

Benediction Weekly

March 18, 2018

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



Spring Spruce-Up Workday this Saturday

All hands are needed to clean, polish, decorate, and prepare the church for Holy Week! Please plan to join us! Come for an hour or as long as you can. From 9am till done. *Thank you!!*



Coming up at St. Benedict's (at the church unless otherwise specified)

TODAY

8:00 am – Contemplative Communion Service
9:20 am – Bible Study
10:30 am – Holy Eucharist, with music

Tuesday, March 20

5:30 pm – Vespers, followed by supper

Wednesday, March 21

10:00 am – Intercessory Prayer Meeting
7:30 pm – Choir Rehearsal at Trinity UMC

Saturday, March 24

9:00 am – Spring cleaning "Spruce Up" workday

Sunday, March 25

8:00 am – Contemplative Communion Service
9:20 am – Bible Study
10:30 am – Holy Eucharist, with Palm Procession

Service Opportunities



St. Benedict's will next be sponsoring **Laundry Love** on Wednesday, March 28th at the Osos Clean Laundry at the Valley Liquor complex from 5-9pm. If you'd like to get involved, please contact Barbara Hirahara at (805) 602-7777 or barbara.hirahara@gmail.com



Our next turn serving lunch at **People's Kitchen** will be on Saturday, April 7th. Sign-up sheets for servers and/or to provide food are available in the Great Room.



Prado Donations for March
Our emphasis for donations this month is hot instant cereal, hot chocolate mix, bowls and cutlery, non-perishable beverages like soy and almond milk. Rain ponchos (in good condition) and new socks are also welcomed.



Holy Week and Easter Schedule

Mar 25: Palm Sunday	Contemplative Communion (8am); Palm Sunday Eucharist (10:30 am)
Mar 27: Tuesday	Vespers followed by potluck (5:30pm)
Mar 29: Maundy Thursday	Stations of the Cross (6:00pm); Eucharist with Foot Washing (7pm)
Mar 30: Good Friday	Good Friday Liturgy with Veneration of the Cross (12pm); Stations of the Cross (2:15); and Tenebrae with combined choirs at Trinity United Methodist Church (7:30pm)
Mar 31: Holy Saturday	Easter Vigil (7:45 pm)
Apr 1: Easter Sunday	Contemplative Communion (8am); Holy Eucharist (10:30am)



Please sign-up to volunteer for **Holy Week services** on the poster board in the sanctuary. There you may also find contribution envelopes for **Easter Lily Dedications**.

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Alan Kiste; Lector: Tom Pickering; Ushers: Connie Weldon & Michael Lucas; Greeter: Michelle Frazier; Coffee Hour Hosts: Diana Hammerlund, Suzan Vaughn, and Pat Henry; Altar Guild: Pat Stoneman; Tellers: Alice Welchert & Francis Rivinus; Prayer Team Member: Celeste Pennington; Music Director: John Cribb



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

DREAMS & SPIRITUALITY GROUP
First and third Thursdays, 7-8:30 pm.

EARTHCARE – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE – Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

INTERCESSORY PRAYER CIRCLE – Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Sea Pines Grill.

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on the 2nd Saturday of each month at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION
5:30 pm Tuesdays. Vespers service using varying liturgies, followed by potluck supper.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, Rector
Pamela Bleisch Strawn, Sr. Warden,
Lisa Gonzalez, Diana Hammerlund,
Esta Kandarian, Alan Kiste,
Michael Lucas, Francis Rivinus,
Barbara Schippers,
Lorienne Schwenk, Lynn Wise

A Reflection for 5 Lent

“purge me from my sin”

Jeremiah 31: 31-34 Psalm 51: 1-12 Hebrews 5: 5-10 John 12: 20-33

Today we hear of the promise of a new covenant written not on stone but in our hearts. We hear Jesus speaking of being lifted up from the earth, and then buried in it that he might become in truth the first fruit of a redeemed humanity.

While these texts invite us to look ahead to Holy Week and Easter, the Psalm of the day actually calls us back to the very beginning of our Lenten journey. “Create in me a clear heart O God,” cries the Psalmist. “Renew a right spirit within me”. (verse 11) At the heart of his prayer is this petition, “purge me from my sin, and I shall be pure, wash me and I shall be clean indeed.” (verse 8)

Lent is a time for purging all that mars our common humanity and our common home, the earth itself.

One of the worst crimes against humanity is the trafficking of women, men and children for labours in which their dignity and human rights are violated. The 1948 Universal Declaration of Human Rights declares, “No one shall be held in slavery or servitude.” Seventy years later to the shame of the world there are more than 40 million people who are victims of the sex trade, abusive domestic servitude, organized crime and exploitative forms of labour as migrant workers.

Lent is a time to forge partnerships with other Churches, people of other faith traditions and governments, local and national in purging our world of this crime, “to spot it and to stop it”.

*Archbishop Fred Hiltz
Anglican Church of Canada*

Prayer:

Give us faith to face the forces who line their pockets from this plague,
send us as salvation’s sponsors willing servants to love.

God of freedom, who leads us into life,
deliver us from every evil and make us deliverers of others. Amen

(Excerpt from The Freedom Prayer for Ending Human Trafficking)

From a series of Lenten Reflections prepared by Episcopal Church Presiding Bishop Michael Curry and leaders of the Anglican Church of Canada, the Evangelical Lutheran Church in Canada, and the Evangelical Lutheran Church in America.

Emma’s Revolution

Benefit Concert for People of Faith for Justice (PFJ)
Sunday, April 15th 7:30pm at United Methodist Church, SLO

Emma's Revolution is the award-winning “activist power duo” of Pat Humphries & Sandy O, whose songs have been sung for the Dalai Lama, praised by Pete Seeger, and covered by Holly Near. With beautiful harmonies and genre-defying eclecticism, Emma’s Revolution delivers the energy and strength of their convictions, in an uprising of truth and hope for these tumultuous times.

Tickets are \$25 at the door, or a mere \$20 in advance. You can also make a donation if rather than listen to great music you’d like to have a free evening. Caro+ has tickets for sale.

Keeping in Touch during the Week. For counsel & spiritual care, please contact any of the clergy:
The Rev. Dr. Caroline Hall, 704-5826; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670;
or The Rev. Faye Hogan, 541-4595. Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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