

# Benediction Weekly

## August 23, 2015

*St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.*



### *Healing Service Next Sunday*

There will be a time for special prayers for healing and for the laying-on of hands and anointing during the 10:30 service next week. St. Benedict's regularly has such a service on 5<sup>th</sup> Sundays.

#### **CALENDAR – This week at St. Benedict's:** (at the church unless otherwise specified)

##### **TODAY**

8:00 am – Contemplative Communion Service  
10:30 am – Holy Eucharist w/ music  
3:00 pm – *Annual Jazz Concert*

##### **Tuesday, Aug 25**

5:30 pm – Vespers  
6:15 pm – Potluck

##### **Wednesday, Aug 26**

10:00 am – Intercessory Prayer Circle  
7:00 pm – Choir Rehearsal

##### **Thursday, Aug 27**

10:00 am – Holister Institute Symposium --  
“*Laudato Si: Spirituality & the Environmental Crisis*”

##### **Sunday, Aug 30**

8:00 am – Contemplative Communion Service  
10:30 am – Holy Eucharist w/ Healing Service

#### **It's our turn: Saturday, September 5th**



**The  
People's  
Kitchen**  
of San Luis Obispo

Volunteers are needed to provide the food or to serve lunch at People's Kitchen.

#### *Quilting Bee* - Coming September 26

The quilts and blankets we make will be sent to refugees and people in need all over the world, through Lutheran World Relief. If you have any fabric, batting, or used blankets or mattress pads, please contribute them. Pamela Bleisch is coordinating our efforts. Contact her at 602-1240 or [pr.bleisch@gmail.com](mailto:pr.bleisch@gmail.com)



#### **SLO FOOD BANK's HUNGER WALK**

Join “Team St. Benedict's” (or be a sponsor) as we participate in the countywide Hunger Walk on Saturday, September 19<sup>th</sup>.  
Info: [www.slofoodbank.org](http://www.slofoodbank.org) Judy Schloss has details.

Giving in July - St. Ben's General Operating Fund - Thank you!!

July Income: \$ 7,808	Monthly Income Budgeted: \$11,128	Difference: (\$3,320) shortfall
YTD Income: \$ 82,312	YTD Income Budgeted: \$77,893	Difference: \$4,419 surplus



**Quarterly Donor Contribution Statements are now available – please pick up yours today!**



Forgotten a date? Need more information? The Benediction Weekly is always available at our website [www.stbenslososos.org](http://www.stbenslososos.org) together with the church calendar and information about all our programs. Everything you need at your fingertips!

**New Phone List is being prepared.** Please check the listing on the draft version posted at church, and make corrections or additions as needed, or contact Stef.



#### **Serving God and the People of St. Benedict's this Week:**

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Bryson McKelvey;  
Chalice: Stef Shuman; Lectors: Tom Pickering & Joan Hayes; Usher: Michael Lucas; Greeter: Ann Lucas;  
Altar Guild: Diana Hammerlund; Flowers: Bryson McKelvey; Intercessory Team: Louisa Beeler;  
Coffee Hour Hosts: Joan Hayes & Connie Weldon; Tellers: Katy Keeney & Steve Cake  
Music Director: John Cribb. **Thank you all for your service!**



## On-Going Activities at St. Ben's

**DREAMS & SPIRITUALITY GROUP**—  
First and third Thursdays, 7-8:30 pm.

**HEALING SERVICE** – a time for  
prayers for healing at the 10:30  
service on 5th Sundays.

**HOLLISTER INSTITUTE** –  
Opportunities for stimulating  
discussion and thoughtful exploration  
for everyone, whether or not they are  
members of a church. See website.

**INTERCESSORY PRAYER CIRCLE**—  
Prayers for the community and the  
world. 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays, 10am.

**LITLOVERS' BOOK CLUB** –  
Discussion and fellowship. 4<sup>th</sup>  
Saturdays 1pm in members' homes.

**LUNCH BUNCH** – lunchtime social  
gathering following church, 2<sup>nd</sup>  
Sundays at Celia's Garden Café.

**MEET ME IN MORRO** – lunchtime  
social gathering, 3<sup>rd</sup> Tuesdays  
at varying restaurants in Morro Bay.

**MEN'S BREAKFAST** – morning  
social gathering, 2<sup>nd</sup> Saturdays 9am at  
Sea Pines Golf Resort Grill.

**NATURE ACADEMY** – Alternative  
Middle and High School program  
through Outside Now, a nonprofit  
educational organization dedicated to  
reconnecting people to the wonders of  
the natural world. Mondays & Fridays  
9am-3pm Returning September 11

**PEOPLE'S KITCHEN** – Providing and  
serving food at Prado Day Center, 1<sup>st</sup>  
Saturday of odd-numbered months.

