

# Benediction Weekly

## July 22, 2018

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



### Laundry Love this Wednesday

St. Benedict's volunteers take over the 10th Street Laundromat on the last Wednesday evening each month from 5 to 9pm to serve the low and no-income residents of Los Osos. Donations may be placed in the Sunday offering marked *Laundry Love*. Additional volunteers are also needed. For more information please see Barbara Hirahara.

#### Coming up at St. Benedict's (at the church unless otherwise specified)

##### TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – “Messy Church” family worship
- 10:30 am – Holy Eucharist with music

##### Tuesday, July 24

- 5:30 pm – Vespers, followed by potluck supper

##### Wednesday, July 25

- 5:00 pm – Laundry Love at Osos Clean Laundry
- 5:15 pm – Introduction to the Episcopal Church

##### Thursday, July 26

- 9:00 am – Nurturing Your Baby support group

##### Sunday, July 29

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Eucharist with Healing Service

### St. Benedict's Annual Jazz Concert

St. Benedict's 19<sup>th</sup> Annual Jazz Concert will be held on **Saturday, August 25** at 3 pm, featuring Darrell Voss and the Real Time Jazz All-Stars. This year's concert also includes accomplished jazz vocalist Julie Kelly.

**Admission is \$27 per person and tickets may now be reserved online at:**  
<http://www.stbenslososos.org/jazz/>

Complimentary beverages and snacks will be included, with wine and beer for sale. Tickets will be also available soon at The Abundance Shop, Boo Boo Records in San Luis Obispo, and at the church. Be sure to check the church website for more information.

*This is our major fundraiser of the year. To volunteer to help, please contact Lorraine Schwenk.*

### Please Keep Your Pledge Current

Church expenses continue even when you're on vacation! Keep your pledge up online. Just go to the church website at [www.stbenslososos.org](http://www.stbenslososos.org) and go to the bottom of the Home Page or to the Support Us page. It accepts all major credit and debit cards.



### Healing Service Next Sunday

There will be a time for special prayers for healing and the laying-on of hands and anointing with holy oil during the 10:30 service next week. St. Benedict's regularly has such a service on 5th Sundays. On other Sundays a member of the Intercessory Prayer Team is available for private prayers after the service



To help our neighbors at **Prado Day Center** with a nutritious breakfast, our special “ask” for July is: *Canned Fruit*.

**The Rector will be on vacation** from August 10-22 There will be no Saturday Eucharist in August.



### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Preacher: Berkeley Johnson; Eucharistic Minister: Brian Spolarich; Chalice Bearer: Sarah Chesebro; Lectors: Tom Pickering & Joan Hayes; Ushers: Alan Kiste & Connie Weldon; Greeter: Stef Shuman; Flowers: Brian Spolarich; Altar Guild: Sarah Chesebro; Prayer Team Member: Louis Beeler; Coffee Hour Hosts: Karin Cake & Judy Schloss; Tellers: Steve Cake & Lorraine Schwenk; Music Director: John Cribb. **Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP**— Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**COMMUNITY DINNER** – Providing and serving food at Trinity UMC, on 1<sup>st</sup> Monday of odd-numbered months in conjunction with Los Osos Cares.

**EARTHCARE** – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** –Varying programs of stimulating discussion and thoughtful exploration for everyone, See website.

**INTERCESSORY PRAYER CIRCLE**  
Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**LAUNDRY LOVE** - 5-9pm on 4<sup>th</sup> Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

**MEN'S BREAKFAST** – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

**MESSY CHURCH** - Sunday morning worship geared towards young children and busy families. Twice monthly in the Great Room

**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION**  
5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Esta Kandarian, Barbara Schippers,  
Loriene Schwenk, Lynn Wise

*Proper 11: Sunday closest to July 20 — Year B*

Welcome to our parish. Today's gospel reading follows the first mission of preaching and healing that Jesus sent the apostles out to do. They return and he takes them away for rest and reflection. Then they return to the crowds and Jesus has compassion on the people, who are like sheep without a shepherd. This image of Jesus as shepherd comes originally from David, the Shepherd King, and is a consistent image of God in the Old Testament.

In the first reading, the prophet Nathan brings God's promise to David that he who was taken from shepherding sheep will now be the shepherd of God's people. God promises that David's descendants will establish God's kingdom forever. Christians see this promise as having been fulfilled in Jesus.

In today's reading from Ephesians we find a reflection of the Jewish-Christian joining of the personal and the social aspects of the life of God's People, extended now to the entire human family through the dying and rising of Christ.

We are called by God as individuals into a community of persons. Again and again in the sacred story the promise of God coming in person to care for the people is made. God will make all people into one flock, one community. In the liturgy, the tension between the personal and the communal is expressed and resolved. In Holy Communion, it is our selves that are offered, blessed, and broken, that we may be given as signs of Christ to the world.

*From The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year.*  
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## 2018 ECW WOMEN'S RETREAT

August 13-14 in San Juan Bautista

The ECW invites all women of the diocese to the 36th annual Mary Lou Thompson Retreat. The theme of this year's retreat is "**Love is the Way.**" At the 79th General Convention of the Episcopal Church, Presiding Bishop Michael Curry provided the focus of "love is the way" as we move forward as Christians in our world today.

Sponsored by Episcopal Church Women of El Camino Real, the retreat will be held from 2 pm on Monday, August 13 to 2 pm on Tuesday, August 14, at the Saint Francis Retreat Center in San Juan Bautista. Please bring a story to share about how you have experienced "love is the way".

Registration forms are available on our bulletin board or on the diocesan website. The registration deadline is August 3<sup>rd</sup>.

**For more information**, contact the ECW President, Diane Lovelace: Call or text: 408-813-4080 or email to [DiLovelace@aol.com](mailto:DiLovelace@aol.com).

## Coming to St. Ben's in August

Thursday, August 2: **Three-Day Art Workshop** sponsored by the Art Center of Morro Bay. For details, please contact Lynn Douglass at [longarmlynn@aol.com](mailto:longarmlynn@aol.com)

Saturday, August 11, 2-4pm: **Soprano Katherine Arthur and guitarist James Edwards** will perform in concert at St. Benedict's Church. Donation of \$15 at the door. More details to come

**Keeping in Touch during the Week.** Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:

[office@stbenslososos.org](mailto:office@stbenslososos.org) Telephone: (805)528-0654 [www.stbenslososos.org](http://www.stbenslososos.org)