

Benediction Weekly

July 10, 2016

St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.



Today we are pleased to welcome Br. Adam McCoy, Prior of Mount Calvary Monastery in Santa Barbara. Mount Calvary is a Benedictine Monastery and Retreat House of the Order of the Holy Cross, monks of the Episcopal Church. In November, St. Benedict's Church will be having its parish retreat at Mount Calvary.

CALENDAR – This week at St. Benedict's: (at the church unless otherwise specified)

TODAY ST. BENEDICT'S DAY, OBSERVED

8:00 am – Contemplative Communion Service
9:20 am – Bible Study
10:30 am – Holy Eucharist with music
12-5:30 pm – SLO Deanery Booth @ Pride in the Plaza
2 – 5 pm – Abundance Shop Yard Sale, 2025 9th St.

Monday, July 11

10:00-4:00 – Abundance Shop Yard Sale, 2025 9th St.

Tuesday, July 12

5:30 pm – Vespers, followed by potluck at 6:15

Wednesday, July 13

10:00 am – Intercessory Prayer Circle
2:30 pm – Earthcare Meeting
7:00 pm – Choir Rehearsal

Thursday, July 14

7:00 pm – Embracing an Adult Faith

Saturday, July 16

5:00 pm – St Benedict's Day Party and Great Room
Completion Celebration

Sunday, July 17

8:00 am – Contemplative Communion Service
9:20 am – Bible Study
10:30 am – Holy Eucharist with music

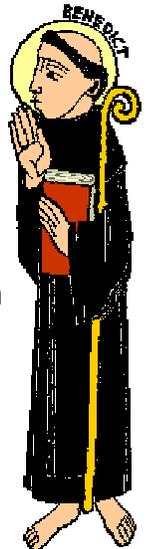
St. Benedict's Day

July 11 - Feast Day of
St. Benedict

Benedict of Nursia, our patron saint, is known for his establishment of monastic communities in 6th century Italy centered on living a life of work and prayer, balanced by moderation, compassion and mercy. His **Rule of St. Benedict**, written to show how to live this balanced life, is still used today to inspire Christians' spiritual journey.

Yellow is the liturgical color we use on St. Benedict's Day because, in the Sarum Rite (Salisbury) tradition, it was used to commemorate an Abbot or Confessor.

We will continue our celebration of St. Benedict's Day with a party and dinner this **Saturday at 5pm**. We will also be celebrating the completion of the Great Room!



The Diocese of El Camino Real invites you to the 6th Annual Recovery Retreat **"Working Steps 6 and 7"** with the Rev. Dr. Michael Ferrito, B.A., M.Div., Ph.D.

St. Francis Retreat Center, San Juan Bautista **Aug 5-7**

Working the steps to identify character defects is part of our journey to healing. This year it is with great pleasure that we announce our keynote speaker, the Rev. Dr. Mike Ferrito, Christian Clinical Therapist, who will be with us on a journey to discover our unique temperament and how each unique temperament fits perfectly into God's plan. Mike+ will be sharing valuable information on the five temperament types, some Biblical background and why understanding our unique temperament is so important to our spiritual growth. Ordained for over 17 years, Fr. Mike is pastor at Good Samaritan Episcopal Church. He has supported people in recovery for many years hosting 33 12-steps groups at Holy Spirit Episcopal Church in Campbell when he was vicar and now as co-rector at Good Samaritan. Registration forms and agenda available on our bulletin board or from marybeth@realepiscopal.org

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Preacher: The Rev. Adam McCoy; Eucharistic Ministers: Esta Kandarian & Stef Shuman; Lectors: Alek Speck & Francis Rivinus; Ushers: Rod Morse & Steve Hirahara; Greeter: Ken Kenyon; Altar Guild: Pamela Bleisch Strawn; Flowers: Joan Ghilotti; Coffee Hour Hosts: Charlene Morse & Connie Weldon; Tellers: June Wright & Elaine Goodman; Prayer Team Intercessor: Judy Schloss; Music Director: John Cribb. **Thank you all for your service!**



**On-Going
Activities
at St. Ben's**

BIBLE STUDY - Come join us for Bible Study at 9:20 a.m. every Sunday except first Sundays.

