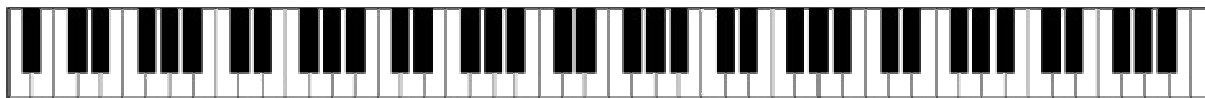


Benediction Weekly

February 14, 2016

St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.

"For the Love of Music" Concert Today



All are invited to a community concert at St. Ben's today at 3pm. Come enjoy St. Ben's former pianist Louise King and soprano Katherine Arthur, presenting the music of Brahms and Cole Porter. The concert is free, but donations are welcome.

CALENDAR – This week at St. Benedict's: (at the church unless otherwise specified)

TODAY

- 8:00 am – Contemplative Communion Service
- 10:30 am – Holy Eucharist with music
- 3:00 pm – "For Love of Music" community concert

Tuesday, Feb 16

- 12:00 noon – Meet Me in Morro at Dockside
- 5:30 pm – Vespers, followed by potluck at 6:15

Wednesday, Feb 17 -

- 7:00 pm – Choir Rehearsal

Thursday, Feb 18

- 10:00 am – Hollister Institute: "Things Hidden"
- 7:00 pm – Drop-in Dream Group

Friday, Feb 19

- 6:00 pm – Parish Council Retreat dinner

Saturday, Feb 20

- 9:00 am – Parish Council Retreat, Cambria

Sunday, Feb 21

- 8:00 am – Contemplative Communion Service
- 10:30 am – Holy Eucharist with music
- 2:00 pm – Deanery Meeting & Stewardship workshop at St. Peter's MB



Body Prayer, part 1: Crossing Yourself

We cross ourselves as a way of asking for God's blessing. There is no wrong time to cross yourself but here are the most common times:

- When The Trinity is mentioned (Father, Son and Holy Spirit or Creator, Redeemer and Sanctifier)
- At the end of the Creed when we talk about the "resurrection of the dead, and the life of the world to come."
- During the Eucharistic Prayer when we ask God to bless us ("Sanctify us also...")
- When the priest pronounces the blessing at the end of the service
- Some people also cross themselves during the Sanctus at the words "Blessed is he who comes in the Name of the Lord"

Meet Me in Morro is a no-host lunchtime social gathering that meets on the third Tuesday of each month at varying restaurants in Morro Bay. This month we'll be eating at Dockside Restaurant on the Embarcadero on February 16th at noon. If you can join us, please let Mary Elizabeth know, so we can make reservations.



SOUP FOR SYRIA - March 12 7pm at St. Benedict's



Here's a different Lenten soup supper - a way to have fun, eat some great soup, and support Syrian refugees. Together with Volumes of Pleasure bookstore, we are sponsoring a soup tasting of Soups from Syria taken from the book of the same name. We'll watch some videos telling stories of Syrian refugees, eat soup and have the opportunity to buy the book and to make donations to Syrian relief work. Please plan to come and bring your neighbors - and ask Pam Bleish how you can help by making soup or helping to host the evening.

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Donna Ross; Preacher: The Rev. Dr. Caroline Hall;
Eucharistic Ministers: Bryson McKelvey & Judy Schloss; Lector: Judith Cadigan; Ushers: Michael Lucas & Rob Ross;
Greeter: Ann Lucas; Altar Guild: Judy Schloss; Coffee Hour Hosts: Elaine Goodman & Diana Hammerlund;
Tellers: Stef Shuman & Judith Cadigan; Cantor: Diana Hammerlund; Music Director: John Cribb



**On-Going
Activities
at St. Ben's**

DREAMS & SPIRITUALITY GROUP –
First and third Thursdays, 7-8:30 pm.

HEALING SERVICE – a time for
prayers for healing at the 10:30
service on 5th Sundays.

HOLLISTER INSTITUTE –
Opportunities for stimulating
discussion and thoughtful exploration
for everyone, whether or not they are
members of a church. See website.

