potluck 615p

Wednesdays: EFM 415p + Choir Rehearsal 7p

Stations of the Cross open for public viewing

10am-12n Mar 12, 13, 14 and 1-3pm Mar 17 + 24

MARCH HIGHLIGHTS at ST. BEN'S

- 1 - Scrabble Tournament - Team Competition, 6p
- 2 - 1st Saturday Series: Myers Briggs Workshop, 930a
- 2 - Scrabble Tournament - Individuals' 2nd Round, 2p
- 3 - Potluck Lunch, 12p
- 4 - Community Dinner at TUMC, 5p
- 4 - Active Hope, 630p
- 6 - Ash Wednesday service 7p
- 9 - Men's Breakfast at Budget Café, SLO, 9a
- 9 - Saturday Evening Eucharist, 530p
- 10 - Messy Church family worship, 930a
- 10 - Artist's Reception for Chloe A. White, 4p
- 13 - EarthCare Meeting, 230p
- 16 - G. Roger Bailey Guitar Scholarship Benefit, 2p
- 17 - Parish Council Mtg, 1230p
- 18 - Active Hope, 630p
- 20 - Intercessory Prayer Circle, 10a
- 24 - Messy Church family worship, 930a
- 26 - Healing Ministry Meeting, 3p
- 27 - Laundry Love at Osos Clean Laundry, 5p
- 31 - Healing Service, 1030a

MARCH Birthdays 🎂 and Anniversaries 🎊

4 Mar - Susan Plucker 🎂

19 Mar - Don Maruska 🎂

22 Mar - Susan Mott 🎂

5 Mar - Ruth Turner 🎂

19 Mar - Ron + Laura 🎊

25 Mar - Steve + Karin 🎊

10 Mar - John Horsley 🎂

22 Mar - Ann Lucas 🎂

26 Mar - June Wright 🎂

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane - PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

office@stbenslosos.org Telephone: (805)528-0654 www.stbenslosos.org

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