

# Benediction Weekly

## March 6, 2016

*St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.*



### A Conversation About Race

**Tuesday, March 10, 6:30-8:30 pm** Join People of Faith for Justice for an evening of short videos and interactive conversation on race. Facilitated by Julie Lynem & Gina Whitaker. United Church of Christ, 11245 Los Osos Vly Rd, SLO

**CALENDAR – This week at St. Benedict's:**  
(at the church unless otherwise specified)

#### **TODAY**

10:30 am – Holy Eucharist, followed by Potluck

#### **Tuesday, Mar 8**

5:30 pm – Vespers, followed by potluck at 6:15

#### **Wednesday, Mar 9**

10:00 am – Intercessory Prayer Circle

2:30 pm – Earthcare Meeting

5:15 pm – Chamber of Commerce Mixer

7:00 pm – Choir Rehearsal

#### **Thursday, Mar 10**

10:00 am – Hollister Institute: “*Things Hidden*”

3:00 pm – Mustard Eradication at Nipomo & Willow

6:30 pm – Parish Council Meeting

#### **Saturday, Mar 12**

9:00 am – Men's Breakfast at Sea Pines Grill

9:30 am – *Via Dolorosa* Quiet Morning

5:30 pm – Saturday Evening Eucharist

7:00 pm – Soup for Syria

#### **Sunday, Mar 13**

8:00 am – Contemplative Communion Service

9:20 am – Bible Study

10:30 am – Holy Eucharist with music

12:30 pm – Lunch Bunch at Celia's Garden Café

### Los Osos Chamber of Commerce Mixer

St. Ben's is hosting the Chamber of Commerce Mixer on Wednesday March 9 from 5:15 till 7 pm. There will be music, food, and door prizes, and we will have some displays depicting a number of our activities and outreach programs. Caro+ and Sharon+ will also be making a short address. We are hoping for 25 to 30 folks from our Los Osos/Baywood Chamber Community to attend. This will be our opportunity to "shine" and show off St. Ben's. This is our town, and St. Ben's is a part of it. We want people to know Episcopalians, what we believe and how we practice our faith as well as how we support causes in our community and the world. Please come if you can and be a part of this opportunity to tell people who we are, what we do, how we play, and how we support each other as well as those in our local community.



**Daylight Saving Time Begins next Sunday!**

### LitLovers' Book Club This month we have chosen two novels of WWII France:

**All the Light We Cannot See** by Anthony Doerr *Winner of the 2014 BookBrowse Award for Fiction.*

A stunningly ambitious and beautiful novel about a blind French girl and a German boy whose paths collide in occupied France as both try to survive the devastation of World War II.

**The Nightingale** by Kristin Hannah *Winner of the 2015 BookBrowse Award for Fiction.*

An epic novel of love and war and the secret lives of two sisters who live in a small French town, one choosing to support the resistance movement, the other forced into collaboration with the occupying German forces.

Our discussion group will be meeting at 1pm on **April 2<sup>nd</sup>** at the home of June Wright. Join us!

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Preacher: The Rev. Mary Elizabeth Pratt-Horsley;  
Eucharistic Minister: Stef Shuman; Chalice: Brian Spolarich; Lectors: Judith Cadigan & John Horsley;  
Ushers: Steve Hirahara & Esta Kandarian; Greeter: Margaret Fegan;  
Altar Guild: Stef Shuman; Potluck Hosts: Mary Ellen Rico and Elaine Goodman;  
Tellers: Bryson McKelvey & Steve Cake; Cantor: Alek Speck; Music Director: John Cribb



## On-Going Activities at St. Ben's

**BIBLE STUDY** - Come join us for Bible Study at 9:20 a.m. every Sunday except first Sundays.

**DREAMS & SPIRITUALITY GROUP** - First and third Thursdays, 7-8:30 pm.

**HEALING SERVICE** - a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** - Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

**INTERCESSORY PRAYER CIRCLE** - Prayers for the community and the world. 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays, 10am.

