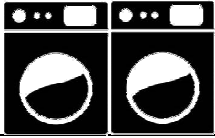


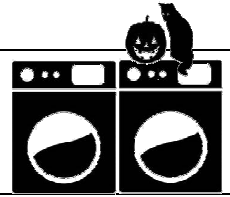
# Benediction Weekly

## October 28, 2018

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



Laundry Love this Wednesday Night October 31<sup>st</sup>  
Starting at 5pm at Osos Clean Laundry



### This Week at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

8:00 am – Contemplative Communion Service  
9:20 am – Bible Study  
9:30 am – “Messy Church” family worship  
10:30 am – Holy Eucharist with music

**Monday, Oct 29** RECTOR'S SABBATH

#### Tuesday, Oct 30

3:00 pm – Healing Ministry Mtg  
3:45 pm – Hollister Inst: “A Good Life”  
5:30 pm – Vespers, followed by potluck supper

#### Wednesday, Oct 31

5:00 pm – Laundry Love at Osos Clean Laundry  
7:00 pm – Choir Rehearsal

**Sunday, Nov 4** – ALL SAINTS' DAY

NO 8 am Service  
9:20 am – Bible Study  
10:30 am – Holy Eucharist w/music, followed by potluck  
**A-G** Salad & bread; **H-R** Main dish; **S-Z** Dessert

*Be thou my vision, O Lord of my heart,  
be all else but naught to me, save that thou art;  
thou my best thought by day or by night,  
waking or sleeping, thy presence my light.*

*Be thou my wisdom, and thou my true word,  
I ever with thee, and thou with me, Lord;  
thou my great Father, thine own may I be;  
thou in my dwelling, and I with thee one.*

*High King of heaven, when victory is won  
may I reach heaven's joys, bright heaven's sun!  
Heart of my heart, whatever befall,  
still be my vision, O Ruler of all.*

Hymn #488 in The Hymnal 1982

Words: Irish, ca 700, versified Mary Elizabeth Byrne (1880-1931)



Daylight Saving Time ends on Saturday ~ Time to turn your clocks back!

### All Saints' Day Necrology

All Saints' Day will be observed next Sunday.  
If you would like someone remembered in the prayers for the dead, please send their names to Stef at [stefshuman@sbcglobal.net](mailto:stefshuman@sbcglobal.net) or phone 805-526-4475 by Wednesday, Oct 31st.

Please remember that Mondays are the Rector's Sabbath, when Rev. Caro+ is generally unreachable. Messages will be returned a day or so later.



Also, please note she will be on vacation from November 5th through 19<sup>th</sup>

## People of Faith for Justice presents... Harvest of Empire

Documentary Film and Discussion November 4th 2:00p.m.

The Unitarian Universalist Fellowship in San Luis Obispo (2201 Lawton Ave) is hosting a free screening and discussion of the 2012 film: “Harvest of Empire, The Untold Story of Latinos in America” based on the book of the same name written by Juan Gonzalez. This feature-length documentary reveals the direct connection between the long history of U.S. intervention in Latin America and the immigration crisis we face today. Tickets and further details available at <https://www.eventbrite.com/e/harvest-of-empire-screening-and-discussion-tickets-51235356330>

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Preacher: Carol Brubaker Walton; Eucharistic Minister: Brian Spolarich;  
Chalice Bearer: Diana Hammerlund; Lectors: Jerry & Carol Walton; Ushers: Ron Thompson & Michael Lucas;  
Greeters: Alan Kiste, *pre* & Lynn Wise, *post*; Flowers: Laura Thompson; Altar Guild: Stef Shuman;  
Coffee Hour Hosts: Laura Thompson & Anne Kanter; Tellers: Bryson McKelvey & Diana Hammerlund;  
Prayer Team Member: Celeste Pennington; Music Director: John Cribb

**Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**COMMUNITY DINNER** – Providing and serving food at Trinity UMC, on 1<sup>st</sup> Monday of odd-numbered months in conjunction with Los Osos Cares.

**EARTHCARE** – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**LAUNDRY LOVE** - 5-9pm on 4<sup>th</sup> Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

**MEN'S BREAKFAST** – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

**MESSY CHURCH** - Sunday morning worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room

**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hamnerlund, Alan Kiste,  
Esta Kandarian, Barbara Schippers,  
Lorienne Schwenk, Lynn Wise

## Hollister Institute: “A Good Life”

Our Hollister Institute Book Study concludes this Tuesday on October 30. Each week we have been engaging wisdom from The Rule of St. Benedict, through discussion of the book A Good Life - Benedict's Guide to Everyday Joy, by Robert Benson. The group facilitators are Caro+ and Roz Malone. The topic for this week is *Living*.

### Living

- Are you hastening toward your heavenly home? Then with Christ's help, keep a little rule that is written for beginners.
- After that, you can set out for loftier summits of the teaching and the virtues, and under God's protection you will reach them.
- Do not aspire to be called holy before you really are, but first be holy that you may more truly be called so.
- And never lose hope in God's mercy.

❖ From The Rule of Saint Benedict

## ADVENT LESSONS & CAROLS SERVICE

The SLO Canterbury Foundation is pleased to present an Advent Lessons & Carols Service on Sunday, December 2nd, 2018, at 4pm at St. Stephen's, SLO.

This service will be a fundraiser for the SLO Canterbury/Shire Episcopal Campus Ministry, and will be followed by a festive reception in Ramsden Hall, where folks can meet our students, learn more about Canterbury, and donate to our year-end fund drive.

If there are any musicians out there who would like to participate in the musical offerings, please contact Canterbury Chaplain Berkeley Johnson, or your church's Canterbury Board Rep as soon as possible.

So please mark your calendars, announce it far and wide, and plan to join us for this joyous event!

*Berkeley Johnson    The Shire at Canterbury  
1344 Nipomo Street San Luis Obispo, CA 93401 office (805) 543 7212 ext. 13*

### NOVEMBER HIGHLIGHTS AT ST. BENEDICT'S

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Sundays:

**Contemplative Communion 8a** (except 1st Sun)  
**Bible study 920a**  
**Holy Eucharist with Music 1030a**

Weekly Events:

**Tuesdays: Vespers 530p + Potluck 615p**  
**Wednesdays: Choir Rehearsal 7p**

- 4 - Potluck Lunch, 12p
- 5 - Community Dinner at TUMC, 5p
- 5 - Active Hope discussion group, 630p
- 7 - Intercessory Prayer Circle, 10a
- 10 - Men's Breakfast at Sea Pines Grill, 9a
- 10 - Saturday Evening Eucharist, 530p
- 11 - Messy Church family worship, 930a
- 14 - EarthCare Meeting, 230p
- 19 - Active Hope discussion group, 630p
- 21 - Intercessory Prayer Circle, 10a
- 22 - Thanksgiving Dinner, 1p
- 25 - Messy Church family worship, 930a
- 25 - Parish Council Mtg, 1215p
- 27 - Healing Ministry Meeting, 3p
- 28 - Laundry Love at Osos Clean Laundry, 5p

Church Office will be closed Wed Nov 22 & Thurs Nov 23

Our next serving day at Peoples' Kitchen: December 1

**Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:**

**The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595**

**Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974**

**St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412**

**Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:**

**[office@stbenslososos.org](mailto:office@stbenslososos.org) Telephone: (805)528-0654 [www.stbenslososos.org](http://www.stbenslososos.org)**