

Benediction Weekly

February 21, 2016

St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.



Timber Hawkeye Coming to St Benedict's March 4

A meet-and-greet with "Buddhist Bootcamp" author Timber Hawkeye will be held at St. Benedict's on Friday, March 4th. Timber offers a non-sectarian approach at being at peace with the world, both within and around us. For details, please go to www.buddhistbootcamp.com. Doors open at 7pm for this free community event sponsored by Volumes of Pleasure bookstore in Los Osos.

CALENDAR – This week at St. Benedict's: (at the church unless otherwise specified)

TODAY

8:00 am – Contemplative Communion Service
10:30 am – Holy Eucharist with music
2:00 pm – Deanery Meeting & Stewardship workshop at St. Peter's MB

Tuesday, Feb 23

5:30 pm – Vespers, followed by potluck at 6:15

Wednesday, Feb 24 -

10:00 am – Intercessory Prayer Circle
7:00 pm – Choir Rehearsal

Thursday, Feb 25

10:00 am – Hollister Institute: "*Things Hidden*"

Saturday, Feb 27

1:00 pm – LitLovers' Book Club at Horsleys'

Sunday, Feb 28

8:00 am – Contemplative Communion Service
10:30 am – Holy Eucharist with music

Construction Project Has Started!

We entered into a Contract this week with Jeremy Salamacha of Los Osos for completion of 'the Long Room' and adjacent facilities. If his name seems familiar, his mother writes a column in the SLO Tribune. Early work has included a major lumber delivery, and initial rough carpentry, mostly hanging the new ceilings and getting the various new walls and doorways prepared. It is important NOT to let your curiosity get the best of you- please refrain from entering any of the areas with signs posted, as this is an active construction site with temporary scaffolding and loose materials, and a liability issue. For all construction related questions, please email or call Maria Kelly. Plan on construction activities M-F and maybe some Saturdays from 8AM to 5PM. For conflicting events, please make sure they are calendared and every effort will be made to accommodate our non-construction related needs.

SLO Deanery will meet today from 2-4 p.m. at St. Peter's, Morro Bay

This meeting will consist of a presentation by The Rev'd Canon Timothy M. Dombek, who serves as Canon to the Ordinary in the Diocese of Arizona. His areas of responsibility include transition ministry for congregations and clergy, congregational development, and stewardship education. Dombek has regularly presented "Stewardship University," a one-day workshop designed to change the way we look at typical congregational stewardship, across the Diocese of Arizona and in Episcopal dioceses church wide. Many congregations and organizations have used his services to jumpstart or clarify their future plans. Refreshments will be provided. All are welcome!

Giving in January - St. Ben's General Operating Fund - Thank you!!

Jan Income: \$ 15,475 Monthly Income Budgeted: \$ 11,961 Difference: \$ 3,514 surplus

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Preacher: The Rev. Barry Turner;
Eucharistic Minister: Stef Shuman; Lectors: Joan Hayes & Rob Ross;
Ushers: Steve Hirahara & Esta Kandarian; Greeter: Ken Kenyon; Altar Guild: Pat Stoneman;
Coffee Hour Hosts: Ann & Michael Lucas and Gigi Rivinus;
Tellers: Francis Rivinus & June Wright; Cantor: Brian Spolarich; Music: Ann Lucas



**On-Going
Activities
at St. Ben's**

DREAMS & SPIRITUALITY GROUP—
First and third Thursdays, 7-8:30 pm.

HEALING SERVICE – a time for
prayers for healing at the 10:30
service on 5th Sundays.

HOLLISTER INSTITUTE –
Opportunities for stimulating
discussion and thoughtful exploration
for everyone, whether or not they are
members of a church. See website.

INTERCESSORY PRAYER CIRCLE—
Prayers for the community and the
world. 2nd & 4th Wednesdays, 10am.

LITLOVERS' BOOK CLUB –
Discussion and fellowship. 4th
Saturdays 1pm in members' homes.

