

Benediction Weekly

September 9, 2018

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



TODAY IS MOUNTAIN SUNDAY

Today in the Season of Creation we celebrate Mountain Sunday, referring to all the mountains on our planet, near our homes and beneath the ocean. This domain includes the various creatures that inhabit the mountains, especially the wild and strange life-forms that fascinate us and celebrate life with us. Mountains inspire us with a sense of the grandeur of God's wondrous creation.

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY – MOUNTAIN SUNDAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – "Messy Church" family worship
- 10:30 am – Holy Eucharist with music

Tuesday, Sep 11

- 5:30 pm – Vespers, followed by potluck supper
- 7:30 pm – Readers' Theatre rehearsal

Wednesday, Sep 12

- 2:30 pm – Earthcare Meeting
- 6:00 pm – Grief support group
- 7:00 pm – Choir Rehearsal

Thursday, Sep 13

- 10:00 am – Adult Ed: Thomas Merton
- 7:30 pm – Adult Ed: Thomas Merton

Sunday, Sep 16 – HUMANITY SUNDAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Eucharist with music
- 12:30 pm – Parish Council meeting

Diocesan Survey Deadline

Today is final day to complete the survey to give input to the Bishop's Search Committee in developing our Diocesan Profile.

The online survey may be found at

<https://www.surveymonkey.com/r/KYF26GM>

As of September 2, more than 400 people have completed the online survey. The results will be compiled into our diocesan profile and posted on the website at

www.realepiscopal.org/bishops-search/

The Season of Creation Themes

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| Sept 16 | Humanity Sunday |
| Sept 23 | Sky Sunday |
| Sept 30 | Healing of Creation Sunday
with Healing Service |
| Oct 7 | St Francis' Day, Observed
with Blessing of Animals:
3pm at South Bay Community Center
4pm at Los Osos Middle School field |



People Helping People is fundraising for a mobile shower for the homeless in Los Osos. You can help by contributing cash in the special envelopes at the usher's tables, or checks made out to St Benedict's, with "showers" in the memo line, or on-line anytime at www.stbenslososos.org/support Please indicate that your gift is for Homeless Outreach.

Time to Renew Ralph's & Food4Less Community Cards

Ralph's and Food4Less require annual re-registration in their community rewards programs which enable St. Benedict's to receive a small percentage of every dollar spent.

Log-on to www.ralphs.com (or create an account if you are not already registered.) Enroll in the Community Rewards program, using St. Benedict's organization number #HV013.



Register your Food4Less card in the same way at www.food4less.com. Our organization number with them is #DH925.

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Ministers: Lisa Gonzalez & Jim Arnold;
Lectors: Michael Lucas & Ann Lucas; Ushers: Esta Kandarian & Connie Weldon;
Greeter: Lorienne Schwenk; Flowers: Lisa Gonzalez; Altar Guild: Diana Hammerlund;
Coffee Hour Hosts: Pat Henry & Suzan Vaughn; Tellers: Alice Welchert & Lorienne Schwenk;
Prayer Team Member: Judy Schloss; Soloist: Tica O'Neill; Music Director: John Cribb **Thank you for your service!**



ABUNDANCE SHOP– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE –Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Esta Kandarian, Barbara Schippers,
Lorienne Schwenk, Lynn Wise



New Hollister Institute Class:

A Good Life: Benedict's Guide to Everyday Joy

This group will be an opportunity to revisit the Rule of St Benedict in a conversation based on the book, A Good Life: Benedict's Guide to Everyday Joy, by Robert Benson.

The publisher says: "There is no shortage of good days," writes Annie Dillard. "It is good lives that are hard to come by." Reflecting on what makes a "good life," Robert Benson offers a warmhearted, humorous guide to enriching our lives with the wisdom of Benedict, a 6th century monk. Each chapter is shaped around a Benedictine principle: prayer, rest, community, and work, and reveals the brilliant and infinitely practical ways that Benedictine spirituality can shape our lives today.

Benson is honest and wise, sharing his own failings and the constant tension that he feels between the demands of the temporal and the spiritual. For anyone who feels caught in a web of conflicting priorities, or who finds the pace of modern life more draining than fulfilling, A Good Life will come as a welcome treat for the soul.

Led by Caro+, the group will meet on six Tuesday afternoons at 3:45 pm, starting on **Tuesday September 25**. The topics for each week are: Longing, Prayer, Rest, Community, Work, and Living. Participants are encouraged to read the book which is available from Amazon both new and used. (Remember to go to <http://www.stbenslososos.org/support> on your way to Amazon.com so we get a percentage.)



Preparing for Diocesan Convention

The San Luis Obispo Deanery will hold its fall meeting to review the diocesan budget, discuss resolutions for convention and hold elections on **Sunday, September 30** at 2:00 pm. at St. James' Episcopal Church in Paso Robles, located at 514 14th Street. All are welcome.

The 38th Convention of the Diocese of El Camino Real will take place on **Friday & Saturday, October 26 & 27** at Sherwood Hall in Salinas. Full agenda and resolutions will be available soon. Online registration, nomination forms, and detailed descriptions of elective offices are available at <https://www.realepiscopal.org/diocesan-convention/>

Diocesan leaders needed for pivotal time of transition - This year brings a tremendous opportunity to offer your leadership skills for the various diocesan ministry positions which are decided at our Diocesan Convention. Those serving on the Standing Committee, Board of Trustees, or Commission on Ministry will have an opportunity to serve with both Bishop Mary and the new Bishop-elect. Please pray and discern where you can best serve the Spirit's guidance in our diocese. Nomination forms need to be returned to Mary Beth Powell by **Sunday, September 30**. Questions? Please contact the Rev. Channing Smith at 408-867-3493 or csmith@st-andrews.org.

Giving in August – St. Ben's General Operating Fund -- Thank you!

Aug Income: \$ 17,376	Aug Income Budgeted: \$ 13,420	Difference: \$ 3,956 surplus
YTD Income: \$109,394	YTD Income Budgeted: \$107,360	Difference: \$ 2,034 surplus

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

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Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:

office@stbenslososos.org Telephone: (805)528-0654 www.stbenslososos.org