

# Benediction Weekly

## October 14, 2018

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



### Messy Church today – 9:30 a.m.

An informal worship service for busy families with young children, featuring crafts, stories, songs, and prayer is offered on the 2<sup>nd</sup> and 4<sup>th</sup> Sunday of each month. Led by Pamela Bleisch and Caro Hall+.

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### **TODAY** – ST. BENEDICT OF NURSIA

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – Messy Church family worship service
- 10:30 am – Holy Eucharist with music

#### **Tuesday, Oct 16**

- 3:45 pm – Hollister Inst: "A Good Life"
- 5:30 pm – Vespers, followed by potluck supper
- 7:30 pm – Readers' Theatre rehearsal

#### **Wednesday, Oct 17**

- 10:00 am – Intercessory Prayer Circle
- 7:00 pm – Choir Rehearsal

#### **Saturday, Oct 20**

- 9:00 am – Baywood Hunger Walk
- 2:00 pm – Readers' Theatre dress rehearsal

#### **Sunday, Oct 21**

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Eucharist with music
- 12:15 pm – Parish Council Meeting
- 3:00 pm – Readers' Theatre Presents "Gaudy Night"

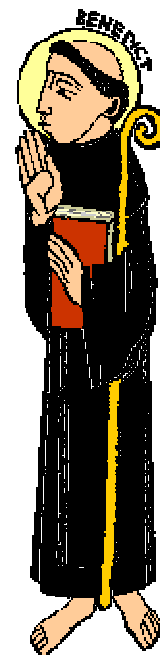
## St. Benedict's Day

**Benedict of Nursia**, our patron saint, is known for his establishment of monastic communities in 6<sup>th</sup> century Italy centered on living a life of work and prayer, balanced by moderation compassion and mercy.

His **Rule of St. Benedict**, written to show how to live this balanced life, is still used today to inspire Christians' spiritual journey.

**St. Benedict's Church** in Los Osos was established in July 1987 as a Bishop's Congregation of the Diocese of El Camino Real. From the beginning, Benedictine Spirituality has been a vital part of congregational life for many.

**Yellow** is the liturgical color we use on St. Benedict's Day because, in the Sarum Rite (Salisbury) tradition, it is used to commemorate an Abbot or Confessor.



## Birthday Party



There will be a celebration of Emily Young's Birthday at coffee hour next Sunday following the 10:30 service. Her family is hosting the event, but would appreciate kitchen help volunteers



## Central Coast Readers' Theater presents: "GAUDY NIGHT"

Sunday, October 21<sup>st</sup> 3:00 p.m. at St. Benedict's

**Gaudy Night** (1935) is a mystery by Dorothy L. Sayers, featuring Lord Peter Wimsey and Harriet Vane. Harriet has returned to her Oxford college alma mater to attend the annual 'Gaudy' celebrations. However, the mood turns sour when someone begins a series of malicious pranks. Desperate to avoid a possible murder in college, Harriet asks her old friend Wimsey to investigate.

◆ Produced by John Cribb ◆ Directed by Jonniepat Mobley ◆ \$10 suggested donation

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Ministers: Lorie Schwenk & Sarah Chesebro;  
Lectors: Jane Wu & John Horsley; Ushers: Michael Lucas & Maureen Titus; Greeter: Joan Hayes;  
Flowers: Lynn Wise; Altar Guild: Michelle Frazier & Diana Hammerlund;  
Coffee Hour Hosts: Pat Stoneman & Alice Welchert; Tellers: Stef Shuman & Lorie Schwenk;  
After Service Greeter: Alan Kiste; Intercessory Prayer Team: Judy Schloss; Music Director: John Cribb  
**Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP**– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**COMMUNITY DINNER** – Providing and serving food at Trinity UMC, on 1<sup>st</sup> Monday of odd-numbered months in conjunction with Los Osos Cares.

**EARTHCARE** – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** –Varying programs of stimulating discussion and thoughtful exploration for everyone, See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**LAUNDRY LOVE** - 5-9pm on 4<sup>th</sup> Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

**MEN'S BREAKFAST** – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

**MESSY CHURCH** - Sunday morning worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room

**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Esta Kandarian, Barbara Schippers,  
Lorienne Schwenk, Lynn Wise

## Hollister Institute: “A Good Life”

Please join us for our new Hollister Institute Book Study: A Good Life - Benedict's Guide to Everyday Joy, by Robert Benson. This discussion group meets from 3:45-5:30 pm on Tuesdays through October 30. The group facilitators are Caro+ and Roz Malone. Benson offers a warm-hearted, humorous guide to enriching our lives with the wisdom from The Rule of St. Benedict. The topic for this week is *Community*.

### Community

- See how the Lord in his love shows us the way of life.
- Show equal love to everyone. Accommodate and adapt yourself to each one's character and intelligence.
- Imitate the example of the Good Shepherd who left the ninety-nine and went in search of the one who had strayed.
- All guests who present themselves are to be welcomed as Christ. Great care and concern are to be shown in receiving poor people and pilgrims, because in them more particularly is Christ received.
- Christ is to be adored because he is indeed welcomed in them.
- There must be no word or sign of the evil of grumbling, no manifestation of it for any reason at all. You are not to act in anger or nurse a grudge. Express your opinions with all humility, and not presume to defend your own views obstinately.
- Never give a hollow greeting of peace or turn away when someone needs your love. Do not repay one bad turn with another. Do not injure anyone but bear injuries patiently. If people curse you, do not curse them back but bless them instead. Pray for your enemies out of love for Christ.
- Do not speak ill of others. Guard your lips from harmful or deceptive speech.
- Live by God's commandments every day; treasure chastity, harbor neither hatred nor jealousy of anyone, and do nothing out of envy.
- No one is to pursue what he judges better for himself, but instead, what he judges better for someone else.
- Let us set out on this way, with the Gospel for our guide, that we may deserve to see him who has called us to his kingdom.

~ From the Rule of St Benedict

## People of Faith for Justice presents...

"Myths and Truths About Measure G" with a screening of the movie *Gasland Part II* wherein filmmaker Josh Fox examines the potential long-term environmental impact of hydraulic fracturing. Thursday, October 18, 12-3 PM St. Stephen's Episcopal Church 1344 Nipomo St., SLO

## Baywood Hunger Walk

Join our friends from Trinity United Methodist Church and other local organizations, in a sponsored 1-mile walk on Saturday, Oct 20 to raise money for food programs in Los Osos and Morro Bay. Forms on ushers table. If you can't walk, please sponsor our team. See team captain Jim Arnold for details. Meet at 9:00 a.m. at Crizer Construction, 1191 4th Street.

## All Saints' Day Necrology

St. Benedict's will be observing All Saints' Day on Sunday, November 4<sup>th</sup>. In church tradition, names of parishioners and loved ones who have died are read as part of the Eucharist that day. If you would like someone remembered, please give their names to Stef ([stefshuman@sbcglobal.net](mailto:stefshuman@sbcglobal.net)) for inclusion in the bulletin by Wednesday, Oct 31<sup>st</sup>. To have their photos included in the remembrance, please send digital files to [office@stbenslosos.org](mailto:office@stbenslosos.org) or leave a photo in Danna's box with their names and yours.

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:

[office@stbenslosos.org](mailto:office@stbenslosos.org) Telephone: (805)528-0654 [www.stbenslosos.org](http://www.stbenslosos.org)