**POTLUCK AND PRADO** on the 1<sup>st</sup>  
Sunday of each month donations to  
Prado Day Center are collected, and  
potluck lunch follows 10:30 service.

**RECTOR'S DISCRETIONARY FUND**  
On the last Sunday of each month, the  
loose plate offering is designated to this  
fund to help those in need.

**VESPERS AND CONVERSATION**  
5:30 pm Tuesdays. Vespers service  
using varying liturgies, followed by  
potluck supper.

### VESTRY / PARISH COUNCIL:

Maria Kelly, Sr. Warden  
Pam Bleisch, Jr. Warden  
John Cribb, Francis Rivinus,  
Lisa Gonzalez, Michael Lucas,  
Celeste Pennington, Anne Kanter,  
Elaine Goodman, Kathie West

## Proper 16: Sunday closest to August 24—Year B

Welcome to our parish. The teaching of Jesus which caused the greatest offense to his disciples was his discourse on himself as the bread of life. When he extended that beyond a spiritual feeding to a sacramental feeding, "My flesh is food indeed, and my blood is drink indeed," many of his followers left him. The inner group, "the Twelve," were also disturbed, but through Peter they reaffirmed their faith.

The first reading today is the account of Israel's reaffirmation of their covenant with God, originally made at Mount Sinai. The people are called to an unswerving commitment to God alone.

We complete our reading of the Epistle to the Ephesians today. Paul calls on us to find our strength in God to stand up against the powers that oppose God's will and plan. We are to live in that strength and to persevere in prayer for all people.

We are called to be a people who belong to Christ. This call is often in direct conflict with our own wishes, habits, or opinions. We gather in liturgy as more than passive hearers and observers. We gather to enter into an encounter with God in Christ, which will remake us as people of God's kingdom.

*From The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year.*  
Copyright © 2007 by Michael W. Merriman. Church Publishing Incorporated, New York.

### Highlights from the Parish Council Meeting of Thursday August 13th:

- John Cribb reported that speakers for the organ are desirable. Not to amplify, but to diffuse a fuller, richer sound throughout the sanctuary. Currently, the organ has one speaker, in front of the organist's knees. For one speaker to project, the volume needs to be high, and the resulting sound is not ideal. The cost is about \$7k. Parish Council voted that this was a worthy project, but that now was not the time to pursue it.
- Maria Kelly reported that repair and painting of the veranda will be a large project, not just a small repair. The pickets and lower railing must be replaced completely. They are made of an inferior grade of lumber, not suitable for exterior uses. A joist under the veranda must be replaced, as well. It was agreed to get this replaced but to hold most other work until construction is completed.
- Construction of the Great Room: Michael Lucas will submit the permit to the county this week; hopeful that construction will start in September for completion as early as March.
- Fundraising through sales of St. Benedict's butter cookies will begin at the Jazz Concert on Sunday August 23rd. Anne Kanter will be baking, with help from Barbara Schippers.
- Following input from the Parish, the parish mission-slogan was agreed to be "Feeding Mind and Soul."

### Time to Renew Ralph's Community Cards

St. Ben's receives a small percentage of every dollar spent at Ralphs, if you enroll your rewards card in their Community Contribution Program. All those who are currently enrolled in the program are required to re-register, starting September 1<sup>st</sup>.



(There is no pre-registration. You cannot register until on or after September 1<sup>st</sup>)

Sign in to your online account at [www.ralphs.com](http://www.ralphs.com) then go to > Community > Community Rewards-Re-enroll > Type # **83646** > Click on St Benedict's > Click Enroll. If you do not already have an online account, you must first register on the website.

**Keeping in Touch during the Week.** For counsel & spiritual care, please contact any of the clergy: The Rev. Dr. Caroline Hall, 704-5826; The Rev. Mary Elizabeth Pratt-Horsley, 528-7497; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670; or The Rev. Sharon Dalrymple, (210) 422-8284. Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

**St Benedict's Episcopal Church - 2220 Snowy Egret Lane - PO Box 6877, Los Osos, CA 93412**

[office@stbenslosos.org](mailto:office@stbenslosos.org) Telephone: (805) 528-0654 [www.stbenslosos.org](http://www.stbenslosos.org)