

Benediction Weekly

February 10, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



Abundance Shop Volunteer Appreciation
today at 2pm - Our heartfelt thanks
to all who serve in this vital ministry!

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Communion with music
- 2:00 pm – Abundance Shop Volunteer Appreciation

Monday, Feb 11 RECTOR'S SABBATH

Tuesday, Feb 12

- 3:00 pm – Healing Ministry meeting
- 5:30 pm – Vespers, followed by potluck supper

Wednesday, Feb 13

- 2:30 pm – EarthCare meeting
- 4:15 pm – Education for Ministry class begins
- 7:00 pm – Choir Rehearsal

Sunday, Feb 17

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Communion with music
- 2:00 pm – SLO Deanery Mtg, St James, Paso Robles

Stations of the Cross

Local sculptor, Chloe A. White, has created a new set of Stations for St. Benedict's which draw from a slightly different set of images than usual, starting with Jesus in the Garden of Gethsemane, praying to be excused from his ordeal "If this cup cannot pass by, but I must drink it, your will be done!" (Matthew 26:42)

These remarkable works will be displayed in the church starting on **March 6, Ash Wednesday**, when Bishop Mary Gray-Reeves will bless them during a service starting at 7 pm. This is open to the public and will combine a traditional service with imposition of ashes and a pilgrimage through the Stations. The St. Benedict Singers will perform Mendelssohn's "Hear My Prayer."

Then there will be an Artist's Reception on **Sunday, March 10 at 3 pm**. This will be an opportunity to meet Chloe A. White and to hear from her experience of creating the Stations.

Traveling the Way of Love - A New Episcopal Video Series

"*Traveling the Way of Love, Episode 1: Bless*" is the first episode of a new video series about Episcopalians across the church. Visit the Bishop Walker School in the Diocese of Washington; the school was founded to share blessings with the young people of Ward 8, and has been blessed in turn by its students and community. Future episodes will highlight one of the seven Way of Love practices: turn, learn, pray, worship, bless, go, and rest. View the first episode here: <https://www.episcopalchurch.org/traveling-the-way-love> and be blessed!

Giving in January – St. Ben's General Operating Fund -- Thank you!

Jan Income: \$ 14,090 Jan Income Budgeted: \$ 14,156 Difference: (\$ 66) shortfall
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Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Preacher: The Rev. Barry Turner; Deacon: The Rev. Sharon Dalrymple; Eucharistic Ministers: Stef Shuman & Sarah Chesebro; Lectors: Bryson McKelvey & John Horsley; Ushers: Michael Lucas & Connie Weldon; Greeters: Diana Hammerlund *pre*, Lorianne Schwenk *post*; Altar Guild: Michelle Frazier *8am*, Diana Hammerlund, *1030*; Flowers: Pamela Bleisch; Coffee Hour Hosts: Alice Welchert & Maureen Titus; Tellers: Mary Ellen Rico & Stef Shuman; Prayer Team: Celeste Pennington; Music Director: John Cribb **Thank you for your service!**



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Lorienne Schwenk, Lynn Wise,
Steve Hirahara, Jane Wu.

A First Saturday Workshop: Gifts that Differ

March 2nd 9:30am - 12:30pm

A mother-daughter team set out (nearly a century ago) to see if the theories of Dr. Carl G. Jung might be measured in some way. The result, The Myers-Briggs Type Inventory, has become widely used around the world to help people work and live together with more appreciation and understanding that all have different gifts. It is in no way a measure of capability. It tells us, rather, the preferences each of us have for taking in information, processing it, and making decisions. Katharine C. Briggs and her daughter, Isabel Briggs Myers were on to something lasting. Their creation, the MBTI is continuing to contribute to advancing our ability to communicate with one another.

In her book, *Gifts Differing*, Briggs Myers dedicates her work to *all who desire to make fuller use of their gifts*. She appeals to words from Paul's letter to the Romans (12:5-6)...so we, who are many, are one body in Christ....and members one of another. We have gifts that differ...

Carol Brubaker Walton will offer an introduction to the Myers-Briggs Type Indicator for those unfamiliar with it. We will do the paper/pencil version to find out what our preferences are. We'll spend some time unpacking the results and hopefully have a little fun in the process. How could this be helpful to you in everyday life?

Carol has led MBTI workshops in congregations, clergy and seminarian retreats, and yes, once while on a family fishing trip. She continues to process the MBTI and its appeal during her lifetime. One thing is certain. It has helped to clarify some puzzles on her life's journey.

Participation is limited to first ten persons to sign up at office@stbenslosos.org
Donations for costs of materials will be accepted.

People of Faith for Justice Presents: Opening Doors of Interfaith Understanding



Monday, February 11, 2019

7:30 PM -- Congregation Beth David

The Sacred Art of Lovingkindness
by Rabbi Rami Shapiro -- Lori Adoff, Presenter

The Peace Academy of the Sciences and Arts
Noha Kolkailah, Founder

Diversity Sensitivity Training for Congregation Leaders

Saturday, March 9th - St. Barnabas, Arroyo Grade

The diocese will host a Diversity Sensitivity Training event on March 9. This one-day training (10am-4pm) will meet the requirements for "anti-racism" training required for all lay licenses and for local parish leaders. Pre-registration is required by March 1. Please send an email to Joanna Shreve at jrshreve@aol.com with "Diversity Training" in the subject line; include your full name and your church affiliation in the email. A \$20 donation on the day of the workshop will cover the cost of materials and lunch. (Note: An alternate training session is available Feb 23 in Mountain View for anyone with a conflict for the March date. Register by Feb 15 for that.)

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane - PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

office@stbenslosos.org Telephone: (805)528-0654 www.stbenslosos.org

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