LUNCH BUNCH – lunchtime social
gathering following church, 2nd
Sundays at Celia's Garden Café.

MEET ME IN MORRO – lunchtime
social gathering, 3rd Tuesdays
at varying restaurants in Morro Bay.

MEN'S BREAKFAST – morning
social gathering, 2nd Saturdays 9am at
Sea Pines Golf Resort Grill.

PEOPLE'S KITCHEN – Providing and
serving food at Prado Day Center, 1st
Saturday of odd-numbered months.

POTLUCK AND PRADO on the 1st
Sunday of each month donations to
Prado Day Center are collected, and
potluck lunch follows 10:30 service.

RECTOR'S DISCRETIONARY FUND
On the last Sunday of each month, the
loose plate offering is designated to this
fund to help those in need.

VESPERS AND CONVERSATION
5:30 pm Tuesdays. Vespers service
using varying liturgies, followed by
potluck supper.

VESTRY / PARISH COUNCIL:
Maria Kelly, Sr. Warden
John Cribb, Francis Rivinus,
Lisa Gonzalez, Anne Kanter,
Elaine Goodman, Kathie West
Esta Kandarian, Jo Oliver,
and Barbara Schippers.

Second Sunday in Lent—Year C

Welcome to our parish. Today the liturgy gives us the account of the covenant between God and the first person of faith: Abraham. There are two parts to this covenant: God's promise and Abraham's faith. Abraham's faith becomes the model for us who have been brought into covenant with God in baptism.

The Gospel reading today tells of Jesus being warned that he is in danger of being killed. He responds by again foretelling his own death and resurrection, the three days in which he will complete his work. Jesus then laments his rejection by the leaders in Jerusalem because he wishes fervently that no one be lost and that he may gather everyone to himself.

The second reading today is concerned with contrasting those who do not live within the covenant and those who do. It reminds us that the self-denial and fasting of Lent are not ends in themselves and certainly are not meant to imply that pleasure is wrong. They lead us on toward the discovery that true joy and pleasure always come from God and always point us to the resurrection of our earthly life and desires, which is God's ultimate aim for us.

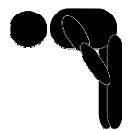
As we draw nearer to Easter and the renewal of our baptismal commitment, and as we pray for those who will be baptized then, the liturgy of Lent takes us ever deeper into the mystery of our redemption. Faith and repentance are our response to the redemption that began to be worked out in Abraham's day, was fulfilled in Jesus' dying and rising, and is renewed in us in baptism and Eucharist.

From *The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year*.
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Body Prayer, part 2: Bowing

We bow to each other or to God in order to show our reverence. Common times to bow are:

- Whenever Jesus Christ is mentioned (because "at the Name of Jesus every knee shall bow")
- When we cross in front of the altar
- When the *Gloria Patri* is said, "Glory to the Father and to the Son and to the Holy Spirit"
- During the Sanctus
- When the Processional Cross or the Gospel Book passes us
- At the end of the Communion circle



SOUP FOR SYRIA - March 12 7pm at St. Benedict's



Here's a different Lenten soup supper - a way to have fun, eat some great soup, and support Syrian refugees. Together with Volumes of Pleasure bookstore, we are sponsoring a soup tasting of Soups from Syria taken from the book of the same name. We'll watch some videos telling stories of Syrian refugees, eat soup and have the opportunity to buy the book and to make donations to Syrian relief work. Please plan to come and bring your neighbors - and ask Pam Bleish how you can help by making soup or helping to host the evening.

Keeping in Touch during the Week. For counsel & spiritual care, please contact any of the clergy:

The Rev. Dr. Caroline Hall, 704-5826; The Rev. Mary Elizabeth Pratt-Horsley, 528-7497;

The Rev. Donna Ross, 235-5117; or The Rev. Barry Turner, 784-0670.

Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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