**LITLOVERS' BOOK CLUB** - Discussion and fellowship. 4<sup>th</sup> Saturdays 1pm in members' homes.

**LUNCH BUNCH** - lunchtime social gathering following church, 2<sup>nd</sup> Sundays at Celia's Garden Café.

**MEET ME IN MORRO** - lunchtime social gathering, 3<sup>rd</sup> Tuesdays at varying restaurants in Morro Bay.

**MEN'S BREAKFAST** - morning social gathering, 2<sup>nd</sup> Saturdays 9am at Sea Pines Golf Resort Grill.

**PEOPLE'S KITCHEN** - Providing and serving food at Prado Day Center, 1<sup>st</sup> Saturday of odd-numbered months.

**POTLUCK AND PRADO** on the 1<sup>st</sup> Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**RECTOR'S DISCRETIONARY FUND** On the last Sunday of each month, the loose plate offering is designated to this fund to help those in need.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers service using varying liturgies, followed by potluck supper.

### VESTRY / PARISH COUNCIL:

Maria Kelly, Sr. Warden  
Anne Kanter, Jr. Warden  
John Cribb, Francis Rivinus,  
Lisa Gonzalez, Barbara Schippers,  
Elaine Goodman, Kathie West,  
Esta Kandarian and Jo Oliver.

## Busy Week at St. Benedict's

### Wednesday, March 9th

#### Earthcare Meeting 2:30-4pm

The regular meeting of Earthcare (formerly The Green Group) to discuss global problems and formulate local solutions. For more information, please contact Bob Pelfrey

#### Chamber of Commerce Mixer 5:15-7pm

### Thursday, March 10th

#### Mustard Eradication Project 3-5pm

Where Nipomo Street deadends near Willow Street. Please join Caro+ and Alice W. for mustard weed eradication. Bring a hand fork and a black bag for your weeds. From South Bay Blvd. turn east on Nipomo Street. See you there!

#### Parish Council Meeting 6:30 pm

### Saturday, March 12<sup>th</sup>

#### Men's Breakfast - Sea Pines Grill 9am

Monthly no-host social gathering for the men of the congregation.

#### A Quiet Morning of Art and Meditation 9:30am-12:30pm

Participants in this workshop will be invited to use poetry and collage or mixed media to reflect on the mystical relevance of crucifixion in the spiritual life. Join us as we reflect on Christ's journey from his betrayal to his death on the cross and how this is mirrored in our own lives and daily experience. Led by the Rev Caroline Hall and Elaine Goodman

#### Evening Eucharist - 5:30 pm

Our once-a-month Saturday Eucharist with music and using various liturgies.

#### Soup for Syria - 7pm

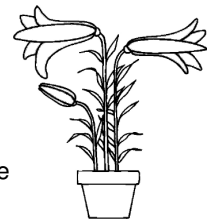
Here's a different Lenten soup supper - a way to have fun, eat some great soup, and support Syrian refugees. Together with Volumes of Pleasure bookstore, we are sponsoring a soup tasting of Soups from Syria taken from the book of the same name. We'll watch some videos telling stories of Syrian refugees, eat soup and have the opportunity to buy the book and to make donations to Syrian relief work. Please plan to come and bring your neighbors - and ask Pam Bleish how you can help by making soup or helping to host the evening.



### Volunteers are needed for Holy Week services.

We will need Passion Gospel readers on Palm Sunday and Good Friday. Eucharistic Ministers, ushers, lectors, and altar guild members are also needed for various services. Please see our Sign-up board to volunteer.

Also, **Easter Lily Dedications** may be made using the envelopes on the sign up board.



### Body Prayer, part 3: Turning



We always focus on the main action. During the gospel procession that is the main action and out of respect for the Gospel, we turn as the Gospeller passes, and then turn back as s/he returns with the Gospel book. There is no need to turn to follow the clergy as they leave the sanctuary at the end of the service.

**Keeping in Touch during the Week.** For counsel & spiritual care, please contact any of the clergy:

The Rev. Dr. Caroline Hall, 704-5826; The Rev. Mary Elizabeth Pratt-Horsley, 528-7497;  
The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670; or The Rev. Faye Hogan, 541-4595.

Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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