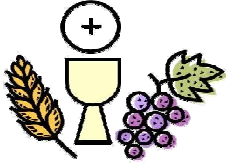


Benediction Weekly

February 3, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



Saturday Evening Eucharist This Week

Each month on the second Saturday, we have a gentle Evening Eucharist service at 5:30 pm, with music and using varying liturgies, followed by a simple potluck supper.

Everyone Welcome!

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

- 9:20 am – Bible Study
- 10:30 am – Holy Communion with music,
- 11:45 pm – Potluck lunch
- 12:30 pm – Staff Liaison Team meeting

Monday, Feb 4 RECTOR'S SABBATH

- 6:30 pm – Active Hope discussion group

Tuesday, Feb 5

- 5:30 pm – Vespers, followed by potluck supper

Wednesday, Feb 6

- 10:00 am – Intercessory Prayer Circle
- 4:15 pm – Education for Ministry class begins
- 7:00 pm – Choir Rehearsal

Saturday, Feb 9

- 9:00 am – Men's Breakfast at Budget Café, SLO
- 5:30 pm – Saturday Evening Eucharist

Sunday, Feb 10

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Communion with music
- 2:00 pm – Abundance Shop Volunteer Appreciation

A Message from the Bishop

St. Benedict's has received a letter from Bishop Mary letting us know that the normal statute of limitations on reporting sexual misconduct by Episcopal clergy against adult victims has been lifted until 2021. (There is no limitation on reporting sexual offenses against minors.)

If there is something you want to report you may contact Reverend Eliza Linley. She may be reached at ammaeliza@igc.org. You may also reach out to the bishop directly at bishopmary@realepiscopal.org.

A full copy of the letter is available in this week's diocesan newsletter, Along the Kings Highway, and on the back table.

The Rector and Wardens, Pamela Bleisch and Michael Lucas are also available to assist you in any way they can.

The Rector will be away at Diocesan Clergy Conference Tuesday through Thursday this week, but will be reachable by phone and email.

EJM
EDUCATION FOR MINISTRY

Education for Ministry class meets here on Wednesdays at 4:15 pm, beginning this week.

See Lisa or Lorraine for more information.



Sign-up on the posted board.
Individuals or partnered teams.

All skill levels welcome.



We are gathering birthday & anniversary dates and any changes to your contact information. Please fill out one of the yellow forms on the back table. Thank you!

Giving in January – St. Ben's General Operating Fund -- Thank you!

Jan Income: \$ 14,090	Jan Income Budgeted: \$ 14,156	Difference: (\$ 66) shortfall
YTD Income: \$ 14,090	YTD Income Budgeted: \$ 14,156	Difference: (\$ 66) shortfall

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Diana Hammerlund; Chalice Bearer: John Horsley; Lectors: Michael Lucas & Brian Spolarich; Ushers: Steve Hirahara & Brian Spolarich; Greeters: Ann Edwards *pre*, Michael Lucas *post*; Altar Guild: Pat Stoneman; Flowers: Jo Oliver; Potluck Hosts: Pat Henry & Suzan Vaughn and Anne Kanter; Tellers: Alice Welchert & Steve Cake; Prayer Team: Helen Schnieders; Cantor: Ruth Baillie; Music Director: John Cribb **Thank you for your service!**



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Lorienne Schwenk, Lynn Wise,
Steve Hirahara, Jane Wu.

The Fourth Sunday after the Epiphany—Year C

Welcome to our parish. In today's liturgy, we continue the account of Jesus' sermon in his home synagogue in Nazareth and its results. The congregation immediately discounts his teaching because he is known to them. Jesus points out that the prophets and teachers of the past were rejected by their own people and so took their message to others. This enrages the congregation and he barely escapes with his life.

In the first reading, the prophet Jeremiah is called by God and demurs at first because of his youth. But God implants the word in Jeremiah and commissions him to bring a message of challenge to all peoples. Subsequently Jeremiah, like Jesus, was rejected by those to whom he was sent.

The second reading today carries on Paul's teaching to the Corinthians about the proper use of spiritual gifts. After speaking of various gifts of the Spirit, he explains that all of them are empty and meaningless without love, which is the greatest of all gifts, and the only one that lasts. This well-known passage, justly loved by Christians, is also a challenge to all of us to judge our gifts by the love they build up in the church, which is the body of Christ.

We gather in Eucharist to meet Christ and to hear his message. Today's readings carry a warning to us that those who reject the message will find its promises going to others. We too are to bear that message and to state it clearly. We may be rejected, but like Jesus and the prophets before him, we continue to go to all people and to proclaim that message by word and deed so that all people may hear it and accept it.

From *The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year*.
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FIRST SATURDAY WORKSHOPS

This spring we are repeating something we did a few years ago - a series of First Saturday workshops.

We started yesterday with a **Quiet Morning of Art and Meditation** led by Bob Pelfrey and Rev Caro+ using poetry and creative expression as a way to connect more deeply with our souls.

Then, on March 2nd, Carol Brubaker Walton will lead **Gifts that Differ**, an introduction to the Myers-Briggs Type Indicator for those unfamiliar with it. We will do the paper/pencil version to find out what our preferences are. Then we'll spend some time unpacking the results and hopefully have a little fun in the process, asking how could this be helpful to you in everyday life. This workshop is limited to 10 participants.

The first Saturday in April, April 6, we will use the new set of **Stations of the Cross** created for St. Benedict's by local sculptor, Chloe White to help us deepen our understanding of the connection between Jesus' suffering and our own suffering (grief, illness, fear etc.)

And in May, Roz Malone will lead us in an exploration of spirituality through the lens of psycho-drama.

As always, these workshops are open to those of any faith, or none. You are welcome.

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

office@stbenslosos.org Telephone: (805)528-0654 www.stbenslosos.org

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