DREAMS & SPIRITUALITY GROUP - First and third Thursdays, 7-8:30 pm.

EARTHCARE - A discussion/action group to formulate local solutions to environmental concerns. Second Wednesdays at 2:30 pm.

HEALING SERVICE - a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE - Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

INTERCESSORY PRAYER CIRCLE - Prayers for the community and the world. 2nd & 4th Wednesdays, 10am.

LITLOVERS' BOOK CLUB - Discussion and fellowship. 4th Saturdays 1pm in members' homes.

LUNCH BUNCH - lunchtime social gathering following church, 2nd Sundays at Celia's Garden Café.

MEET ME IN MORRO - lunchtime social gathering, 3rd Tuesdays at varying restaurants in Morro Bay.

MEN'S BREAKFAST - morning social gathering, 2nd Saturdays 9am at Sea Pines Golf Resort Grill.

PEOPLE'S KITCHEN - Providing and serving food at Prado Day Center, 1st Saturday of odd-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers service using varying liturgies, followed by potluck supper.

VESTRY / PARISH COUNCIL

3rd Thursdays at 6:30pm
 Maria Kelly, Sr. Warden
 Anne Kanter, Jr. Warden
 John Cribb, Francis Rivinus,
 Lisa Gonzalez, Barbara Schippers,
 Kathie West, Esta Kandarian
 Rod Morse and Ken Kenyon.

The Abundance Shop Yard Sale will be held TODAY from 2-5pm and all day on MONDAY, at our new store location: 2025 9th Street.

You can help by spreading the word to your friends and neighbors and people on your email lists.

After the sale we'll still be collecting things for a Grand Opening Sale in a few weeks, so please continue to think of items you'd like to part with and see put to good use.

We are currently needing yard and outdoor equipment and small furniture (chairs, small tables and shelves, etc.). We also always need men's jeans, and work pants of all sizes.

We have some people who volunteered to provide home pick-up service to help with transport. Call if you need someone to pick up your donations. Also, more people to help with this service would be most welcome!



Remember that this is a way to:

- * Simplify your life by sharing your excess stuff with others.
- * Save our precious land by reducing the amount of landfill we use every year
- * Support our community in making sure that each person has the ability to their basic needs of life.

Thank you for your valuable support over the years. We appreciate each person who has donated, volunteered, shopped, delivered and spread the word about the St Ben's Abundance Shop.

Bless you,
 Karin Cake, Abundance Shop Space Manager
 You can call me at 805 773-1196, to leave a message.



St Benedict's is hosting a **String Quartet Concert July 29 at 7:30pm**

Cost \$15. Proceeds to go to St Benedict's ministries and the GALA center. Sponsored by Waste Connection, who is underwriting it.

Four local professional musicians are coming together to provide an evening of enjoyment for a worthy cause.

The Candlelight Strings hope that their July 29 concert at St Benedict's Episcopal Church will be an antidote of hope and beauty in response to the Orlando shooting and so proceeds will go to support the local LGBTQ community through the GALA Center, and also the ministries of St. Benedict's.

The program will be a combination of favorite classics by Bach and Mozart, and some popular songs, arranged by violinist *Bette Byers*.

In addition to Bette Byers who has a long career in Hollywood, Candlelight Strings brings together Julliard-trained *Dr. Maurice Sklar* on violin, local favorite *Jeanne Shumway* on cello, with *Sal Garza* who was classically trained by Morro Bay's Botso Korisheli.

Giving in June - St. Ben's General Operating Fund - Thank you!!

June Income: \$ 10,026	Monthly Income Budgeted: \$ 11,961	Difference: (\$ 1,935) shortfall
YTD Income: \$ 68,037	YTD Income Budgeted: \$ 71,765	Difference: (\$ 3,728) shortfall

Keeping in Touch during the Week. For counsel & spiritual care, please contact any of the clergy: The Rev. Dr. Caroline Hall, 704-5826; The Rev. Mary Elizabeth Pratt-Horsley, 528-7497; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670; or The Rev. Faye Hogan, 541-4595. Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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