

# Benediction Weekly

May 13, 2018

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



## NEXT SUNDAY IS PENTECOST!

The Day of Pentecost commemorates of the coming of the Holy Spirit to the disciples, and is sometimes considered to be the "Birthday of the Church!" You are invited to wear **RED** (or at least a touch of it) traditionally symbolizing the Holy Spirit, in celebration.

### Coming up at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 9:30 am – "Messy Church"
- 10:30 am – Holy Eucharist with music

#### Tuesday, May 15

- 5:30 pm – Vespers, followed by potluck supper
- 7:30 pm – Readers' Theatre rehearsal

#### Wednesday, May 16

- 10:00 am – Intercessory Prayer Circle
- 5:00 pm – Eucharistic Minister training, pt I
- 7:00 pm – Choir Rehearsal

#### Thursday, May 17

- 9:30 am – Nurturing Your Baby support group
- 7:00 pm – Hollister Inst: "Heart of Christianity"

#### Sunday, May 20 DAY OF PENTECOST

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Eucharist, with music
- 12:15 pm – Parish Council Meeting

### Eucharistic Minister & Chalice Bearer Training 5pm this Wednesday

Eucharistic ministers represent the people at the table on Sunday mornings and they help the celebrant as well as leading the Prayer of the People. Chalice Bearers assist in administering the communion cup. If you would like to participate in this ministry, you have to be licensed by the Bishop. Licenses have to be renewed every three years so if you are a Eucharistic Minister but can't remember when you last went to a training, it's probably time. This training will be in two parts: theory and practice. Part 1 will be on Wednesday May 16 5-6:45 pm and Part 2 the following week May 23, also 5-6:45 pm.



**Heart of Christianity** discussion begins this week on Thursday. This 5-week study, based on the book by Marcus Borg, is an opportunity to re-think the basic tenets of our Christian faith together. This class also serves as preparation for confirmation, reception or renewal of vows when the Bishop makes her official visitation to St. Benedicts on June 17.



### MESSY CHURCH program begins this morning.

This brief and spirited Sunday morning worship is geared towards young children and busy families. Featuring crafts, stories, songs, and prayer. Twice monthly in the Great Room from 9:30-10:15 am. Next Messy Church day is May 27.



## May is Milk Month



This month our Prado focus is on Milk. Consider donating UHT milk (Ultra-High Temperature), a form of pasteurization that gives milk a long shelf life -- no refrigeration needed until after opening -- or other drinks such as soy or almond, for the breakfast program in May. The Prado Day Center can always use hygiene items, peanut butter and jelly, juice, instant cereal and dry cereal, coffee and creamers, paper plates and bowls, utensils, backpacks in good condition, new socks, laundry detergent, and canned goods such as soup, chili, and tuna fish.



### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Bryson McKelvey; Chalice Bearer: John Horsley; Lector: Tom Pickering; Ushers: Alan Kiste & Michael Lucas; Greeter: Michelle Frazier; Flowers: Pamela Bleisch; Altar Guild: Stef Shuman; Prayer Team Member: Louisa Beeler; Coffee Hour Hosts: Judy Schloss & Maureen Titus; Tellers: Bryson McKelvey & Diana Hammerlund; Music Director: John Cribb

**Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP**– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**EARTHCARE** – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** – Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

**INTERCESSORY PRAYER CIRCLE**  
Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**MEN'S BREAKFAST** – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

**MESSY CHURCH** - Sunday morning worship geared towards young children and busy families. Featuring crafts, stories, songs, and prayer. Twice monthly in the Great Room

**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION**  
5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Esta Kandarian, Barbara Schippers,  
Lorienne Schwenk

## For Such a Time As This: Veteran Programs

The Episcopal Church and the Evangelical Lutheran Church in America continue our united call to Pray, Fast, and Act in support of good policies and programs that provide opportunities for and respect the dignity of all people.

This month we focus on programs that assist veterans and their family members. New investments and policies in recent years have helped expand veteran access to education, labor opportunities, healthcare, and housing. Still, too many veterans, active service members and their families still struggle with complex challenges—ranging from barriers to benefits to increased mental health risks. We must continue to support those of us who risk everything for the safety and wellbeing of our communities.

Studies from the Department of Veterans Affairs have found that 22 veterans take their lives each day – a rate 21 percent higher when compared to other civilian adults. Some factors, such as the on-going opioid epidemic, have also disproportionately impacted veterans, increasing demand for services among those seeking recovery and contribute to the many challenges impacting families. There is a great need to do more for veterans in our communities. Through chaplains, dioceses, and congregations across the country the Church plays a special role in welcoming returning veterans. Let us take action by asking Congress to protect programs that address the needs and equip veterans as they return from service.

**On May 21, join the EPPN and presiding bishops of The Episcopal Church and ELCA as we Pray, Fast, and Act in support of Veterans Programs.**

**PRAY** for those who have answered a vocation of military service and for their families; for the many military chaplains across the world who bear the witness of Christ in word and sacrament; for those who have lost their lives in service of our country and who are moved to harm themselves.

For Memorial Day

*We give you thanks, O Lord, for all who have died that we may live, for all who endured pain that we might know joy, for all who made sacrifices that we might have plenty, for all who suffered imprisonment that we might know freedom. Turn our deep feeling now into determination, and our determination into deed, that as men and women died for peace, we may live for peace for the sake of the Prince of Peace, even Jesus Christ our Lord. Amen.*

– based upon a prayer by Leslie D. Weatherhead –

For Those Who Serve

*Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces [and federal ministries] at home and abroad. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen.*

– adapted from the Book of Common Prayer –

**FAST** in remembrance of the sacrifices men and women in the armed forces make for our common good, and for their families who cope with daily challenges in the absence of their loved ones.

**ACT** by urging our lawmakers to pursue innovative solutions and further address the challenges facing veterans. Prepare to act on May 21 by reading our one-pager on assisting veterans: <http://bit.ly/fsatmay>

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**Keeping in Touch during the Week.** For counsel & spiritual care, please contact any of the clergy:  
The Rev. Dr. Caroline Hall, 704-5826; The Rev. Barry Turner, 784-0670; or The Rev. Faye Hogan, 541-4595.  
Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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