INTERCESSORY PRAYER CIRCLE –
Prayers for the community and the
world. 2nd & 4th Wednesdays, 10am.

LITLOVERS' BOOK CLUB –
Discussion and fellowship. 4th
Saturdays 1pm in members' homes.

LUNCH BUNCH – lunchtime social
gathering following church, 2nd
Sundays at Celia's Garden Café.

MEET ME IN MORRO – lunchtime
social gathering, 3rd Tuesdays
at varying restaurants in Morro Bay.

MEN'S BREAKFAST – morning
social gathering, 2nd Saturdays 9am at
Sea Pines Golf Resort Grill.

PEOPLE'S KITCHEN – Providing and
serving food at Prado Day Center, 1st
Saturday of odd-numbered months.

POTLUCK AND PRADO on the 1st
Sunday of each month donations to
Prado Day Center are collected, and
potluck lunch follows 10:30 service.

RECTOR'S DISCRETIONARY FUND
On the last Sunday of each month, the
loose plate offering is designated to this
fund to help those in need.

VESPERS AND CONVERSATION
5:30 pm Tuesdays. Vespers service
using varying liturgies, followed by
potluck supper.

VESTRY / PARISH COUNCIL:
Maria Kelly, Sr. Warden
John Cribb, Francis Rivinus,
Lisa Gonzalez, Anne Kanter,
Elaine Goodman, Kathie West
Esta Kandarian, Jo Oliver,
and Barbara Schippers.

Canterbury Club News

Hello SLO Deanery!

As I write to you, we are busy bailing out The Shire. Seriously, there is water seeping in from somewhere and we're in the process of trying to figure it out. So, we're thankful for the rain, but.....let's try and keep it outside the buildings where it's needed.

January was a busy month. I handled a memorial service at Cal Poly and, unfortunately, may now be handling another one later this month. I am grateful, however, to be able to serve the community at these times, and my hospice work has enabled me to enter into this sacred ministry to the families and students in a much more non-anxious way than I would ever have been able without that training and experience.

I was also honored to be asked to deliver the Introductory remarks at the People of Faith for Justice, Martin Luther King, Jr. Service. Additionally, two of the speakers were women I invited from Cal Poly, student Kristin Michelle Lee, and administrator Ruth Cortes de Jesus, who both did a superb job.

Then, it was on to St. James, Paso Robles, where I preached on January 24th, and finally, we presented our new Chili Cook-off Champion plaque to St. Benedict's on January 31st!

So, it was a full month, connecting with the university and our local parishes. Who knows what February may bring!

Peace,
Berkeley

Berkeley Johnson
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<http://sloepiscopalians.org/canterbury/>



Eight Great Philosophers - Spring Lecture Series at St. Peter's

Lenny Erickson will be teaching a course on "8 Great Philosophers" at St. Peter's By-the-Sea, Morro Bay, on Thursdays in April and May, 1:30 - 4:00pm. Each session will center on a great philosopher of the Western tradition viz, Plato, Aristotle, Thomas Aquinas, Descartes, Spinoza/Leibniz, Berkeley/Locke, Hume, Kant. We'll cover a short bio, his place in an historical context, an exposition of his ideas, with a short reading of text for those who want to read along. Text citations will be announced before the class starts. Hope you can make it!

DWT Students in Danger of Losing Education

The deadline has been extended to reach our \$30,000 scholarship goal for students in the Diocese of Western Tanganyika. Without your help, as many as a quarter of the 702 students our diocese supported last year will not get an education this year. Nearly \$8,000 is still needed. If you have not already donated -- or if you would like to give more to help the children in danger of losing their education, please visit our donation page at <http://www.realepiscopal.org/donate/>. Checks can also be made out to The Diocese of El Camino Real with "DWT Scholarships" on the memo line. Please mail them to The Episcopal Diocese of El Camino Real, P.O. Box 689, Salinas, CA 93902.

Keeping in Touch during the Week. For counsel & spiritual care, please contact any of the clergy:

The Rev. Dr. Caroline Hall, 704-5826; The Rev. Mary Elizabeth Pratt-Horsley, 528-7497;

The Rev. Donna Ross, 235-5117; or The Rev. Barry Turner, 784-0670.

Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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