

Benediction Weekly

August 5, 2018

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



Potluck Lunch Today ~ ~ Everyone is Welcome!



This Week at St. Benedict's
(at the church unless otherwise specified)

TODAY

9:20 am – Bible Study
10:30 am – Holy Eucharist, followed by Potluck Lunch
12:30 pm – Brief Altar Guild meeting following lunch

Tuesday, Aug 7

5:30 pm – Vespers, followed by potluck supper

Wednesday, Aug 8

2:30 pm – EarthCare Meeting
7:00 pm – Choir Rehearsal

Thursday, Aug 9

9:30 am – Nurturing Your Baby support group

Saturday, Aug 11

9:00 am – Men's Breakfast at Sea Pines Grill
2:00 pm – Katherine Arthur & James Edwards Concert

Sunday, Aug 12

8:00 am – Contemplative Communion Service
9:20 am – Bible Study
9:30 am – "Messy Church" family worship
10:30 am – Holy Eucharist with music

Overnight Parking Community Meeting

Tue, August 28, 6:00pm - 7:30pm
Sea Pines Golf Resort, 1945 Solano St. Los Osos

An open community meeting sponsored by Los Osos Cares and St. Benedict's Church to discuss an Authorized Overnight Parking program for Los Osos residents who can no longer afford rent and live in their cars will be chaired by District 2 Supervisor Bruce Gibson, with featured speaker Kristine Schwartz from New Beginnings Counseling Center in Santa Barbara. New Beginnings operates a successful parking program that could serve as a model locally. Everyone is welcome on Tuesday, August 28 at 6 p.m. at the Sea Pines Golf Resort meeting room in Los Osos. For more, please contact Rev. Caro+.

The Rector will be on Vacation until August 22

During her absence, church business will be managed by Senior warden Pamela Bleisch or treasurer Lisa Gonzalez. Fr. Barry will be available for spiritual counsel. Pastoral care concerns should be addressed to Celeste Pennington. Contact Danna in the church office Tuesdays thru Thursdays 9:30am-12:30pm for scheduling and administrative matters.

St. Benedict's 19th Annual Jazz Concert

Our Annual Jazz Concert will be held on **Saturday, August 25** at 3 pm, featuring jazz vocalist Julie Kelly with Darrell Voss and the Real Time Jazz All-Stars. Admission is \$27 per person and tickets are available online at: <http://www.stbenslososos.org/jazz/> or at the Abundance Shop or Boo Boo Records.



Prado Breakfast Donations in August



Cereal -- hot instant or cold -- and beverages (soy, almond, cashew or ultra-pasteurized dairy that only needs to be refrigerated after opening) are the emphasis for August. Other options are peanut butter and jelly, graham crackers, juice, canned fruit, bowls, plates and utensils. As always, hotel hygiene items from your travels, new socks and backpacks in good condition are gratefully received.

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Lorie Schwenk; Chalice Bearer: Diana Hammerlund; Lectors: Bryson McKelvey & Judy Schloss; Ushers: Alan Kiste & Brian Spolarich; Greeter: Connie Weldon; Flowers: Brian Spolarich; Altar Guild: Diana Hammerlund; Potluck Hosts: Barbara Schippers & Ron Thompson; Tellers: Steve Cake & Judith Cadigan; Prayer Team Member: Lisa Gonzalez; Music Director: John Cribb.

Thank you for your service!



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE –Varying programs of stimulating discussion and thoughtful exploration for everyone, See website.

INTERCESSORY PRAYER CIRCLE
Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION
5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Esta Kandarian, Barbara Schippers,
Lorienne Schwenk, Lynn Wise

Proper 13: Sunday closest to August 3 — Year B

Welcome to our parish. Today we hear the response of the crowd after Jesus had fed the 5,000 people with five loaves and two fish. Then we hear the first part of the discourse from the Gospel of John on Jesus as the bread of life. Starting with bread as a material object and earthly food, Jesus then leads his hearers to an understanding of communion or fellowship with him as food for our spiritual nature. It is that spiritual nourishment which gives eternal life.

Following David's adultery with Bathsheba and his murder of her husband, the prophet Nathan tells him a parable about a rich man stealing a poor man's only lamb, inducing David to confess. David repents, but the damage is done. His household will be in turmoil from that time forward. Sin can be forgiven, but its damage continues to work through those around the sinner.

In today's reading from Ephesians, one of the Pauline tradition's strongest themes is introduced. We are in unity with God and with all people through our baptism. Baptism has joined us together into one life as the body of Christ—the same body which we receive in Holy Communion.

The Christian Gospel takes as its basis the nature of human life in this world and sees our life as being shot through with signs of the fuller life that is ours in Christ. Ours is not a religion of the spirit alone, nor is it solely a means of dealing with material life in this world. As bread and wine are revealed in the liturgy to be instruments of God's presence in us, so all of life is revealed as the sacrament of God in the world; we remember that we are (in the words of St. Augustine) "...means of grace and vehicles of the eternal charity."

From The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year.
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Resonance Vocal Ensemble Concert

Saturday, August 11th 8PM
Mission San Luis Obispo

The 30-voice Resonance, under the direction of Paul Osborne, presents its 7th annual summer concert with "UNUM", a celebration of the unifying power of music, exploring the depths of liturgical and folk traditions. Singers include St. Ben's members Alan Kiste, Brian Spolarich, Lorienne Schwenk, & John Cribb.

Join us in beautiful Mission San Luis Obispo de Tolosa for a program featuring the music of Herbert Howells, Maurice Duruflé, Arvo Pärt, Märten Jansson, René Clausen, Paul Osborne, Liam Daley, and many more. Don't miss it!

General Admission: \$25 Student Pricing: \$10
<https://resonanceunum.brownpapertickets.com/>



**Opening Doors For
Interfaith Understanding**

The next gathering will be on
Monday, August 13 at 7:30 PM

at First Presbyterian Church in SLO, at Marsh and Morro, where Rich Carsel of Congregation Ohr Tzafon will lead a discussion of the book "The Sunflower" by Simon Wiesenthal, and Tasneem Elghandour of the Mosque of Nasreen will speak about Growing Up Muslim in SLO. It promises to be a wonderful evening.

From People of Faith for Justice

Giving in July – St. Ben's General Operating Fund -- Thank you!

July Income: \$ 15,491	July Income Budgeted: \$13,420	Difference: \$ 2,071 surplus
YTD Income: \$92,518	YTD Income Budgeted: \$93,940	Difference: (\$ 1,422) shortfall

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:

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