

# Benediction Weekly

## July 15, 2018

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



### The Parish Council meets today

following coffee hour. The monthly meeting is open to interested parishioners, who are always welcome to attend.

#### Coming up at St. Benedict's

(at the church unless otherwise specified)

##### TODAY

8:00 am – Contemplative Communion Service  
9:20 am – Bible Study  
10:30 am – Holy Eucharist with music  
12:15 pm – Parish Council Meeting

##### Tuesday, July 17

10:00 am – Hollister Inst: "Creation and the Cross"  
5:30 pm – Vespers, followed by potluck supper

##### Wednesday, July 18

10:00 am – Intercessory Prayer Circle  
5:15 pm – Introduction to the Episcopal Church

##### Sunday, July 22

8:00 am – Contemplative Communion Service  
9:20 am – Bible Study  
9:30 am – "Messy Church" family worship  
10:30 am – Holy Eucharist with music

**Prado Day Center Breakfast Program:** Your donations of canned (or jarred) fruit -- peaches, plums, pears, applesauce and the like -- will help clients of Prado start their days a little better.



#### Highlights of the last PC Meeting

- Lyn Wise has been able to un-resign and we welcomed her back on to the Vestry and Parish Council.
- We will celebrate the Gratitude Dinner on October 12 and St Benedict's Day Observed on October 14.
- At Earthcare's request it was agreed that we change to PG&E's solar energy system and also pay \$20 per month for credits to offset our carbon footprint. Most of our carbon footprint comes from people driving to and from church.
- Earthcare's request that we use recycled paper products led to a discussion about whether we could create an app that would enable people to follow the service on their tablets rather than using a paper bulletin as that is our largest paper use apart from in the bathrooms.
- We are grateful for the work of Pamela Bleisch in developing Messy Church. Jennifer Harber will also be an official volunteer so she can provide back-up for Pamela once she has completed the required background checks and training.

### St. Benedict's Annual Jazz Concert

St. Benedict's 19<sup>th</sup> Annual Jazz Concert will be held on **Saturday, August 25** at 3 pm, featuring Darrell Voss and the Real Time Jazz All-Stars. This year's concert includes Los Angeles-based jazz vocalist Julie Kelly, whom music critics describe as among the most respected jazz vocalists on the West Coast.

Complimentary beverages and snacks will be included, with wine and beer for sale. Proceeds benefit St. Benedict's Church and its programs. Tickets will be available at The Abundance Shop, Boo Boo Records in San Luis Obispo, at the church and online. Details and ticket prices to be announced soon.

Be sure to check the church website as more information becomes available:

<http://www.stbenslososos.org/event-items/jazz-concert-2018/>

#### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Bryson McKelvey; Chalice Bearer: John Horsley;  
Lector: Judith Cadigan; Ushers: Esta Kandarian & Steve Hirahara; Greeter: Joan Hayes;  
Flowers: Pamela Bleisch; Altar Guild: Pat Stoneman; Coffee Hour Hosts: Anne Kanter, Pat Henry & Suzan Vaughn;  
Prayer Team Member: Lisa Gonzalez; Tellers: Mary Ellen Rico & Judy Schloss;  
Music Director: John Cribb. **Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP**– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**COMMUNITY DINNER** – Providing and serving food at Trinity UMC, on 1<sup>st</sup> Monday of odd-numbered months in conjunction with Los Osos Cares.

**EARTHCARE** – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** –Varying programs of stimulating discussion and thoughtful exploration for everyone, See website.

**INTERCESSORY PRAYER CIRCLE**  
Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**LAUNDRY LOVE** - 5-9pm on 4<sup>th</sup> Wednesdays at Osos Clean Laundry, helping low-income families with funds, soap, and friendly assistance.

**MEN'S BREAKFAST** – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

**MESSY CHURCH** - Sunday morning worship geared towards young children and busy families. Twice monthly in the Great Room

**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION**  
5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Esta Kandarian, Barbara Schippers,  
Lorienne Schwenk, Lyn Wise

*Proper 10: Sunday closest to July 13—Year B*

Welcome to our parish. Our Gospel reading today is the account of the death of John the Baptist. This well-known story was remembered by the followers of Jesus and John. After this, Jesus' ministry moves ahead with even more urgency, causing rumors that Jesus was John raised from the dead.

Today we begin reading through the Letter to the Ephesians. This beginning portion summarizes the writer's theology of Christ and of our relationship with Christ in the Holy Spirit.

We gather as a people united in God. We, like John and Jesus, are sent into the world with the message of judgment and salvation. We too are called into the ministry of Christ with people in every age and time. Our gathering here is our time to remember who and whose we are and, in that remembering, to be filled once again with the life of Christ. Thus, we go forth proclaiming in our words and our lives the Good News of salvation.

From *The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year*.  
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## General Convention

The General Convention of the Episcopal Church has completed its work. Among the important decisions that were made:

- to start a process to develop new liturgical material by engaging parishes in the process. This is something we at St Ben's are already engaged in.
- to accept the church in Cuba as a diocese of The Episcopal Church (there are several other national churches such as Ecuador, Columbia and Haiti which are dioceses.)
- agreed to oppose drilling on the Arctic Refuge in solidarity with the indigenous Gwich'in people.
- following a listening liturgy which honored the #MeToo movement and heard personal stories of abuse, harassment and exploitation the Bishops adopted a covenant committing them to make changes aimed to reduce and eliminate such incidents.

On July 9 there was a gathering of witness outside the Hutto Detention Center for immigrants and Bishop Michael Curry preached. You can find his sermon here:

<https://www.episcopalnewsservice.org/pressreleases/presiding-bishop-michael-curry-preaches-at-the-hutto-detention-center/>

## Laundry Love

Laundry Love is an opportunity for us to make deeper relationships with people who are living on the edge in Los Osos while we share the load of doing laundry with them. St. Benedict's volunteers provide the quarters and detergent for the wash and the dryer while hanging out and taking time to develop relationships. Some of our guests we already know from the Abundance Shop, Community Dinners and the Warming Shelter. Others are new to us. We take over the 10th Street Laundromat on the last Wednesday evening each month from 5pm to 9pm to serve the low and no-income residents of Los Osos.

To keep this going and maybe even expand into twice each month, we need donations of cash and time. A minimum of six volunteers means that each person can stay for a few hours rather than the whole evening. Donations may be placed in the Sunday offering marked Laundry Love. For more information see Barbara Hirahara.

**Keeping in Touch during the Week.** Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Faye Hogan (805)541-4595

Call Celeste Pennington with pastoral care & prayer chain requests: (805)771-8974

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Church Office Hours Tues through Thurs 9:30am to 12:30pm ~ Parish Administrator Danna Dykstra-Coy:

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