# Benediction Weekly August 27, 2017

St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.



# **Meatless Potluck Next Sunday**

Throughout September we will celebrate the Season of Creation, a special time to honor Mother Earth in teachings, worship and actions. All are invited to care for Her by bringing vegetarian or vegan dishes to the potluck on September 3rd.

This week at St. Benedict's

(at the church unless otherwise specified)

#### **TODAY**

8:00 am – Contemplative Communion Service 9:20 am – Bible Study 10:30 am – Holy Eucharist w/ music

#### Tuesday, August 29

2:00 pm – Healing Ministry Meeting 5:30 pm – Vespers, followed by potluck

#### Wednesday, August 30

7:00 pm - Choir Practice

#### Sunday, September 3 -- FOREST SUNDAY

No 8am Service 9:20 am – Bible Study 10:30 am – Holy Eucharist w/ music 12:00 pm – Meatless Potluck



## **Plant-based Diets**

Plant-based diets show compassion for Creation in many ways. According to the UN, the livestock sector alone is responsible for 18% of the world's total greenhouse gas emissions and takes up huge swaths of land for production and waste storage. The "water footprint" for meat and poultry production is enormous. Exploited workers in factory farms

endure hazardous, inhumane conditions for poor wages and billions of animals suffer. Hog farms are often located close to the homes of people of color subjecting them to intolerable stench and respiratory illnesses. Use of antibiotics on factory-raised farm animals has given rise to antibiotic-resistant bacterial infections. The good news? There are many delicious vegetarian and vegan recipes and products. They already regularly appear when we enjoy our communal meals.

### Los Osos Community Dinner September 4

It's St. Benedict's turn to host the Los Osos Cares Community Dinner at Trinity United Methodist Church at 5pm on Monday, September 4th. If you can help to provide food or to help serve on the night, please sign up in the Great Room or talk to Alice Welchert for more details.

#### Dear SLO Deanery,

Greetings from your Canterbury Shire Ministry! As we get ready to embark on the new school year and welcome new and returning students this month, the big news we need to share with you has to do with our annual fundraiser in October. Our fearless leaders on the Canterbury Board have decided that instead of a chili cook-off, the fundraiser this year will be an Enchilada Festival, where vendors from around the County will compete for Best Enchilada. Our plan is to sell 200 tasting tickets in addition to the Silent Auction & Raffle parts of the fundraiser. The date is still Sunday, Oct. 8th, and the location will be St. Stephen's, SLO. Other than that, please stay tuned for details as they emerge, keep us in your prayers as we plan for this exciting new event, and please let your parish's Board representative know if you have items to donate to the Silent Auction, or contact Chaplain Berkeley directly!



Thanks, Peace, and that's the Whole Enchilada!

Berkeley Johnson (805) 550-5133 The Shire at Canterbury canterburyslo@gmail.com

#### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Bryson McKelvey; Chalice Bearer: Janelle LaFond; Lectors: Joan Hayes & Ann Lucas; Ushers: Michael Lucas & Rob Ross; Greeter: Alan Kiste; Altar Guild: Diana Hammerlund; Flowers: Pamela Bleisch;

Coffee Hour Hosts: Suzan Vaughan, Pat Henry & Anne Kanter; Tellers: Judy Schloss & Francis Rivinus; Intercessory Prayer Team: Louise Beeler; Music Director: John Cribb **Thank you all for your service!** 

### Highlights of the Parish Council Meeting -- August 22, 2017



BIBLE STUDY - Come join us for Bible Study at 9:20 a.m. every Sunday except first Sundays.

DREAMS & SPIRITUALITY GROUP First and third Thursdays, 7-8:30 pm.

EARTHCARE - A discussion/action group to formulate local solutions to environmental concerns. Second Wednesdays at 2:30 pm.

HEALING SERVICE - a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE -

Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

INTERCESSORY PRAYER CIRCLE-Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LITLOVERS' BOOK CLUB -Discussion and fellowship in members' homes. 4th Saturdays 1pm (Suspended till September)

MEN'S BREAKFAST - morning social gathering, 2<sup>nd</sup> Saturdays 9am at Celia's Garden Café.

