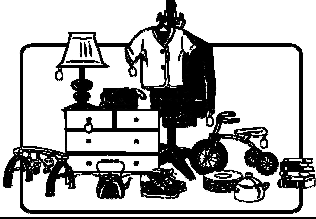


Benediction Weekly

July 31, 2016

St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.



Visit the Abundance Shop at its new location: 2025 9th St. Shop, donate, or volunteer!

CALENDAR – This week at St. Benedict's: (at the church unless otherwise specified)

TODAY

8:00 am – Contemplative Communion Service
9:20 am – Bible Study
10:30 am – Holy Eucharist with music

Tuesday, Aug 2

5:30 pm – Vespers, followed by potluck at 6:15

Wednesday, Aug 3

7:00 pm – Choir Rehearsal

Thursday, Aug 4

7:00 pm – Drop-in Dream Group
7:00 pm – Embracing an Adult Faith class concludes

Sunday, Aug 7

NO 8 am Service or Bible Study
10:30 am – Holy Eucharist w/music, followed by potluck:
A-G Salad & bread; **H-R** Main dish; **S-Z** Dessert
3:00 pm – Faith Watkins Celebration of Life

Journey of the Universe: An Epic Story of Cosmic, Earth, and Human Transformation

Film showing Sunday, August 28th at 7pm

Created and written by Mary Evelyn Tucker and evolutionary philosopher Brian Thomas Swimme, this one hour documentary explores the origins of the cosmos, the emergence of life, and the rise of humans. The film weaves together the findings of modern science with enduring wisdom found in the cultural traditions of the West, China, Africa, India, and indigenous peoples to explore cosmic evolution as a wondrous process based on creativity, connection, and interdependence. This telling of a new “universe story” does not displace religious understandings of creation. Indeed these can be illumined by modern cosmology. Over the past two millennia Christians have lived with several shifts in the predominate cosmology. In what ways might the present shift in a cosmological world view impact us today? Co-sponsored by St Ben's and Trinity United Methodist Church.

Sunday Sessions - Where Spirit Meets Sound 4pm Sundays - September 11 to November 20

Young local musicians are being invited to participate with us in a series of Sunday concerts which will also provide an opportunity for spiritual connection and reflection. Each session will include two sets of music of about 20 minutes each, with time in between for a reading, a reflection and prayer, followed by an informal jam session from about 5pm to 6pm. This series is co-sponsored by the Canterbury Shire. For more information please talk to Alek Speck, Holly Rohner, Rachel Espinosa or John Cribb.



***We are hoping to have** a few St. Benedict's parishioners serve as a Welcoming Team to greet the Sunday Sessions participants. Two team members would attend the sessions per week to welcome our guests and be the St Ben's interface with this community. If you are interested in serving in this way, please speak with Caro+.*

Giving in June - St. Ben's General Operating Fund - Thank you!!

June Income: \$ 10,026	Monthly Income Budgeted: \$ 11,961	Difference: (\$ 1,935) shortfall
YTD Income: \$ 68,037	YTD Income Budgeted: \$ 71,765	Difference: (\$ 3,728) shortfall

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Preacher: The Rev. Barry Turner; Eucharistic Minister: Brian Spolarich;
Chalice Bearer: Diana Hammerlund; Lectors: Bryson McKelvey & John Horsley ;
Ushers: Alan Kiste & Connie Weldon; Greeter: Margaret Fegan; Altar Guild: Pat Stoneman;
Flowers: Alice Welchert; Coffee Hour Hosts: Gigi Rivinus & Joan Ghilotti; Tellers: Stef Shuman & Judy Schloss;
Music Director: John Cribb. **Thank you for your service!**



On-Going Activities at St. Ben's

BIBLE STUDY - Come join us for Bible Study at 9:20 a.m. every Sunday except first Sundays.

DREAMS & SPIRITUALITY GROUP - First and third Thursdays, 7-8:30 pm.

EARTHCARE - A discussion/action group to formulate local solutions to environmental concerns. Second Wednesdays at 2:30 pm.

HEALING SERVICE - a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE - Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

INTERCESSORY PRAYER CIRCLE - Prayers for the community and the world. 2nd & 4th Wednesdays, 10am.

LITLOVERS' BOOK CLUB - Discussion and fellowship. 4th Saturdays 1pm in members' homes.

