

Benediction Weekly

April 30, 2017

St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.



Potluck Lunch Next Sunday!

--- and don't forget to bring contributions
of non-perishable food items for Prado Day Center.

This week at St. Benedict's:

(at the church unless otherwise specified)

TODAY

8:00 am – Contemplative Communion Service

9:20 am – Bible Study

10:30 am – Holy Eucharist w/ healing service

Monday, May 1

5:00 pm – Community Dinner at TUMC

Tuesday, May 2

5:30 pm – Vespers, followed by potluck supper

Wednesday, May 3

10:00 am – Intercessory Prayer Circle

7:00 pm – Choir Practice

Thursday, May 4

10:00 am – Film: *A Dream from Standing Rock*

4:00 pm – Dog Walkers meet at Baywood Pier

7:00 pm – Film: *A Dream from Standing Rock*

7:00 pm – Drop-in Dream Group

Sunday, May 7

NO 8:00 am Service

9:20 am – Bible Study

10:30 am – Holy Eucharist, followed by potluck

Steven Ministry Training Program

Today Judy Gilbert, a Stephen Minister and Stephen Leader at St. Barnabas Episcopal Church, will briefly share about starting a Stephen Ministry training program at St. Benedict's and other parishes in the deanery. Stephen Ministers are congregation members trained by Stephen Leaders to provide high-quality Christian care to people going through tough times. A Stephen Minister usually cares for one person at a time, meeting with that person once a week for about an hour. Stephen Ministers also meet twice a month with their Stephen Leaders for supervision and continuing education. Judy Gilbert will be available afterwards to answer your questions.

Community Dinners Start Tomorrow Night

The St. Benedict's Homeless Outreach Team is partnering with a number of organizations and churches to bring community dinners to Los Osos every other Monday at 5 p.m. starting May 1. The dinners, planned through the Los Osos subcommittee of the Los Osos Community Coalition, will be served at Trinity United Methodist Church for people in need of a meal and a place to learn about organizations offering services. St. Ben's is committed to providing dinner once every two months. For volunteers interested in helping with the first Los Osos community dinner, please contact Barbara Hirahara at barbara.hirahara@gmail.com to sign up.

Awake! A Dream from Standing Rock

Earthcare presents a brand new movie which focuses on the resistance of the Sioux tribe at Standing Rock. They captured world attention through their peaceful resistance against the oil pipeline. *Awake, A Dream from Standing Rock*, captures the story of Native-led defiance that may have forever changed how we fight for clean water, our environment and the future of our planet. Thursday May 4th Two showings! 10am and 7pm. 84 minutes. Bring your own popcorn.

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Bryson McKelvey; Chalice Bearer: Judy Schloss; Lectors: Margaret Fegan & Joan Hayes; Ushers: Esta Kandarian & Michael Lucas; Greeter: Brian Spolarich; Altar Guild: Judy Schloss; Flowers: Brian Spolarich; Coffee Hour Hosts: Pat Stoneman & Stef Shuman; Tellers: June Wright & Judith Cadigan; Music Director: John Cribb



**On-Going
Activities
at St. Ben's**

BIBLE STUDY - Come join us for Bible Study at 9:20 a.m. every Sunday except first Sundays.

DOG WALKERS - Congregants & canine companions' constitutional - 4pm Thursdays at Baywood Pier.

DREAMS & SPIRITUALITY GROUP - First and third Thursdays, 7-8:30 pm.

EARTHCARE - A discussion/action group to formulate local solutions to environmental concerns. Second Wednesdays at 2:30 pm.

HEALING SERVICE - a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE - Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

INTERCESSORY PRAYER CIRCLE - Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

LITLOVERS' BOOK CLUB - Discussion and fellowship. 4th Saturdays 1pm in members' homes.

LUNCH BUNCH - lunchtime social gathering following church, 2nd Sundays at Celia's Garden Café.

MEN'S BREAKFAST - morning social gathering, 2nd Saturdays 9am at Celia's Garden Café.

PEOPLE'S KITCHEN - Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers service using varying liturgies, followed by potluck supper.

VESTRY / PARISH COUNCIL
3rd Thursdays at 6:30pm
The Rev. Dr. Caroline Hall, *Rector*
Anne Kanter, *Sr. Warden*
Rod Morse, *Jr. Warden*
Pamela Bleisch, Lisa Gonzalez,
Esta Kandarian, Barbara Schippers,
Ken Kenyon, and Kathie West.

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Weekly Events:

Tuesdays: Vespers 530p, Potluck 615p

Wednesdays: Choir Rehearsal 7p

Sundays:

Contemplative Communion 8a (except 1st Sun)

Bible study 920a

Holy Eucharist with Music 1030a

MAY HIGHLIGHTS AT ST. BENEDICT'S

- 1 - Community Dinner, 5pm at TUMC
- 3 - Intercessory Prayer Circle, 10a
- 4 - Film: A Dream from Standing Rock, 10a and 7p
- 4 - Drop In Dream Group, 7p
- 7 - Potluck Lunch and Prado Donations
- 10 - EarthCare Meeting, 230p
- 11 - Centering Prayer, 10a
- 12 - Healing Ministry Meeting, 330p
- 13 - Men's Breakfast @ Celia's Garden Café, 9a
- 13 - Saturday Evening Eucharist, 530p
- 13 - Discernment Day, Salinas
- 17 - Intercessory Prayer Circle, 10a
- 18 - Centering Prayer, 10a
- 18 - Drop In Dream Group, 7p
- 20 - Diocesan Conference, St Paul's, Salinas, 930a-3p
- 21 - Parish Council Meeting, 1230p
- 25 - Centering Prayer, 10a
- 27 - Lit Lovers' Book Club, 1p



Rector's Discretionary Fund: Today, as on the last Sunday of every month, the loose plate offering is designated to this fund to help those in need. Donations may also be made by writing a check to St Benedict's with "RDF" indicated on the memo.



Book Club Selection for May: "Hidden Figures" by Margot Lee Shetterly



The Dog Walkers group has moved to 4pm Thursdays, meeting at the Baywood Pier.



The code on the key box has been changed. If you need to know what it is, please contact Danna in the office (Tues -Thurs 9:30 - 12:30) or one of the wardens. Once you know the code, please do not pass it on but refer friends to Danna, Rod or Anne. We need to keep track of who has access to the church. Thank you.

Silent Buddhist-Christian Retreat in July

Registration is now open for the annual Five-Day Silent Buddhist-Christian Retreat, a popular event for members of El Camino Real. Offered by the Pacific Center for Spiritual Formation, it will be held at St. Francis Retreat Center in San Juan Bautista from the afternoon of Sunday, July 23 through lunchtime on Friday July 28. Both Christian-Sourced and Buddhist practices are offered. The retreat provides an opportunity to integrate the practices from each tradition, perhaps recognizing the common path that Thomas Merton experienced when he explored Eastern meditation. Don't hesitate to request a scholarship if cost is a barrier. More information and registration forms are at: <http://www.pacificcentersf.org/retreats-and-events#buddhist-and-christian-meditation>

Keeping in Touch during the Week. For counsel & spiritual care, please contact any of the clergy: The Rev. Dr. Caroline Hall, 704-5826; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670; or The Rev. Faye Hogan, 541-4595.

Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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