

# Benediction Weekly

## October 8, 2017

*St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.*



St. Benedict's offers two ***Blessing of the Animals*** opportunities today – 1pm at South Bay Community Center, and 2pm at Los Osos Middle School.

Bring your pets and invite your neighbors with their pets. Everyone is welcome, but we ask that dogs be leashed and other pets be suitably restrained. If your pet is not the sociable type, bring its photo for a blessing.

### This week at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

- 8:00 am – Contemplative Communion Svc
- 9:20 am – Bible Study
- 10:30 am – Holy Eucharist w/ music
- 1:00 pm – Blessing of Animals at SBCC
- 2:00 pm – Blessing of Animals at LOMS
- 3:00 pm – Shire Enchilada Cook-off, St. Stephen's
- 4:00 pm – Renaissance Lute Songs Concert

#### Tuesday, Oct 10

- 5:30 pm – Vespers, followed by potluck

#### Wednesday, Oct 11

- 7:00 pm – Choir Practice

#### Thursday, Oct 12

- 10:00 am – Jesus: The Human Face of God

#### Saturday, Oct 14

- 9:00 am – Men's Breakfast at Celia's Garden Café
- 5:30 pm - Saturday Evening Eucharist

#### Sunday, Oct 15

- 8:00 am – Contemplative Communion Svc
- 9:20 am – Bible Study
- 10:30 am – Holy Eucharist w/ music
- 12:30 pm – Parish Council Meeting



### Enchilada Cook-off at the Shire Today from 2-4pm

Come and sample a lot of different enchiladas in tasting-sized portions from local vendors, and vote for your favorite. Also SALSA contest. (No, not the dance!) Funds raised will go to support the Campus Ministry provided by Canterbury Shire, a ministry of The Episcopal Church on the Central Coast, an interfaith spiritual center for young adults.

*Tickets \$25. St. Stephen's Episcopal Church,  
1344 Nipomo St., San Luis Obispo*

### Lute Song Recital today at 4pm

Renaissance-era lute songs, solos and duets, featuring soprano Katherine Arthur and lute players James Bishop Edwards and Sam Shaloub. Arthur and Edwards will perform songs by Thomas Campion. Edwards will also play lute solos and lute duets with Shaloub. Suggested donation \$15 at the door, students \$5.

### **JESUS: The Human Face of God (Hollister Institute)**

*Continues Thursday morning, October 12, 10 – 11:45 am*

READ Chapter 2 and Chapter 3 for our discussion this week:

Chapter 2: <http://faithmatters.us/chapter-2-in-the-beginning/>

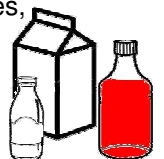
Chapter 3: <http://faithmatters.us/chapter-3-his-ministry-begins/>

If you can't attend these discussions, consider reading JESUS

on your own: <http://faithmatters.us/category/jesus/>

### *Oktoberfest* at Prado

This month we are asking for donations of healthy drinks in our Prado Boxes, such as fruit juice, vegetable juice, or boxes of almond, rice, coconut, or soy milk that don't require refrigeration.



### **Serving God and the People of St. Benedict's this Week:**

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Ministers: Diana Hammerlund & Stef Shuman;

Lectors: Brian Spolarich & Ann Lucas; Ushers: Alan Kiste & Esta Kandarian;

Greeter: Michelle Frazier; Altar Guild: Sarah Chesebro; Flowers: Brian Spolarich;

Coffee Hour Hosts: Alice Welchert & Connie Weldon; Tellers: Bryson McKelvey & Stef Shuman;

Intercessory Prayer Team: Judy Schloss; Music Director: John Cribb ***Thank you all for your service!***



**On-Going  
Activities  
at St. Ben's**

**BIBLE STUDY** – Sundays at 9:20 am

**DREAMS & SPIRITUALITY GROUP**  
First and third Thursdays, 7-8:30 pm.

**EARTHCARE** – A discussion/action group to formulate local solutions to environmental concerns.  
Second Wednesdays at 2:30 pm.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.


**HOLLISTER INSTITUTE** – Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

**INTERCESSORY PRAYER CIRCLE**– Prayers for the community and the world. 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays, 10am.

**MEN'S BREAKFAST** – morning social gathering, 2<sup>nd</sup> Saturdays 9am at Celia's Garden Café.


**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1<sup>st</sup> Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SMOKEY FRANKLIN SHUMAN** can be found in BW, weekly. 

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers service using varying liturgies, followed by potluck supper.

**VESTRY / PARISH COUNCIL**  
3<sup>rd</sup> Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, Rector  
Anne Kanter, Sr. Warden,  
Pamela Bleisch,  
Lisa Gonzalez,  
Esta Kandarian,  
Barbara Schippers,  
Francis Rivinus,  
Kathie West

 Memorial service for Carol Baker will be held 1pm Saturday, October 21

## Matthew Fox and the Stations of the Cosmic Christ An Invitation to a New Contemplative Practice



Many people are familiar with the devotional practice of praying the “Stations of the Cross.” Spiritual theologian Matthew Fox challenges believers and non-believers alike to develop a new practice based on very ancient teachings and the new cosmology: The Stations of the Cosmic Christ.

Matthew Fox and Bishop Marc Andrus of Grace Cathedral in San Francisco have collaborated to create the Stations of the Cosmic Christ: an updated approach to the traditional Stations of the Cross, replacing the fall-redemption perspective with a cosmology that transcends doctrinal differences.

You're invited to experience a mini-meditation pilgrimage that moves the heart and awakens us to the Blessed Being who resides in us all whether that eternal spark be called the “Cosmic Christ” or the “Buddha Nature” or the “Image of God.” This contemplative practice of walking the stations utilizes 16 clay sculptures by artists M. C. Richards and Javier Lemus depicting the seven “*I am's*” and the nine events in the life of Jesus that are cosmic based, such as the Nativity, Baptism, Transfiguration, Pentecost and more. These sculptures first appeared at St. John the Divine Cathedral in NYC and later in San Francisco's Grace Cathedral. St. Benedict's is honored to be able to host this installation.

There will be an introductory presentation on ***Friday, October 20 at 7pm***, which will include refreshments and music. Everyone is welcome.

Explore the Stations in greater depth by coming to a Retreat morning on ***October 28, November 18 or January 13*** 9:30-12:30am, hosted by the Rev. Caroline Hall.

The church will be open for public viewing on Tuesdays, Wednesdays and Thursdays from 10am to 12:00am; and some Saturdays from 10 am – 2 pm or some Sundays from noon – 2 pm (*Please see our website for specific dates.*) Other times by appointment.

There will be a Book Study of ***The Coming of the Cosmic Christ*** by Matthew Fox; Thursdays 10 – 11:30 am, Nov. 9, 16, 30, Dec. 7 (*Call church to purchase book.*)

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### Matthew Fox Coming to St. Benedict's in December

Matthew Fox, an internationally acclaimed spiritual theologian, Episcopal priest, and activist, will give a lecture here at St. Benedict's the evening of **Friday Dec 1** (\$25) and a morning workshop on **Saturday Dec 2** (\$40).

Space is limited so we recommend that you reserve your seat well in advance. Please see our website <http://www.stbenslososos.org/cosmic/>

He will also be a guest preacher for the 10:30 service at St. Benedict's on **Sunday Dec 3.**

**Keeping in Touch during the Week.** For counsel & spiritual care, please contact any of the clergy: The Rev. Dr. Caroline Hall, 704-5826; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670; or The Rev. Faye Hogan, 541-4595.  
Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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