

Benediction Weekly

October 7, 2018

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



ST. FRANCIS OF ASSISI

Today in the Season of Creation we observe the Feast Day of St. Francis of Assisi, when the Church celebrates the life and witness of Francis, founder of the Franciscan and Clarissine Orders, Advocate for the poor, and friend of the animals, Francis believed that the Creator is praised through all creatures and, indeed, creation itself. It is in this spirit that many Episcopal churches offer animal blessings each year at this time. Today we will offer two **Blessing of the Animals** opportunities: at the South Bay Community Center lawn at 2:30pm, and at the Los Osos Middle School field at 3pm. Everyone is welcome, but we ask that dogs be leashed and other pets be suitably restrained. If your pet is not the sociable type, bring its photo for a blessing.

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY – ST. FRANCIS OF ASSISI

- 9:20 am – Bible Study
- 10:30 am – Holy Eucharist, followed by **Potluck Lunch**
- 2:30 pm – Blessing of Animals, South Bay Comm Ctr
- 3:00 pm – Blessing of Animals, Los Osos Middle Sch

Monday, Oct 8

- 6:30 pm – Active Hope book group

Tuesday, Oct 9

- 3:45 pm – Hollister Inst: "A Good Life"
- 5:30 pm – Vespers, followed by potluck supper
- 7:30 pm – Readers' Theatre rehearsal

Wednesday, Oct 10

- 2:30 pm – EarthCare meeting
- 7:00 pm – Choir Rehearsal

Friday, Oct 12

- 6:15 pm – St Benedict's Gratitude Dinner

Saturday, Oct 13

- 9:00 am - Men's Breakfast at Sea Pines Grill
- 5:30 pm – Saturday Evening Eucharist

Sunday, Oct 14 – ST. BENEDICT OF NURSIA

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – Messy Church family worship service
- 10:30 am – Holy Eucharist with music

Annual Parish Gratitude Dinner

This Friday at 6:15 pm

Each year we celebrate our gratitude to God and each other for the many blessings we have received as part of St. Benedict's. The dinner is provided by the Parish Council and everyone is welcome, including those Abundance Shop volunteers who are not regular church members. We have much to be grateful for and it is a wonderful time to gather and remind ourselves of the abundance of God's love.

Don't miss it!

Baywood Hunger Walk

Saturday, October 20th at 9am

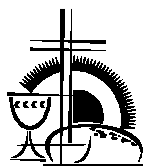
Join our friends from Trinity United Methodist Church and other local organizations, in a sponsored 1-mile walk



to raise money for food programs in Los Osos and Morro Bay. If you can't walk, please sponsor our team.

Jim Arnold is our team captain. See him for details.

Evening Eucharist this Saturday at 5:30



St. Benedict's will have evening worship this Saturday followed by a simple supper. Join us!

Volunteers needed at Diocesan Convention

Please consider volunteering to help with Diocesan Convention October 26 and 27 in Salinas. Registration volunteers greet and check-in delegates both days. Hospitality volunteers help set up the Friday banquet and Saturday lunch. Contact Joe Chouinard at j.chouinard@charter.net to volunteer for registration, and Mary Beth at MBPowell@realepiscopal.org for hospitality.



Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Michael Lucas; Chalice Bearer: John Horsley; Lectors: Bryson McKelvey & John Horsley; Ushers: Esta Kandarian & Steve Hirahara; Greeter: Michelle Frazier; Flowers: Pamela Bleisch; Altar Guild: Lorienne Schwenk; Potluck Hosts: Karin Cake & Maureen Titus; Tellers: Rachel Espinosa & Alice Welchert; After Service Greeter: Pamela Bleisch; Music Director: John Cribb

Thank you for your service!



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Esta Kandarian, Barbara Schippers,
Lorienne Schwenk, Lynn Wise

Hollister Institute: “A Good Life”

Please join us for our new Hollister Institute Book Study: A Good Life - Benedict's Guide to Everyday Joy, by Robert Benson. This discussion group meets from 3:45-5:30 pm on Tuesdays through October 30. The group facilitators are Caro+ and Roz Malone. Benson offers a warm-hearted, humorous guide to enriching our lives with the wisdom from The Rule of St. Benedict. Participants are encouraged to read Benson’s book, which is available from Amazon both new and used. The topic for this week is *Rest*.

Rest

- Day by day remind yourself that you are going to die. Do not show too great a concern for the fleeting and temporal things of this world.
- One must not be excitable, anxious, extreme, obstinate, jealous, or over suspicious. Such people are never at rest.
- There are times when good words are to be left unsaid out of esteem for silence. Diligently cultivate silence at all times, but especially at night.
- There should be specified periods for both labor and for prayerful reading.
- All things are to be done with moderation on account of the fainthearted. Nothing is so inconsistent with the life of any Christian as overindulgence.
- Show forethought and consideration in all things, and whether the task at hand concerns God or the world, be discerning and moderate.
- Arrange everything so that the strong have something to yearn for and so that the weak have nothing to run from.

~ From the Rule of St Benedict

Helping Others in Latin America

Eclectia, St. Peter’s Fall 2018 Lecture Series, begins this week on Thursday, October 11th at 1:30pm. Joan Larive will talk about her volunteer work in Mexico -- starting a library in Chacala, supporting orphans and street children in Cuernavaca and Oaxaca for the past 20 years and serving as a translator for a medical team in Peru. A former Spanish and English teacher, Joan has traveled extensively and is passionate about helping others. 545 Shasta Ave., Morro Bay. For future topics, see our bulletin board. \$15 for series (or \$3/class)

Living Room Conversations

St. James Episcopal Church would like to invite you to our next Living Room Conversation on Tuesday, October 16th at 7:00pm in our Parish Hall at 1335 Oak St, Paso Robles. Living Room Conversations are a respectful way to listen and talk to each other as we find places of connection even when we may disagree about the topic. It’s not always easy, but sometimes we discover we have more in common than we realized. There will be three topics to choose from, such as homelessness, food insecurity, righteousness, and the importance of relationships. If you would like to know more about this national organization here is the link:

<https://www.livingroomconversations.org>

Craft & Food Faire

Saturday, October 20th 9am-3pm St. James Episcopal Church, Paso Robles, will hold a Holiday Craft Faire. Handmade and homemade items, including food, cards, holiday decorations, home décor, plants and gifts. Gift basket raffle.

www.stjamespatorobles.org

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

St. Benedict’s Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:

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