

Benediction Weekly

January 27, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



People's Kitchen on Saturday

Please sign-up to serve and/or provide food

Potluck Lunch next Sunday

Don't forget items for our Prado Donation Box

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Communion with music
- 12:00 pm – Annual Meeting w/lunch

Monday, Jan 28 RECTOR'S SABBATH

Tuesday, Jan 29

- 3:00 pm – Healing Ministry Meeting
- 5:30 pm – Vespers, followed by potluck supper

Wednesday, Jan 30

- 5:00 pm – Laundry Love at Osos Clean Laundry
- 7:00 pm – Choir Rehearsal

Saturday, Feb 2

- 9:30 am – Quiet Morning of Art & Meditation
- 12:00 pm – People's Kitchen at Prado

Sunday, Feb 3

- NO 8 am Service
- 9:20 am – Bible Study
- 10:30 am – Holy Communion with music,
followed by potluck lunch:
A-G Salad & bread; H-R Main dish; S-Z Dessert

A Quiet Morning of Art and Meditation

Saturday, February 2nd
from 9:30am - 12:30pm



This morning together is a time to catch a glimpse of our souls.

Using a poem, or maybe two, as a way to listen to the depths of our being we will sit silently together and then listen as each of us watches for our wild soul to emerge.

Art materials will be available for continuing exploration. No experience is necessary – this is not an art class!

Led by the Rev. Caro Hall and Bob Pelfrey (Art Professor Emeritus, Cuesta College).

There is no charge but your donation is welcome.

Join us!!



Are you interested in a St Ben's Scrabble tournament?

We are collecting names of those who might like to participate. Once we've determined the level of interest we'll decide on format and times. Sign-up on the posted board. Individuals or partnered teams. All skill levels welcome.



Cash put in the offertory plates this morning will be designated for the Rector's Discretionary Fund to help those in need of emergency assistance.

Or you may write a check to St. Benedict's with "RDF" in the memo line.

Thank you!



Beginning today, we will be listing birthdays & anniversaries with the Highlights Calendar on the back of the BW on the last Sunday of the month. If your February date isn't listed, please let Stef know.

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Subdeacon: Jim Arnold; Eucharistic Minister: Sarah Chesebro;
Chalice Bearer: Ann Edwards; Lectors: Tom Pickering & Lorraine Schwenk; Ushers: Alan Kiste & Ron Thompson;
Greeter: Joan Hayes; Altar Guild: Stef Shuman; Flowers: Pamela Bleisch;
Coffee Hour Hosts: Barbara Schippers & Laura Thompson; Tellers: Mary Ellen Rico & Alice Welchert;
Prayer Team: Louisa Beeler; Cantor: Alan Kiste; Music Director: John Cribb **Thank you for your service!**



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP— Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE –Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Esta Kandarian, Barbara Schippers,
Lorienne Schwenk, Lynn Wise

The Third Sunday after the Epiphany—Year C

Welcome to our parish. The season of Epiphany celebrates the manifesting of Christ in his ministry. Today we focus on his preaching the Good News of the Kingdom of God. Jesus did not simply tell about the Kingdom. He was and is the Kingdom, embodied. When he preached in his home synagogue for the first time, this was the theme. He reads Isaiah's passage foretelling the role of Messiah in bringing about the reign of God. Then he tells the people, "This day this scripture has been fulfilled in your hearing."

The first reading recounts that period in the fifth century B.C. when, as the central event in the reconstituting of Israel as God's Kingdom, Ezra the priest and others read the Word of God to all the people. Some scholars believe that this came about because of the final formulation of the Torah as the definitive written Word of God. That event established Judaism as the religion of the Book. It is in this event that the foundations were laid for the ministry of Jesus as the preacher and teacher of the Kingdom.

Christianity is not simply a message about what once happened. In baptism, we are empowered to join Christ in proclaiming the Good News to the whole world. That ministry of ours is Paul's concern as he uses the image of the human body with all its parts and organs—all of which are essential for it to function. In the same way, Paul tells us, each of us has an essential role in the Body of Christ. Each of us is baptized in order that each may be the fulfillment of the Kingdom now. In our celebration of Eucharist, we are built into that Body, so that God's salvation may be made manifest in us.

From *The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year*.
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24	25	26	27	28		

Sundays:

Contemplative Communion 8a (except 1st Sun)

Bible study 920a

Holy Eucharist with Music 1030a

Weekly Events:

Mondays: Rector's Sabbath

Tuesdays: Vespers 530p + Potluck 615p

Wednesdays: Choir Rehearsal 7p

FEBRUARY 2019 HIGHLIGHTS AT ST. BENEDICT'S

2 –Quiet Day of Art + Meditation 930a

2 –People's Kitchen at Prado, 12n

3 –Potluck Lunch, 12p

4 –Active Hope discussion group, 630p

8 –Intercessory Prayer Circle, 10a

9 –Men's Breakfast at Budget Café, SLO, 9a

9 –Saturday Evening Eucharist, 530p

10 –Messy Church family worship, 930a

10 –Abundance Shop Volunteer Appreciation Lunch, 2p

13 –EarthCare Meeting, 230p

17 – SLO Deanery Meeting, 2p

18 –Active Hope discussion group, 630p

20 –Intercessory Prayer Circle, 10a

22+23 – Parish Council Retreat

24–Messy Church family worship, 930a

26–Healing Ministry Meeting, 3p

27–Laundry Love at Osos Clean Laundry, 5p

FEBRUARY Birthdays 🎂 and Anniversaries 🎊

5 Feb – Steve Hirahara 🎂

13 Feb – Johnny Hammerlund 🎂

14 Feb – Laura Horsley 🎂

20 Feb – Caro Hall 🎂

20 Feb – Mary Stein-Webber 🎂

25 Feb – Don + Liz Maruska 🎊

26 Feb – Don Shields 🎂

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

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Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

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