LUNCH BUNCH - lunchtime social gathering following church, 2nd Sundays at Celia's Garden Café.

MEET ME IN MORRO - lunchtime social gathering, 3rd Tuesdays at varying restaurants in Morro Bay.

MEN'S BREAKFAST - morning social gathering, 2nd Saturdays 9am at Sea Pines Golf Resort Grill.

PEOPLE'S KITCHEN - Providing and serving food at Prado Day Center, 1st Saturday of odd-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers service using varying liturgies, followed by potluck supper.

VESTRY / PARISH COUNCIL

3rd Thursdays at 6:30pm
Maria Kelly, Sr. Warden
Anne Kanter, Jr. Warden
John Cribb, Francis Rivinus,
Lisa Gonzalez, Barbara Schippers,
Kathie West, Esta Kandarian
Rod Morse and Ken Kenyon.

NEW HOLLISTER INSTITUTE BOOK DISCUSSION: "Care for Creation" by Franciscan theologian Ha Delio. Five Tuesday evenings from 7:15-8:30pm, Sep 6 to Oct 4.

REV. CARO+ WILL BE ON FURLOUGH from August 8 to September 2. As usual, our Sunday morning worship will be ably led by our clergy team; the wardens Anne Kanter and Maria Kelly will be on hand to deal with the business of the church; and Celeste Pennington and Esta Kandarian will coordinate pastoral care. Danna is also in the office Tuesday through Thursday 9:30 to 12:30 and ready to help you with questions about scheduling and administration.

ST. BENEDICT'S 17th ANNUAL JAZZ CONCERT: August 21 at 3 p.m. Darrell Voss & the Real Time Jazz All-Stars with Bob Bennett, Dave Becker, Marshal Otwell and Dylan Johnson. An exciting mix of Jazz, featuring a tribute to Vibraphone Masters, in the styles of Lionel Hampton, Milt Jackson, and Cal Tjader. Tickets \$25 available at Boo Boo Records, The Abundance Shop, online at www.stbenslososos.org or at the door. Complimentary snacks & beverages. Wine and beer available for sale. Info 805-602-1240.

THE BLESSINGS OF ST. BENEDICT - Parish Retreat November 18 - 20

Mount Calvary Retreat House, Santa Barbara

Focusing on some of the gifts of the Benedictine path, this retreat will be an opportunity to take time for deeper spiritual reflection and connection. Retreat sessions will be led by Donna Ross+ and participants will be encouraged to participate in the prayer life of the brothers at Mt. Calvary. Accommodation is in shared rooms with simple meals included in the cost which is \$260. The weekend starts on Friday with supper at 6pm and concludes after lunch on Sunday. There are still some spaces available so please secure yours by contacting Danna (office@stbenslososos.org) and paying your \$50 deposit.

AUGUST 2016							Highlights
S	M	T	W	T	F	S	
	1	2	3	4	5	6	4 - Embracing Adult Faith, 7p
7	8	9	10	11	12	13	4 - Drop-in Dream Group, 7p
14	15	16	17	18	19	20	7 - "Potluck and Prado" following 1030 service
21	22	23	24	25	26	27	7 - Faith Watkins' Celebration of Life, 3p
28	29	30	31				10 - Intercessory Prayer Circle, 10a
Weekly Events: Tuesdays: Vespers 530p, Potluck 615p Wednesdays: Choir Rehearsal 7p Sundays: Contemplative Communion 8a (except 1st Sun) Bible study 920a (except 1st Sunday) Holy Eucharist with Music 1030a							10 - Earthcare Meeting, 230p
							13 - Men's Breakfast at Sea Pines Grill, 9a
							13 - Saturday Evening Eucharist, 530p
							14 - Lunch Bunch at Celia's Garden Café, 1230p
							18 - Drop-in Dream Group, 7p
							21 - JAZZ Concert, 3p
							24 - Intercessory Prayer Circle, 10a
							28 - Documentary: Journey of the Universe, 7p

Keeping in Touch during the Week. For counsel & spiritual care, please contact any of the clergy: The Rev. Dr. Caroline Hall, 704-5826; The Rev. Mary Elizabeth Pratt-Horsley, 528-7497; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670; or The Rev. Faye Hogan, 541-4595. Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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