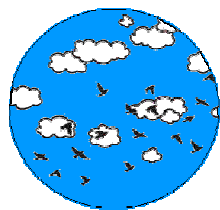


# Benediction Weekly

## September 23, 2018

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



### TODAY IS SKY SUNDAY

Today in the Season of Creation we celebrate Sky Sunday, referring to the all the domains of creation above and around Earth. Sky especially refers to the domains close to Earth—the wind, the clouds, the air—the atmosphere. It is important to note that the term translated 'heavens' in the Old Testament normally means sky, not the abode of God far above. It is the sky in Psalm 19 that proclaims God's glory, God's visible presence on Earth.

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### **TODAY** – HUMANITY SUNDAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – "Messy Church" family worship
- 10:30 am – Holy Eucharist with music

#### **Tuesday, Sep 25**

- 3:00 pm – Healing Ministry Meeting
- 3:45 pm – Hollister Inst: "A Good Life"
- 5:30 pm – Vespers, followed by potluck supper
- 7:30 pm – Readers' Theatre rehearsal

#### **Wednesday, Sep 26**

- 5:00 pm – Laundry Love at Osos Clean Laundry
- 7:00 pm – Choir Rehearsal

#### **Thursday, Sep 27**

- 10:00 am – Adult Ed: Thomas Merton
- 7:30 pm – Adult Ed: Thomas Merton

#### **Sunday, Sep 30** – HEALING OF CREATION

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Eucharist with Healing Service
- 2:00 pm – SLO Deanery Mtg at St James, PR



### HURRICANE RELIEF - UPDATE

**Episcopal Relief & Development** invites you to assist them as they support dioceses that are preparing to respond to Hurricane Florence and other tragic storms.

On Friday, September 14, Hurricane Florence made landfall. More than 35 inches of rain fell in parts of North Carolina. Major flooding continues throughout the Carolinas and southern Virginia. In North Carolina, local officials believe tens of thousands of homes have been damaged so far, with weeks of challenges on the horizon.

We are responding in a variety of ways. For example, our partnership with the Episcopal Diocese of East Carolina, the Episcopal Diocese of North Carolina and the Episcopal Farmworker Ministry, will provide emergency assistance to migrant and seasonal farmworkers including water, food, cleaning supplies, hygiene kits, clothing and transportation to safe locations in two counties in eastern North Carolina.

To make a donation, please send your checks to Episcopal Relief & Development P.O. Box 7058 Merrifield VA 22116-7058, earmarked "hurricane relief." Or donate online at <https://support.episcopalrelief.org/hurricane-relief>

### Laundry Love

Volunteer to help provide free laundry assistance to low-income residents. This Wednesday evening at Osos Clean Laundry, beginning at 5pm.



### Eclectia – St. Peter's Fall 2018 Lecture Series (Details on our bulletin board)

St Peter's Episcopal Church - 545 Shasta Ave., Morro Bay Thursdays at 1:30pm

Oct 11	Joan Larive	<i>Helping Others in Latin America</i>
Oct 18	The Rev. Jerry Walton	<i>A Human Search: The Life of Fr. Bede Griffiths</i>
Oct 25	Jim Huchthausen	<i>Behind the Iran Contra Scandal</i>
Nov 1	The Rev. Sidney Symington	<i>Sweet Bye and Bye: The Wit and Wisdom of S. J. Perlman</i>
Nov 8	Steve Willey	<i>Meaningful Support for Each Other and Ourselves at Life's End</i>
Nov 15	Anne Brazil	<i>Making Music with Anne</i>

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Jim Arnold; Chalice Bearer: Stef Shuman;  
Lectors: Carol & Jerry Walton; Ushers: Michael Lucas & Maureen Titus; Greeter: Rachel Espinosa;  
Flowers: Pamela Bleisch; Altar Guild: Judy Schloss; Coffee Hour Hosts: Diana Hammerlund & Alice Welchert;  
Tellers: Bryson McKelvey & Stef Shuman; Prayer Team Member: Helen Schneider; Cantor: Lorianne Schwenk;  
Music Director: John Cribb **Thank you for your service!**





**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP**– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**COMMUNITY DINNER** – Providing and serving food at Trinity UMC, on 1<sup>st</sup> Monday of odd-numbered months in conjunction with Los Osos Cares.

**EARTHCARE** – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** –Varying programs of stimulating discussion and thoughtful exploration for everyone, See website.

**INTERCESSORY PRAYER CIRCLE**  
Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**LAUNDRY LOVE** - 5-9pm on 4<sup>th</sup> Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

**MEN'S BREAKFAST** – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

**MESSY CHURCH** - Sunday morning worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room

**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION**  
5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Esta Kandarian, Barbara Schippers,  
Lorienne Schwenk, Lynn Wise

## “A Good Life” begins this week!

Please join us for our new Hollister Institute Book Study: A Good Life - Benedict's Guide to Everyday Joy, by Robert Benson. This 6-week study begins Tuesday September 25 from 3:45-5:30 pm, and will meet on Tuesdays through October 30. The group facilitators are Caro+ and Roz Malone. Benson offers a warm-hearted, humorous guide to enriching our lives with the wisdom from The Rule of St. Benedict. Participants are encouraged to read the book, which is available from Amazon both new and used.

The topics for each week are: *Longing, Prayer, Rest, Community, Work, and Living.*

### Longing

Seeking his workers in a multitude of people, the Lord calls out and lifts his voice again: Is there anyone here who yearns for life and desires to see good days?

Let us open our eyes to the light that comes from God, and our ears to the voice from heaven that every day calls out this charge: If you hear his voice today, harden not your hearts.

We must, then prepare our hearts and bodies for the battle of holy obedience to his instructions. What isn't possible by nature, let us ask the Lord to supply by the help of his grace.

We intend to establish a school for the Lord's service. In drawing up its regulations, we hope to set down nothing harsh, nothing burdensome. The good of all concerned, however, may prompt us to a little strictness in order to amend faults and to safeguard love.

Do not be daunted immediately by fear and run away from the road. It is bound to be narrow at the outset. But as we progress in this way of life and in faith, we shall run on the path of God's commandments, our hearts overflowing with the inexpressible delight of love.

Listen carefully to these instructions, and attend to them with the ear of your heart. It is advice from one who loves you; welcome it and faithfully put it into practice.

~ From Chapter 1 of the Rule of St Benedict

### ECW Honored Women's Day



Join the Episcopal Church Women for the annual Honored Women's Day & United Thank Offering Ingathering on Saturday, October 13. We will honor a woman from each of our congregations in the Diocese of El Camino Real – women who proclaim their faith through their lives and actions – for the congregation, the diocese, and the community. Being the Good News is the theme of the event to be held from 9:30 a.m. – 2:00 pm at St. Stephen's Episcopal Church in Gilroy. The celebration will include Holy Eucharist with the Rev. Tracy Wells Miller.

The United Thank Offering (UTO) is a ministry of The Episcopal Church for the mission of the whole church; congregations across El Camino Real are called to gather donations for UTO and submit the offerings at ECW Honored Women's Day. Attendees are also encouraged to bring a food item for St. Stephen's Resource Center.

The registration form is available on our bulletin board. Deadline to register is October 1. For more information, contact ECW President Diane Lovelace at [DiLovelace@aol.com](mailto:DiLovelace@aol.com) or 408-263-8945.

**Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:**

**The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595**

**Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974**

**St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412**

**Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:**

**[office@stbenslososos.org](mailto:office@stbenslososos.org) Telephone: (805)528-0654 [www.stbenslososos.org](http://www.stbenslososos.org)**