

Benediction Weekly

January 13, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.

The Baptism of Our Lord



Today we leave the Christmas Season behind as we celebrate the event that marked the end of Jesus' early life and the beginning of his public ministry: his Baptism in the River Jordan. The readings remind us of the power of the Holy Spirit that we share with Jesus! The very Spirit of God has been given us in our own baptisms—this Spirit has ushered us into a new world, a New Creation in which we can daily walk with God.

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

8:00 am – Contemplative Communion Service
9:20 am – Bible Study
9:30 am – Messy Church family worship
10:30 am – Holy Communion with music
12:30 pm – Parish Council meeting

Monday, Jan 14 RECTOR'S SABBATH

Tuesday, Jan 15

5:30 pm – Vespers, followed by potluck supper

Wednesday, Jan 16

10:00 am – Intercessory Prayer Meeting
7:00 pm – Choir Rehearsal

Saturday, Jan 19

9:00 am – Women's March w/SLO Deanery,
Mitchell Park

Sunday, Jan 20

8:00 am – Contemplative Communion Service
9:20 am – Bible Study
10:30 am – Holy Communion with music



We are pleased to welcome **Hannah Fowler** as our guest vocalist this morning. Hannah, a senior at San Luis Obispo High School, sings in the Vivace and Advanced Vocal Ensembles of the Central Coast Youth Chorus. She is a voice student of Jacqueline Kreitzer and plans to enter college in the fall and double major in Voice and Computer Science. Today Hannah is singing three songs from the audition set which she is performing for eight universities in the next two months.

Thank you for being with us today!

Mutual Ministry Review

What is a Mutual Ministry Review? It's an opportunity for us, the people of St. Benedict's, to reflect on how we are doing ministry together. So it's not a job review for the Rector or the Parish Council or anyone else. It's a conversation among ourselves - a moment out to ponder together.

Thank you to everyone who took time over lunch last Sunday to talk about these things. You may want to continue the conversation on paper or online. There are paper surveys available at church today, and we ask that you return these by January 20. Or you can go to <https://www.surveymonkey.com/r/X25WTJ6> and write as much or as little as you want.

We will have a short report on everyone's comments at the Parish Meeting which is coming up on January 27 after the 10:30 service. We'll also hear reports from ministry areas, pass a budget for the year, and elect parish council and vestry members and delegates to deanery and convention. Whether you've been part of the church for a short or a long time we hope that you will join us for lunch that day and participate in our annual gathering.

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Preacher: Jim Arnold;
Eucharistic Ministers: Diana Hammerlund & Michael Lucas; Lectors: Bryson McKelvey & Carol Walton;
Ushers: Steve Hirahara & Connie Weldon; Greeter: Ann Edwards; Altar Guild: Sarah Chesebro; Flowers: Jo Oliver;
Coffee Hour Hosts: Karin Cake & Maureen Titus; Tellers: Bryson McKelvey & Lorianne Schwenk;
Prayer Team: Judy Schloss; Guest Soloist: Hanna Fowler; Music Director: John Cribb **Thank you for your service!**



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – 2nd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE –Varying programs of stimulating discussion and thoughtful exploration for everyone, See website.

INTERCESSORY PRAYER CIRCLE
Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION
5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Esta Kandarian, Barbara Schippers,
Lorienne Schwenk, Lynn Wise

Goodbye and Hello

After almost 4 years as our Administrative Assistant, we said good-bye this week to **Danna Dykstra-Coy** who will be working as the Administrator at her home church, El Morro Nazarene. Danna created many of our administrative systems from scratch and has been a consistently calm and cheerful presence in the office. She will be sorely missed.

Please welcome our new Admin person, **Laura DeLoye**, who starts on Tuesday. Laura is a music therapist in private practice and is also one of the principals of Arts for Living, a non-profit which engages people with developmental disabilities in community development through inclusion in music, art, and movement.

3rd Annual SLO Women's March - "Truth To Power"

You are invited to participate in the 3rd Annual SLO Women's March taking place on **Saturday, January 19th** from 9am-12 at Mitchell Park. If you wish to join others from Episcopal Churches in the SLO Deanery, you may park in the St. Stephen's parking lot – Pismo Street just west of Broad – at 8:30 am for a group walk to Mitchell Park. Or just look for our banners at the march. For more info or to sign up see: www.womensmarchslo.com

Communities Together Celebrating MLK Day

On **Monday, January 21st**, Congregation Beth David, 10180 Los Osos Valley Road, will play host to an NAACP event honoring Dr. Martin Luther King, Jr.'s life and work.

The event, in partnership with Bend the Arc, Congregation Beth David, RACE Matters and JCC Federation of San Luis Obispo, will feature music, films, food, an African American Museum and keynote speaker Dr. Donald Cheek, a former Cal Poly education professor who now teaches at Fresno State University. Dr. Cheek is a recognized authority on race relations, diversity, social psychology, African American community development and ethnicity. The event is from 3:00-7:30 pm and is free to the public.

A Performance by Poetic Justice

St. Barnabas Episcopal Church, 301 Trinity Ave., Arroyo Grande

On **Saturday, January 26th** at 4pm St. Barnabas will be hosting a PJP performance of "**Crossing the Line**," the story of long-time Santa Maria peace activist Dennis Apel, who was imprisoned after crossing a line in the road at Vandenberg AFB while protesting nuclear weapons.

Poetic Justice Project is a theatre company composed of formerly incarcerated actors appearing in plays that examine crime, punishment and redemption. The show will be followed by an audience talkback. Tickets are \$15 and available at the door or at: <https://www.brownpapertickets.com/event/4022800>

Giving in December – St. Ben's General Operating Fund -- Thank you!

Dec Income: \$ 35,424	Dec Income Budgeted: \$ 18,191	Difference: \$ 17,233 surplus
YTD Income: \$180,024	YTD Income Budgeted: \$161,040	Difference: \$ 18,984 surplus

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

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Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:

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