PEOPLE'S KITCHEN - Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers service using varying liturgies, followed by potluck supper.

VESTRY / PARISH COUNCIL 3<sup>rd</sup> Thursdays at 6:30pm The Rev. Dr. Caroline Hall, Rector Anne Kanter, Sr. Warden Pamela Bleisch Lisa Gonzalez Esta Kandarian Barbara Schippers Francis Rivinus Kathie West

- Jazz Concert; was a great success even though it was eclipsed by the eclipse and so attendance was lower than usual. We probably met our \$\$ goal but all expenses are not yet in. Thanks to Pamela and Tim Strawn for once again carrying this off with grace and aplomb, and thanks to everyone who helped, especially the cooks and kitchen crew.
  - Sprinkler system: We probably have enough in hand in cash and pledges to do it, though it will reduce our building funds to almost zero. We will rebuild these funds from income going forward. The mind of the Vestry is to go ahead with this project and get it behind us but we will wait for a final vote until all the bids are in. The big costs we are waiting to get firm are PG&E for 3 phase power, and the cost of new electrical panels, and electrical hook up. Right now we're guessing \$147,000.
  - Stations of the Cross: We have found a sculptor we hope to commission to make us a beautiful and unique set of Stations of the Cross and are soliciting donations.
  - Stations of the Cosmic Christ: will be arriving about October 10 and will be here until January
  - Jubilee Party: is on October 6 with great food and music. If there are people from the past we should invite please let Esta know.
  - St Benedict's Day: Caro+ will ask Bishop Mary for permission to celebrate this on March 21 in future so that we can have more attendance - especially musicians.
  - St Ben's Benefactors: the thank you for those who have remembered St Benedict's in their wills or estate planning will probably be in September.

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							3 - FOREST SUNDAY: Meatless Potluck + Prado 12p			
3	4	5	6	7	8	9	4 – Los Osos Cares Community Dinner at TUMS, 5p 6 – Intercessory Prayer Circle, 10a			
							7 – Drop-In Dream Group, 7p			
10	11	12	13	14	15		9 – Men's Breakfast at Celia's Garden Café, 9a			
17	18	19	20	21	22	23	9 - All Strauss Concert, 230p			
							9 – Saturday Evening Eucharist, 530p			
24	25	26	27	20	20	20	<b>10 -</b> Land Sunday			
24	25	26	27	28	29	30	13 – EarthCare Meeting, 230p			
							16 – Coastal Cleanup Day			
Sundays:							16 – SLO Deanery Budget Mtg, at St James PR, 2p			
Contemplative Communion 8a (except 1st Sun)						Sun)	16 – G. Roger Bailey Guitar Concert, 2p			
Bible study 920a							17 - WILDERNESS SUNDAY: Parish Council Mtg, 1230p			
Holy Eucharist with Music 1030a							20 – Intercessory Prayer Circle, 10a			
Weekly Events:							21 – Drop-In Dream Group, 7p			
Tuesdays: Vespers 530p, Potluck 615p							72 – Lit Lavans' Baak Club In			
Wednesdays: Choir Rehearsal 7p							<b>24 -</b> RIVER SUNDAY Rector's Vacation			
Thursdays: Hollister Inst – Mystics 7p							Sept 18 – Oct 2			
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# Ralph's & Food4Less Community Rewards Expire September 1st



St. Ben's receives a small percentage of every dollar spent at Ralphs & Food4Less if you enroll your rewards card in their Community Contribution Program. All those who are currently enrolled in the program are required to re-register, on or after September 1st.



For your convenience, step-by-step website registration instructions can be found at www.ralphs.com and www.food4less.com. Click on Community, click on Community Contributions, click on 'Enroll Now'. If you don't have computer access, please call 1-800-443-4438 for assistance. St. Benedict's NPO number for both sites is 83646.

Keeping in Touch during the Week. For counsel & spiritual care, please contact any of the clergy: The Rev. Dr. Caroline Hall, 704-5826; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670; or The Rev. Faye Hogan, 541-4595. Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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