

# Benediction Weekly

## January 6, 2019

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



### Potluck Today – Visitors Welcome

Today during lunch, members of the Parish Council will be encouraging discussion of how well we are doing in various parish ministries as part of the annual mutual ministry review. Other modes of input will be made available as well. The results of the review will be used by the Parish Council in setting goals and priorities for 2019.

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### **TODAY** FEAST OF THE EPIPHANY

9:20 am – Bible Study

10:30 am – Holy Eucharist with music

#### **Monday, Jan 7** RECTOR'S SABBATH

5:00 pm - Community Dinner at TUMC

6:30 pm – Active Hope book discussion

#### **Tuesday, Jan 8**

5:30 pm – Vespers, followed by potluck supper

7:00 pm – Choir Rehearsal

#### **Wednesday, Jan 9**

2:30 pm – EarthCare Meeting

7:00 pm – Choir Rehearsal

#### **Saturday, Jan 12**

9:00 am – Men's Breakfast at Budget Café, SLO

5:30 pm – Evening Eucharist, followed by supper

#### **Sunday, Jan 13**

8:00 am – Contemplative Communion Service

9:20 am – Bible Study

9:30 am – Messy Church family worship

10:30 am – Holy Communion with music

12:30 pm – Parish Council meeting

### Annual Meeting January 27

Coming up at the end of January, we have our annual Parish Meeting. If you come to St Ben's regularly, make a donation and pray for our mission and ministry then you are a member and we hope you will come along so that you are informed and can provide your input to our work together.

The meeting will take place almost immediately after the 10:30 service. Lunch will be provided and we plan to finish no later than 1:15. Included in the agenda will be a report from the Rector and Senior Warden, information about our budget and discussion of plans for 2019.

We will also elect new members to the Vestry and Parish Council (three year term) and as Delegates to Deanery and Diocese. This year's delegates will represent St. Benedict's at the Electing Convention for the next Bishop as well as the fall Diocesan Convention. If you are interested in serving on Vestry or as a Delegate you need to be Episcopalian (confirmed or received). Please see Esta Kandarian or Barbara Schippers for more details.

Please plan to come to the Annual Meeting!

### EfM Class Starting Soon at St Ben's

**Education for Ministry** is a four-year intensive study program developed by The School of Theology at the University of the South in Sewanee, TN. A seminar group of six to twelve participants meet weekly with a trained mentor over the course of a nine-month academic year. Through study, prayer, and reflection, EfM students move toward a new understanding of the fullness of God's kingdom. Participants need to commit only to one year at a time. If you are interested or would like more information, please contact **Lisa Gonzalez** or **Lorienne Schwenk**. The EfM website [efm.sewanee.edu](http://efm.sewanee.edu) provides a wealth of information on the program, its mission, and an outline of the course of study for all four years.

#### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Sarah Chesebro; Chalice Bearer: Alan Kiste; Lectors: Lisa Gonzalez & Jane Wu; Ushers: Esta Kandarian & Maureen Titus; Greeter: Steve Hirahara; Altar Guild: Lorienne Schwenk; Flowers: Brian Spolarich; Potluck Hosts: Anne Kanter & Pat Stoneman; Tellers: Judy Schloss & Diana Hamnerlund; Prayer Team: Lisa Gonzalez; Cantor: Anne Kanter; Music Director: John Cribb **Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP**– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**COMMUNITY DINNER** – Providing and serving food at Trinity UMC, on 1<sup>st</sup> Monday of odd-numbered months in conjunction with Los Osos Cares.

**EARTHCARE** – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** –Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE**  
Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**LAUNDRY LOVE** - 5-9pm on 4<sup>th</sup> Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

**MEN'S BREAKFAST** – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

**MESSY CHURCH** - Sunday morning worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room

**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION**  
5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Esta Kandarian, Barbara Schippers,  
Lorienne Schwenk, Lynn Wise



Today the Church celebrates the Feast of the Epiphany, which marks the end of the twelve days of Christmas each year on January 6.

Epiphany is a Greek word meaning “manifestation” or “appearing.” At the Feast of the Epiphany, we celebrate Jesus being made manifest or appearing as Christ. Traditionally, there are three manifestations celebrated on this feast day.

The most widely celebrated manifestation of Christ on this feast day, and the one that has been historically celebrated by Christian churches in the West, is Jesus revealed as Christ to the three wise men, or Magi, from the East, who followed the Star of Bethlehem at Jesus’ birth.

The second manifestation celebrated today is the baptism of Jesus in the River Jordan. Although this was part of the original Epiphany celebrations in second-century Christian churches in the East, by the fourth century Western churches had largely stopped observing the Holy Baptism in Epiphany celebrations. The 1979 Book of Common Prayer began to reintroduce Jesus’ baptism into this celebration by revising the lectionary readings for the First Sunday After the Epiphany to include gospel passages each year about Christ’s baptism. The First Sunday After the Epiphany is now also known as the Baptism of Our Lord.

The third manifestation of Jesus as Christ that is traditionally celebrated on this day is the miracle of turning water into wine at the wedding at Cana in Galilee, Christ’s first recorded miracle.

Published by the Office of Formation of The Episcopal Church, 815 Second avenue, New York, N.Y. 10017  
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## 3rd Annual SLO Women’s March “Truth To Power”



You are invited to participate in the 3rd Annual SLO Women’s March taking place on Saturday, January 19, 2019 from 9am-12 at Mitchell Park. March along with millions of women and allies in communities around the world in the continuous fight for women’s rights, human rights, social and environmental justice, and for a positive and just future for all people.

If you wish to join others from **Episcopal Churches in the SLO Deanery**, you may park in the St. Stephen’s parking lot – Pismo Street just west of Broad – at 8:30 am for a group walk to Mitchell Park. Or just look for our banners at the march.

Women’s March SLO is a volunteer run organization, fully funded by community donations and staffed by volunteers. The event is free, but organizers ask that you sign up to enable them to plan accordingly.

To sign up to march, or to volunteer to help out at the event, or to make a monetary contribution, or just for more information, go to [www.womensmarchslo.com](http://www.womensmarchslo.com)

**Keeping in Touch during the Week.** Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

St. Benedict’s Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:

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