

Benediction Weekly

January 20, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



In this cold and wet season, the need continues to exist for the overnight warming shelter, which takes place at the South Bay Community Center, or here at the church if that's unavailable. If you can help with set up and take down, provide light food for dinner or breakfast, or act as an overnight host, please contact coordinator Steve Hirahara (805)229-9397 to volunteer.

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

8:00 am – Contemplative Communion Service

9:20 am – Bible Study

10:30 am – Holy Communion with music

Monday, Jan 21 RECTOR'S SABBATH

6:30 pm – Active Hope discussion group

Tuesday, Jan 22

5:30 pm – Vespers, followed by potluck supper

Wednesday, Jan 23

7:00 pm – Choir Rehearsal

Sunday, Jan 27

8:00 am – Contemplative Communion Service

9:20 am – Bible Study

10:30 am – Holy Communion with music

12:00 pm – Annual Meeting w/lunch

Coming Soon...

Wed Jan 30 - **Laundry Love**

Sat Feb 2 - **People's Kitchen**

Look for sign-ups!

Annual Meeting Next Week



Our annual parish meeting will be held next Sunday, January 27th, after the 10:30 service. At the meeting we will hear reports from ministry areas, pass a budget for 2019, elect parish council and vestry members and delegates to deanery and convention, and discuss plans for the year ahead. Lunch will be provided. Plan to join us!

If you haven't yet had a chance to fill out the **Mutual Ministry Review** survey, please do so today. There are paper versions available at the church this morning.



Are you interested in a St Ben's Scrabble tournament?

We are collecting names of those who might like to participate. Once we've determined the level of interest we'll decide on format and times. Look for sign-ups.

Please remember our friends JW and Larry, currently incarcerated. They would appreciate receiving your cards and prayers.

Send correspondence to:

Jerome Wright #444238

P.O. Box 15409

San Luis Obispo CA 93406

Larry Swafford #411260

P.O. Box 15409

San Luis Obispo CA 93406



The Annual Canterbury Shire Chili Cook-Off with Silent Auction & Raffle Fundraiser has been set for Saturday, April 6th, from 4pm - 6pm at St. Stephen's, SLO.

Put it on your calendar!

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Barry Turner; Eucharistic Minister: Alan Kiste; Chalice Bearer: John Horsley;

Lector: Jerry Walton; Ushers: Brian Spolarich & Connie Weldon; Greeter: Diana Hammerlund;

Altar Guild: Diana Hammerlund; Flowers: Laura Thompson; Coffee Hour Hosts: Alice Welchert & Judy Schloss;

Tellers: Stef Shuman & Steve Cake; Prayer Team: Helen Schnieders; Music Director: John Cribb

Thank you for your service!



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Esta Kandarian, Barbara Schippers,
Lorienne Schwenk, Lynn Wise

The Second Sunday after the Epiphany—Year C

Welcome to our parish. The feast of the Epiphany directed our attention to the ways in which Christ is manifest in the Gospels, and by extension, how he is manifest in our lives. The theme of showing forth is continued in the Sundays after the Epiphany. Today's Gospel carries the third of the three classical themes of Epiphany: Jesus' first miracle, changing water into wine at the marriage feast in Cana of Galilee.

The Old Testament used the marriage relationship and the marriage feast as symbols or archetypes of God's relationship to the chosen people and of the ultimate consummation of that relationship in the establishment of the Kingdom. Today's passage from Isaiah is based on that image.

At the marriage feast, Jesus produced around 150 gallons of wine (God is lavish, even profligate, in giving grace) and it is much better wine than the host at the dinner had been serving (God's grace far surpasses what we can do for ourselves).

We are a people transformed by our relationship to God and given the grace and illumination of the Holy Spirit. The marriage images in the first and third readings describe the intimate and total nature of God's relationship to us which results of the gift of the Holy Spirit given us in baptism.

From *The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year*.
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Diversity Sensitivity Training for Congregation Leaders **Saturday, February 23rd or March 9th**

The diocese will host two separate Diversity Sensitivity Training events in February and March – the first at St. Timothy's Episcopal Church in Mountain View on February 23, and the second at St. Barnabas in Arroyo Grande on March 9. These are one-day trainings (10am-4pm) that will meet the requirements for "anti-racism" training required for all lay licenses and for local parish leaders (vestry, etc.). Attending the full day is required to receive the certificate of completion. Anyone from any part of the diocese may attend either of these trainings. Pre-registration is required by February 15 for the Santa Clara Valley Deanery training and March 1 for the San Luis Obispo training. Please send an email to Joanna Shreve at jrshreve@aol.com with "Diversity Training" in the subject line; include your full name and your church affiliation in the email. A \$20 donation will be graciously received on the day of the workshop to cover the cost of materials and lunch.

Quiet Morning of Art and Meditation **Saturday, February 2nd from 9:30am-12:30pm**

This morning together is a time to catch a glimpse of our souls. Using a poem, or maybe two, as a way to listen to the depths of our being we will sit silently together and then listen as each of us watches for our wild soul to emerge. Art materials will be available for continuing exploration. No experience is necessary – this is not an art class!

Led by the Rev. Caro Hall and Bob Pelfrey (Art Professor Emeritus, Cuesta College). There is no charge but your donation is welcome. Join us!!

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

office@stbenslososos.org Telephone: (805)528-0654 www.stbenslososos.org