

Benediction Weekly

July 29, 2018

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



People's Kitchen this Saturday

Every other month on the first Saturday, St. Benedict's provides a lunchtime meal to the clients at Prado Day Center. Please sign-up to provide food and/or to serve.

This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

8:00 am – Contemplative Communion Service
9:20 am – Bible Study
10:30 am – Holy Eucharist with Healing Service

Tuesday, July 31

3:00 pm – Healing Ministry Meeting
5:30 pm – Vespers, followed by potluck supper

Wednesday, Aug 1

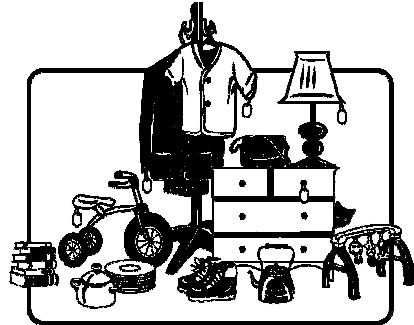
10:00 am – Intercessory Prayer Circle
5:15 pm – Introduction to the Episcopal Church

Saturday, Aug 4

12 noon – People's Kitchen at Prado Day Center

Sunday, Aug 5

No 8 am Service
9:20 am – Bible Study
9:30 am – "Messy Church" family worship
10:30 am – Holy Eucharist, followed by Potluck Lunch:
A-G Salad & bread; **H-R** Main dish; **S-Z** Dessert



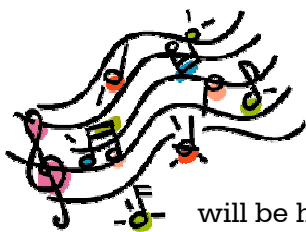
Abundance Shop Help Needed

The Abundance Shop is the principle mission of St Benedict's. It provides inexpensive clothing and household essentials for those who need them and a place for the community to donate their unwanted stuff, thus keeping it out of the landfill. In the process, the Shop makes money which supports local non-profits and provides a significant source of income for the church.

This is only possible because of volunteers. Two of our regular volunteers have started jobs and so we are in need of replacement cashiers. Each shift is 3 to 3.5 hours long. Cashiers welcome and talk with customers and donors, help them with donations or purchases and take their money. The system is simple to use and training is provided. If you can help please contact the shop manager Deb Garza abundance@stbenslososos.org or speak with Caro+.

Please keep the shop in your prayers.

Cash put in the offertory plates this morning will be designated for the **Rector's Discretionary Fund** to help those in the parish or the wider community in need of emergency assistance. Or you may write a check to St Benedict's with "RDF" in the memo line. *Thank you!*



St. Benedict's 19th Annual Jazz Concert

will be held on **Saturday, August 25** at 3 pm, featuring Darrell Voss and the Real Time Jazz All-Stars with jazz vocalist Julie Kelly. Admission is \$27 per person and tickets are available online at <http://www.stbenslososos.org/jazz/> or at the Abundance Shop or Boo Boo's.

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Alan Kiste;
Chalice Bearer: Bryson McKelvey; Lector: Lorianne Schwenk; Ushers: Brian Spolarich & Ron Thompson;
Greeter: Steve Hirahara; Flowers: Laura Thompson; Altar Guild: Lorianne Schwenk;
Coffee Hour Hosts: Diana Hammerlund & Alice Welchert; Tellers: Stef Shuman & Judith Cadigan;
Music Director: John Cribb. **Thank you for your service!**



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

COMMUNITY DINNER – Providing and serving food at Trinity UMC, on 1st Monday of odd-numbered months in conjunction with Los Osos Cares.

EARTHCARE – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE –Varying programs of stimulating discussion and thoughtful exploration for everyone, See website.

INTERCESSORY PRAYER CIRCLE
Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LAUNDRY LOVE - 5-9pm on 4th Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

MESSY CHURCH - Sunday morning worship geared towards young children and busy families. Twice monthly in the Great Room

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, *Jr. Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Esta Kandarian, Barbara Schippers,
Lorienne Schwenk, Lynn Wise

Gone From My Sight

by Henry Van Dyke

I am standing upon the seashore. A ship, at my side,
spreads her white sails to the moving breeze and starts
for the blue ocean. She is an object of beauty and strength.
I stand and watch her until, at length, she hangs like a speck
of white cloud just where the sea and sky come to mingle with each other.

Then, someone at my side says, "There, she is gone."

Gone where?

Gone from my sight. That is all. She is just as large in mast,
hull and spar as she was when she left my side.
And, she is just as able to bear her load of living freight to her destined port.
Her diminished size is in me -- not in her.

And, just at the moment when someone says, "There, she is gone,"
there are other eyes watching her coming, and other voices
ready to take up the glad shout, "Here she comes!"

And that is dying...

AUGUST HIGHLIGHTS AT ST. BENEDICT'S

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sundays:

Contemplative Communion 8a (except 1st Sun)

Bible study 920a

Holy Eucharist with Music 1030a

Weekly Events:

Tuesdays: Vespers 530p

Potluck Supper 615p

Wednesday: Choir Rehearsal 7p (resumes Aug 1)

- 1 - Intercessory Prayer Circle, 10a
- 2-4 Art Workshop by Morro Bay Art Association
- 4 - People's Kitchen at Prado Day Ctr, 12n
- 5 - "Messy Church" family worship, 930a
- 5 - Potluck Lunch, 12p
- 8 - EarthCare Mtg, 2:30p
- 9 - "Nurturing your Baby" support group, 930a
- 11 - Men's Breakfast at Sea Pines Grill, 9a
- 11 - Concert: Katherine Arthur & James Edwards, 2p
- 15 - Intercessory Prayer Circle, 10a
- 19 - "Messy Church" family worship, 930a
- 19 - Parish Council Mtg, 1215p
- 23 - "Nurturing your Baby" support group, 930a
- 25 - Annual Jazz Concert, 3p
- 28 - Healing Ministry Meeting, 3p
- 29 - Laundry Love at Osos Clean Laundry, 5p

The Rector will be on vacation from August 10-22.
There will be no Saturday Eucharist in August



NEW PHONE DIRECTORIES

are now available at the ushers' table in the entryway.

Please pick up your copy.

Many thanks to Suzan Vaughn for compiling them!

Keeping in Touch during the Week. Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:

office@stbenslososos.org Telephone: (805)528-0654 www.stbenslososos.org