

Benediction Weekly

January 31, 2016

St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.

Quilting Bee ~ this Saturday 10am to 4pm

Join the St. Ben's No Guilt Quilters for a fun day of sewing, knotting, and camaraderie at St. Ben's. Supplies and lunch provided. All are welcome. The quilts we make go to refugees worldwide, distributed by Lutheran World Relief <http://lwr.org/quilts> For more info, contact Pamela Bleisch Strawn: 805-602-1240 or pr.bleisch@gmail.com



CALENDAR – This week at St. Benedict's: (at the church unless otherwise specified)

TODAY

8:00 am – Contemplative Communion Service
10:30 am – Holy Eucharist with music, followed by Annual Parish Meeting

Tuesday, Feb 2

5:30 pm – Vespers & Potluck

Wednesday, Feb 3

7:00 pm – Choir Rehearsal

Thursday, Feb 4

10:00 am – Hollister Institute: “*Things Hidden*”
7:00 pm – Drop-in Dream Group

Saturday, Feb 6

10:00 am – Quilting Bee

Sunday, Feb 7

NO 8am Service
10:30 am – Holy Eucharist with music, followed by
“*Potluck & Prado*”
A-G Salad & bread; **H-P** Main dish; **R-Z** Dessert

Deanery Stewardship Workshop Feb 21

Stewardship Leader Timothy Dombek Returns to El Camino Real Sunday, February 21st from 2-4:30pm at St Peter's By-the-Sea, Morro Bay

The Rev. Canon Timothy M. Dombek, Canon for Stewardship and Planned Giving, Diocese of Arizona, will speak with SLO deanery on how to:

- talk with kids and families about stewardship
- recruit stewardship team members
- get started with planned giving programs.

Please RSVP to Mary Beth Powell at marybeth@realepiscopal.org or call (831) 394-4465.

Those with questions should contact The Rev. Barbara R. Miller at (805) 712-0650 or revbmiller@stjamespasorobles.org

This is a no-cost workshop.

Next Sunday: “Potluck and Prado”

On the first Sunday of each month, St. Benedict's has a potluck lunch after the service, and we bring items to donate to the homeless adults and children using the Prado Day Center. They particularly need non-perishable breakfast items such as: Peanut butter & jelly, Coffee, creamer & sugar, Nutritious kids' snacks, Juice box drinks, Canned food/soups/tuna, Cereal bars, Hot & cold cereal, Instant hot chocolate mix, Paper plates & napkins, Plastic flatware & bowls. Sample-size toiletries or monetary donations are also always welcome.

Culinary Carnival Benefit for Prado Day Center

The 2016 Friends of Prado Day Center Culinary Carnival will be held on **Saturday, February 6**, at the SLO Veteran's Hall at 801 Grand Avenue from 5:30 to 8:30 p.m. This year's event will feature a full sit-down dinner in the Main Hall, which will be ablaze with Mardi Gras colors. Once again, the Crustacea Jazz Band will play New Orleans jazz. Del Monte Cafe will provide a full dinner for the event. There will be complementary wine on every table, with more wine for purchase at the ever-popular wine table. The live auction this year will feature several tempting cakes to be auctioned off, for your enjoyment immediately or to take home. All proceeds go to the ongoing operation of Prado Day Center. Tickets are on sale now for \$75.00 at <http://www.sloculinarycarnival.com/>

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Preacher: The Rev. Mary Elizabeth Pratt-Horsley; Eucharistic Minister: Alan Kiste; Chalice Bearer: Bob Pelfrey; Lector: Janelle LaFond; Ushers: Brian Spolarich & Esta Kandarian; Greeter: Bobbie Shields; Altar Guild: Sarah Chesebro; Flowers: Brian Spolarich; Coffee Hour Hosts: Bill & Joan Hayes and Margaret Fegan; Tellers: Judy Schloss & Mary Ellen Rico; Cantor: Steve Cake; Music Director: John Cribb
Thank you all for your service!



**On-Going
Activities
at St. Ben's**

DREAMS & SPIRITUALITY GROUP—
First and third Thursdays, 7-8:30 pm.

HEALING SERVICE – a time for
prayers for healing at the 10:30
service on 5th Sundays.

HOLLISTER INSTITUTE –
Opportunities for stimulating
discussion and thoughtful exploration
for everyone, whether or not they are
members of a church. See website.

INTERCESSORY PRAYER CIRCLE—
Prayers for the community and the
world. 2nd & 4th Wednesdays, 10am.

LITLOVERS' BOOK CLUB –
Discussion and fellowship. 4th
Saturdays 1pm in members' homes.

LUNCH BUNCH – lunchtime social
gathering following church, 2nd
Sundays at Celia's Garden Café.

MEET ME IN MORRO – lunchtime
social gathering, 3rd Tuesdays
at varying restaurants in Morro Bay.

