

Benediction Weekly

January 17, 2016

St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.

Today at 3pm



People of Faith for Justice Presents:

"Legacy of Peace in a Violent World – Sharing our Stories"

An interfaith service and program honoring Dr. Martin Luther King, Jr.
First Presbyterian Church, 981 Marsh St, San Luis Obispo

CALENDAR – This week at St. Benedict's:
(at the church unless otherwise specified)

TODAY

8:00 am – Contemplative Communion Service
10:30 am – Holy Eucharist with music
12:00 pm – Altar Guild Meeting
3:00 pm – MLK Interfaith service & program, SLO

Tuesday, Jan 19

12:00 pm – *Meet Me in Morro* – at Bayside Café
5:30 pm – Vespers & Potluck

Wednesday, Jan 20

7:00 pm – Choir Rehearsal

Thursday, Jan 21

10:00 am – Hollister Institute: "*Things Hidden*"
7:00 pm – Drop-in Dream Group

Friday, Jan 22

1:00 pm – Lit Lovers' Book Club at Stef's home

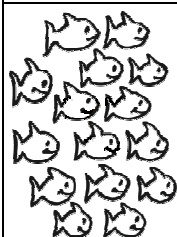
Saturday, Jan 23

1:00 pm – Susan Lucas Memorial Service
7:00 pm – Ledward Kaapana Hawaiian Concert

Sunday, Jan 24

8:00 am – Contemplative Communion Service
10:30 am – Holy Eucharist with music

Everyone is invited to join the Lucas family in celebrating Susan's life this Saturday at 1 p.m.



"Meet Me in Morro"

This Tuesday at noon at
Bayside Café in the
Morro Bay State Park
Marina.



Please let Mary Elizabeth know by Monday if you can join us for this social time.



The next meeting of St. Ben's Green Group will be held Wednesday, February 10th at 2:30 p.m. We will be discussing climate change and what we can do about it.

Lit Lover's Book Club meeting has been moved to

Friday, January 22nd at Stef Shuman's home.

This month's selection is "*Tinseltown*" by William J. Mann (non-fiction). Each month we read a novel, historical work, or biography that has been critically acclaimed and that we think we'll find engaging. Consider joining us. We generally meet from 1-3 pm on the 4th Saturday of the month in members' homes.

Contact Mary Elizabeth for more information.



Support St Ben's!



Once a year we have to renew our support for St Benedict's through our Ralph's purchases. Only one person remembered to do that in September. So please do it NOW before you buy another thing. If your cash register receipts don't say at the bottom that Ralph's is giving to St Benedict's, then you're not signed up! At www.Ralphs.com you need to Log In (or Sign up if you haven't before.) Then go to My Account and at the bottom of the page you can enroll your card to support a particular charity. We are #83646 ST.BENEDICTS EPISCOPAL CHURCH.

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Donna Ross; Preacher: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple;
Eucharistic Minister: Bob Pelfrey; Chalice Bearer: John Horsley; Lector: Alek Speck;
Ushers: Lisa Gonzalez & Rob Ross; Greeter: Margaret Fegan; Altar Guild: Pat Stoneman; Flowers: Bryson McKelvey;
Coffee Hour Hosts: Alice Welchert & Barbara Schippers; Tellers: Elaine Goodman & Judith Cadigan;
Music Director: John Cribb **Thank you all for your service!**



**On-Going
Activities
at St. Ben's**

DREAMS & SPIRITUALITY GROUP—
First and third Thursdays, 7-8:30 pm.

HEALING SERVICE – a time for
prayers for healing at the 10:30
service on 5th Sundays.

HOLLISTER INSTITUTE –
Opportunities for stimulating
discussion and thoughtful exploration
for everyone, whether or not they are
members of a church. See website.

INTERCESSORY PRAYER CIRCLE—
Prayers for the community and the
world. 2nd & 4th Wednesdays, 10am.

LITLOVERS' BOOK CLUB –
Discussion and fellowship. 4th
Saturdays 1pm in members' homes.

LUNCH BUNCH – lunchtime social
gathering following church, 2nd
Sundays at Celia's Garden Café.

MEET ME IN MORRO – lunchtime
social gathering, 3rd Tuesdays
at varying restaurants in Morro Bay.