MEN'S BREAKFAST – morning
social gathering, 2nd Saturdays 9am at
Sea Pines Golf Resort Grill.

PEOPLE'S KITCHEN – Providing and
serving food at Prado Day Center, 1st
Saturday of odd-numbered months.

POTLUCK AND PRADO on the 1st
Sunday of each month donations to
Prado Day Center are collected, and
potluck lunch follows 10:30 service.

RECTOR'S DISCRETIONARY FUND
On the last Sunday of each month, the
loose plate offering is designated to this
fund to help those in need.

VESPERS AND CONVERSATION
5:30 pm Tuesdays. Vespers service
using varying liturgies, followed by
potluck supper.

VESTRY / PARISH COUNCIL:
Maria Kelly, Sr. Warden
Pam Bleisch, Jr. Warden
John Cribb, Francis Rivinus,
Lisa Gonzalez, Michael Lucas,
Celeste Pennington, Anne Kanter,
Elaine Goodman, Kathie West



Alternatives to Violence Workshop Series

Restorative Partners invites anyone 18 and older to participate in our upcoming Alternatives to Violence workshops series. We offer Basic, Advanced and Training for Facilitators T4F Workshops. Workshops are fast-paced, weaving together interactive exercises, facilitated discussions, role plays, humor and games. This is an experiential program, helping people change their lives.

February 20 - 21st AVP BASIC Workshop

March 11 - 12th AVP BASIC Workshop

April 16 - 17th AVP ADVANCED Workshop (BASIC prerequisite)

May 14 - 15th AVP TRAINING FOR FACILITATORS Workshop (BASIC & ADV prerequisite)

Location: Restorative Partners Office at 4251 South Higuera St. Suite 102, San Luis Obispo

Time: 8:30a - 5:00pm each day

Cost: Restorative Partners volunteers and returning citizens participate without charge. Other community members are requested to make a donation on a sliding scale from \$25 to \$125 (depending on ability to pay) to help cover workshop costs.

Meals: TBA

If you are interested in participating you can sign up online at <http://goo.gl/forms/kHA13qexM9>
If you would like more information please contact Dixie@restorativepartners.org or call 805-627-2432

Restorative Partners is a non-profit organization that serves people impacted by crime with a continuum of services and programs that focus on body, mind and spiritual transformation, incorporate trauma care, address responsibility and accountability, reduce violence and lower recidivism. Our mission is to mobilize and coordinate programs which create positive changes and promote a restorative justice approach to crime in the SLO County.

February 2016							St. Benedict's Church	Highlights
S	M	T	W	T	F	S		
	1	2	3	4	5	6		4 - Drop-in Dream Group, 7p 6 - Quilting Bee, 10a
7	8	9	10	11	12	13		7 - "Potluck and Prado" following 1030 service 9 - Shrove Tues Pizza Party, 615p following Vespers
14	15	16	17	18	19	20		10 - Intercessory Prayer Circle, 10a 10 - Ash Wednesday service 12n, and 7pm
21	22	23	24	25	26	27		13 - Men's Breakfast @ Sea Pines Grill, 9a 13 - Saturday Evening Eucharist, 530p
28	29							14 - Lunch Bunch @ Celia's Garden Café, 1230p 16 - Meet Me in Morro lunch @ Dockside Café, 12n 18 - Drop-in Dream Group, 7p
							Weekly Events:	
							Tuesdays: Vespers 530p, Potluck 615p	
							Wednesdays: Choir Rehearsal 7p	
							Thursdays: Hollister Inst. "Things Hidden" 10a	
							19 - Parish Council Retreat - MMR w/clergy, 6-9p 20 - Parish Council Retreat at the Ross' home, 9a-4p 21 - Deanery stewardship workshop @ St Peter's, 2p 24 - Intercessory Prayer Circle, 10a 27 - Lit Lovers' Book Club, 1p @ Kevin's	

Don't forget to sign up for Ralph's community benefits program!

At www.Ralphs.com you need to Log In (or Sign up if you haven't before.) Then go to My Account and at the bottom of the page you can enroll your card to support St. Benedict's. We are #83646 ST.BENEDICTS EPISCOPAL CHURCH.. **Thank you!**



Keeping in Touch during the Week. For counsel & spiritual care, please contact any of the clergy: The Rev. Dr. Caroline Hall, 704-5826; The Rev. Mary Elizabeth Pratt-Horsley, 528-7497; The Rev. Donna Ross, 235-5117; or The Rev. Barry Turner, 784-0670.

Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

St Benedict's Episcopal Church - 2220 Snowy Egret Lane - PO Box 6877, Los Osos, CA 93412

office@stbenslososos.org Telephone: (805) 528-0654 **www.stbenslososos.org**