MEN'S BREAKFAST – morning
social gathering, 2nd Saturdays 9am at
Sea Pines Golf Resort Grill.

PEOPLE'S KITCHEN – Providing and
serving food at Prado Day Center, 1st
Saturday of odd-numbered months.

POTLUCK AND PRADO on the 1st
Sunday of each month donations to
Prado Day Center are collected, and
potluck lunch follows 10:30 service.

RECTOR'S DISCRETIONARY FUND
On the last Sunday of each month, the
loose plate offering is designated to this
fund to help those in need.

VESPERS AND CONVERSATION
5:30 pm Tuesdays. Vespers service
using varying liturgies, followed by
potluck supper.

VESTRY / PARISH COUNCIL:

Maria Kelly, Sr. Warden
Pam Bleisch, Jr. Warden
John Cribb, Francis Rivinus,
Lisa Gonzalez, Michael Lucas,
Celeste Pennington, Anne Kanter,
Elaine Goodman, Kathie West

Prayer Life in our Parish....

REQUESTING PRAYERS for yourself or others:

Bidding Book

There is a book in the church where you may *write in* the names of those you'd like mentioned in the Prayers of the People during Sunday morning services. The names are then also sent out in the Benediction Weekly email on Monday, so parishioners may lift them up in their prayers during the week.

Healing Ministers Prayer Team

Prayer Team members are available following the 10:30 service each Sunday to sit quietly with you for private personal prayer. The prayer team member(s) will wear a prayer stole to identify them. Your concerns are always kept confidential. Please make your way to the end of the front pew near the altar immediately after the service.

Healing Service

In any month with a fifth Sunday St. Benedict's has prayers for healing during the 10:30 service, with the laying-on of hands and anointing with holy oil. Our next Healing Service will be Jan 31.

Prayer Chain

You may request prayers by contacting the Pastoral Care Coordinator, Celeste Pennington, at 771-8974, or by emailing prayers@stbenslososos.org and Prayer Chain members will pray individually for your stated need. (Note that asking to be put on the prayer chain does not add your requests to the list of names mentioned during Sunday services. For that, you have to add them to the Bidding Book.)

Intercessory Prayer Circle

The Prayer Circle is a group that meets every two weeks to pray together for the requests that have come through the Bidding Book, the Prayer Chain, or other source.

If you'd like more information, or would like to join any of the prayer groups, please contact Celeste Pennington at mecalp@gmail.com or 771-8974.

Annual Parish Meeting January 31st

At our Annual Parish Meeting we will hear reports from ministry areas, pass a budget for the year, elect parish council and vestry members and delegates to deanery and convention, and discuss plans for the year ahead. This year the meeting will be held on January 31 after the 10:30 service. It's actually quite fun and you are all encouraged to participate... lunch is provided!

Ministry Reports - If you are involved with one of the many parish ministry areas at St. Ben's, please submit a written synopsis of activities for the past year to Danna by **January 20th**, for inclusion in the Annual Report to be distributed at the meeting.

Parish Elections - We will once again be electing people to serve as Vestry members, Parish Council members, and delegates to deanery and diocese. If you think God is calling you to serve in one of these ways, or you would just like more information, please contact one of the Nominations Committee members: Celeste Pennington or Pamela Bleisch Strawn, or speak with the Rector.



Quilting Bee at St. Benedict's ~ Saturday February 6th 10am to 4pm

Join the St. Ben's No Guilt Quilters for a fun day of sewing, knotting, and camaraderie at St. Ben's. Supplies and lunch provided. All are welcome. The quilts we make go to refugees worldwide, distributed by Lutheran World Relief <http://lwr.org/quilts> For more info, contact Pamela Bleisch Strawn: 805-602-1240 or pr.bleisch@gmail.com

Giving in December - St. Ben's General Operating Fund - Thank you!!

Dec Income: \$ 15,066	Monthly Income Budgeted: \$ 11,128	Difference: \$ 3,938 surplus
YTD Income: \$ 146,540	YTD Income Budgeted: \$133,530	Difference: \$13,010 surplus

Keeping in Touch during the Week. For counsel & spiritual care, please contact any of the clergy: The Rev. Dr. Caroline Hall, 704-5826; The Rev. Mary Elizabeth Pratt-Horsley, 528-7497; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670; or The Rev. Sharon Dalrymple, (210) 422-8284. Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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